



**SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA**  
**Report on Workshop on Personality and Soft Skill Development**

Programme Details in a nutshell	
<b>Name of the Event</b>	Personality and soft skill development
<b>Nature of the Event</b>	Workshop
<b>Objectives</b>	The objective of the workshop is to equip participants with essential tools and knowledge to enhance their personal and professional growth. The workshop aims to help students develop a strong foundation in key soft skills and cultivate a positive personality, enabling them to thrive in various aspects of their lives.
<b>Resource person</b>	Ms. Sarika R., Counsellor, Minds Counselling and Training Centre
<b>Date and Time</b>	04/11/2022
<b>Duration</b>	One Day
<b>Beneficiaries</b>	First Year U G Students
<b>Venue or Platform</b>	PNN Hall
<b>Organising dept/ Cell</b>	PTA and IQAC
<b>Coordinator</b>	Sumi K S
<b>Outcome/ Benefit of the programme</b>	The workshop on personality and soft skill development equipped the students with essential life skills that positively impact their academic success, personal relationships, and future career endeavors.

A workshop on personality and soft skill development was organised by the IQAC and PTA for the first-year students of the college. The objective of the workshop is to equip participants with essential tools and knowledge to enhance their personal and professional growth. The workshop aims to help students develop a strong foundation in key soft skills and cultivate a positive personality, enabling them to thrive in various aspects of their lives. Ms. Radhika Lal, Asst. Professor, Department of History welcomed the gathering. Principal in Charge Dr. Sheena Kaimal N delivered the presidential address. Ms. Sarika R. Counsellor, Minds Counselling and Training Centre and an alumna of Department of English served as the



resource person for the workshop. The workshop assisted the students to recognise their strengths and weaknesses, encourage self-awareness and self-reflection to foster personal growth. The resource person provided practical techniques to improve verbal and non-verbal communication, active listening, and assertiveness, enabling effective interactions with others. Participants gain a deeper understanding of their personalities, strengths, weaknesses, and areas for improvement. This self-awareness allows them to make conscious choices to grow and develop as individuals.

### PHOTO GALLERY

Ms. Radhika Lal, Asst Professor, Dept. of History welcoming the gathering



Dr. Sheena Kaimal N, Principal in charge delivering the presidential address



Ms. Sarika R addressing the gathering





 **SREE SANKARA VIDYAPEETOM COLLEGE**  
Valayanchirangara, Perumbavoor 

**PTA and IQAC jointly organise**  
**Workshop on**  
**Personality and Soft Skill Development**

Resource Person  
Ms. Sarika R.  
Counsellor  
Minds Counselling and Training Centre

Date  
04/11/2022  
Venue  
PNN Hall

Coordinator  
Sumi K S

Principal  
Dr. Sheena Kaimal N



Participants list:

Sl.No	Name of the Student	Department
1	Adarsh C T	B.Sc Physics
2	Minel Shiraz	B.Sc Physics
3	Nandana Sadanandan	B.Sc Physics
4	Praveen Raj K R	B.Sc Physics
5	Anfil Mahroof	B.Sc Physics
6	Lakshmi Suresh	B.Sc Physics
7	Saya V. Saif	B.Sc Physics
8	Subhadra Devi V	B.Sc Physics
9	Aiswarya Sumesh	B.Sc mathematics
10	Anagha Prince	B.Sc mathematics
11	Aswani C S	B.Sc mathematics
12	Sreenayana Lejju	B.Sc mathematics
13	Adhithyan Baiju	B.Sc Chemistry
14	Akshaya A K	B.Sc Chemistry
15	Sabin.K.S	B.Sc Chemistry
16	Aswani Vinoj	B.Sc Chemistry
17	Gouri Unnikrishnan	B.Sc Chemistry
18	Sivapriya K A	B.Sc Chemistry
19	Anna Babu	B.Sc Chemistry
20	Arjun K.G	B.Sc Chemistry
21	Joshua Presannan	B.Sc Chemistry
22	Parvathy P M	B.Sc Chemistry
23	Adithya Shaji	B.Sc Chemistry
24	Asif Shemeer	B.Sc Chemistry
25	Kashyapa T.A	B.Sc Computer Science
26	Krishna T.A.	B.Sc Computer Science
27	Manisha K A	B.Sc Computer Science
28	Malavika Rajesh	B.Sc Computer Science
29	Sivakeerthy Jayakumar	B.Sc Computer Science
30	Victor Vincent	B.Sc Computer Science
31	Sanjana Satheesan	B.Sc Computer Science
32	Soorajkiran .K.S	B.Sc Computer Science
33	Abhijith K Manoj	B.Sc Computer Science
34	Abin K Vijayan	B.Sc Computer Science
35	Amrutha T A	B.Sc Computer Science
36	Atheena Joseph	B.Sc Computer Science
37	Athusree M Nair	B.Sc Computer Science
38	Gopika M V	B.Sc Computer Science
39	Noyal Joshi	B.Sc Computer Science
40	Abhilash Roy	B.Sc Computer Science
41	Anand Raj	B.Sc Computer Science





42	Freddy Joy	B.Sc Computer Science
43	Ganga C Chandran	B.Sc Computer Science
44	R Sivasubrahmanian	B.Sc Computer Science
45	Sreesanth V S	B.Sc Computer Science
46	P M Sudeep	B.Sc Computer Science
47	Sidharth V Krishnan	B.Sc Computer Science
48	Akshay Prathapan	B.Sc Computer Science
49	Anagha Das	B.A Economics
50	Arathy Shaji	B.A Economics
51	Sakhishnan P S	B.A Economics
52	Sarin Sabu	B.A Economics
53	Shika K Sasi	B.A Economics
54	Ayana P P	B.A Economics
55	Ebeena Baby	B.A Economics
56	Sona Gabriel	B.A Economics
57	Sreelakshmi Rajan	B.A Economics
58	Swaliha P M	B.A Economics
59	Varsha Sudhi	B.A Economics
60	Arsha Sasi	B.A Economics
61	Ajith Mohan	B.A Economics
62	Gopika V A	B.A Economics
63	Jeevan Antoney Paul	B.A Economics
64	Nandana M R	B.A Economics
65	Nandana P.V	B.A Economics
66	Vikas Krishna	B.A Economics
67	Abhinav P S	B.A Economics
68	Kiran N M	B.A Economics
69	Muhammed Bilal N M	B.A Economics
70	Akash Michael	B.A Economics
71	Akshay Ranjan	B.A Economics
72	Amal Santhosh	B.A Economics
73	Arya T.N	B.A Economics
74	Ramanand C U	B.A Economics
75	Midhun Pattery	B.A English
76	Aiswarya Valliyath	B.A English
77	Alsiya Azees	B.A English
78	Dhanalakshmi A J	B.A English
79	Aarya Ashok	B.A English
80	Adithyan Dileep	B.A English
81	Preashitha Kai Raju	B.A English
82	Sabira P Sidhique	B.A English
83	Sahdiya Salim	B.A English
84	Sree Varna Babu	B.A English
85	Sreena C	B.A English




86	Vishnu. S	B.A English
87	Vishnu T.J	B.A English
88	Arjun Mohanan	B.A English
89	Rahsitha. P. P	B.A English
90	Jithin Rajan	B.A English
91	Sivaja Muraleedharan	B.A English
92	Vishnu Narayanan V V	B.A English
93	Athul Dev N S	B.A English
94	Safhan C R	B.A English
95	Abhijith Anil	B.A English
96	Deepa L	B.A English
97	Sugandhy Murukan	B.A English
98	Ananthakrishnan K A	B.A English
99	Nikhil S	B.A English
100	Sooraj Rajman	B.A English
101	Vismaya M	B.A English
102	Jesvin Vincen	B.A English
103	Abhinav Subran	B.A History
104	Akshay C K	B.A History
105	Nandhana C S	B.A History
106	Sreehari K A	B.A History
107	Aswathi A M	B.A History
108	Anoop K Mani	B.A History
109	Ashwin Anilkumar	B.A History
110	Fathima Minnath	B.A History
111	Fathima Nasrin V.B	B.A History
112	Fathima Reema	B.A History
113	Rakhi Lijin	B.A History
114	Rizvana Shahul	B.A History
115	Sanju Poullose	B.A History
116	Akash P Mohan	B.A History
117	Anupama Rajan	B.A History
118	Atheela Siddique	B.A History
119	Avani Vijayan	B.A History
120	Fasna K A	B.A History
121	Fathima Sulthana M A	B.A History
122	Mahinsha K I	B.A History
123	Ragi A B	B.A History
124	Saliha Aliyar	B.A History
125	Yadukrishna Manoj	B.A History
126	Albert Dominic	B.A History
127	Athul Gopi	B.A History
128	Nebeel T S	B.A History



129	Prasanth Premkumar	B.A History
130	Merin Eldho	B.A History
131	Adithyan N S	B.A History
132	Akhila P.N	B.A History
133	Albin Joy	B.A History
134	Arathy E S	B.A History
135	Arjun Gopan	B.A History
136	Aslam Pareeth.M	B.A History
137	Keerthana P S	B.A History
138	Muhammed Iqbal V J	B.A History
139	T S Suraj	B.A History
140	Amitha Raj V R	B.Com Finance & Taxation
141	Anandu Krishnan	B.Com Finance & Taxation
142	Anupama Revi	B.Com Finance & Taxation
143	Ardra Chandran	B.Com Finance & Taxation
144	Aswany Sivan	B.Com Finance & Taxation
145	Keerthana K K	B.Com Finance & Taxation
146	Akhil V M	B.Com Finance & Taxation
147	Amal Fathima P A	B.Com Finance & Taxation
148	Amaldev V Anil	B.Com Finance & Taxation
149	Anjaly Bijoy	B.Com Finance & Taxation
150	Anjana Preman	B.Com Finance & Taxation
151	Arjun K Shaiju	B.Com Finance & Taxation
152	Beema Saji	B.Com Finance & Taxation
153	Deepak Vinod	B.Com Finance & Taxation
154	Gouri Krishna M	B.Com Finance & Taxation
155	Karthika Manoj	B.Com Finance & Taxation
156	Parvathy Biju	B.Com Finance & Taxation
157	Safreena M.S	B.Com Finance & Taxation
158	Abhay M R	B.Com Finance & Taxation
159	Ayana Mohanan	B.Com Finance & Taxation
160	Abdul Rahoof M I	B.Com Finance & Taxation
161	Arsal E M	B.Com Finance & Taxation
162	Asna Abdul Kareem	B.Com Finance & Taxation
163	Midhun Binesh	B.Com Finance & Taxation
164	Nandana V R	B.Com Finance & Taxation
165	P G Sidharth	B.Com Finance & Taxation
166	Parvathy Sunil	B.Com Finance & Taxation
167	Jobin Saju	B.Com Finance & Taxation
168	Athullya N S	B.Com Finance & Taxation
169	Blessy Baby	B.Com Finance & Taxation
170	Chandra Bhasi	B.Com Finance & Taxation
171	Ebrahim Badusha	B.Com Finance & Taxation
172	Harinath K M	B.Com Finance & Taxation
173	Sarath K Syam	B.Com Finance & Taxation



174	Sidharth S	B.Com Finance & Taxation
175	Suryadev P S	B.Com Finance & Taxation
176	Arunima G	B.Com Finance & Taxation
177	Athira V R	B.Com Finance & Taxation
178	Govind Vishnu	B.Com Finance & Taxation
179	Sreenanda O N	B.Com Finance & Taxation
180	Abhiram M.M	B Com Computer Application
181	Adith K D	B Com Computer Application
182	Adithyan E S	B Com Computer Application
183	Akshay M S	B Com Computer Application
184	Akshay Vijayakumar	B Com Computer Application
185	Albert Laiju	B Com Computer Application
186	Anjana Gopal	B Com Computer Application
187	Ashik Johnson	B Com Computer Application
188	Athira C Prakash	B Com Computer Application
189	Beslin Mathew Alias	B Com Computer Application
190	Devadathan S	B Com Computer Application
191	Lakshmi M	B Com Computer Application
192	Abhinand M.S	B Com Computer Application
193	Sanal Shaju	B Com Computer Application
194	Sharafuneesa R	B Com Computer Application
195	Sidharth Venugopal	B Com Computer Application
196	Vismaya V V	B Com Computer Application
197	Vysakh Shaiju	B Com Computer Application
198	Akhil N. A	B Com Computer Application
199	Arjun A	B Com Computer Application
200	K.S. Muhammed Razal	B Com Computer Application
201	Aalekh Sajeev	B.Voc Tourism and Hospitality Management
202	Ananathakrishna Saju	B.Voc Tourism and Hospitality Management
203	Ananya K S	B.Voc Tourism and Hospitality Management
204	Lekshmipriya P S	B.Voc Tourism and Hospitality Management
205	Muhammed Sahal K P	B.Voc Tourism and Hospitality Management
206	Nadirsha S	B.Voc Tourism and Hospitality Management
207	Sridathan I S	B.Voc Tourism and Hospitality Management
208	Aswin M Venu	B.Voc Tourism and Hospitality Management
209	Gokul Sajeevan	B.Voc Tourism and Hospitality Management

  
 PRINCIPAL  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR

