



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGA

### Report on Two Day Workshop on Soft Skill and Personality Development in association with MAKEINTERN & ECHOES'19 KOZHIKODE- IIM EVENT

Programme Details in a nutshell	
<b>Name of the Event</b>	Two Day Workshop on Soft Skill and Personality Development
<b>Nature of the Event</b>	Workshop
<b>Objectives</b>	Enhancing students' personal and professional capabilities.
<b>Resource person</b>	Mr. Keshav Sridhar
<b>Date and Time</b>	July 17 <sup>th</sup> and 18 <sup>th</sup> 2019
<b>Duration</b>	2 Days
<b>Beneficiaries</b>	61 students
<b>Venue or Platform</b>	PNN Hall
<b>Feedback link</b>	Screenshot of Feedback given
<b>Organising dept/ Cell</b>	Department of Commerce
<b>Coordinator</b>	Mr. Viswan M G, Assistant Professor, Department of Commerce, SSV College
<b>Associating Agency</b>	MAKEINTERN & ECHOES'19 KOZHIKODE- IIM EVENT, Mohipuri Technologies Private Limited
<b>Fund details if any</b>	850/- student (Collected from the student)
<b>Outcome/ Benefit of programme</b>	The workshop successfully met its objective of enhancing participants' personality traits and skill sets. Attendees reported improved self-awareness, communication skills, and



	a better understanding of managing their personal and professional lives.
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## **Detailed Programme Report**

### **Introduction:**

The Department of Commerce at Sree Sankara Vidyapeetom College organized a two-day workshop on "Personality and Skill Development" with the objective of enhancing students' personal and professional capabilities. The workshop took place on the 18th and 19th of July 2019 and featured Mr. Keshav Sridhar as the esteemed resource person.

### **Day 1: 18th July 2019**

The first day of the workshop began with an inaugural ceremony, where the Head of the Department of Commerce welcomed the participants and introduced Mr. Keshav Sridhar. The resource person, Mr. Keshav Sridhar, is a renowned expert in the field of personality development and skill enhancement. His extensive experience and practical insights promised an engaging and enlightening session.

#### ***Session 1: Understanding Personality Traits***

Mr. Sridhar's first session focused on understanding various personality traits and their impact on personal and professional lives. He emphasized the significance of self-awareness and how recognizing one's strengths and weaknesses can lead to more effective communication and collaboration.

#### ***Session 2: Effective Communication Skills***

The afternoon session delved into effective communication skills, a critical aspect of personality development. Mr. Sridhar shared techniques to enhance verbal and non-verbal communication, enabling participants to express themselves more confidently and clearly.

### **Day 2: 19th July 2019**

The second day of the workshop continued with an equally enthusiastic audience. Participants had the opportunity to engage in interactive activities and exercises that



reinforced the concepts presented on the first day.

### ***Session 3: Time Management and Goal Setting***

Mr. Sridhar began the day's session by addressing the importance of time management and goal setting. He provided practical strategies for prioritizing tasks, managing time efficiently, and setting achievable goals to maximize productivity.

### ***Session 4: Stress Management and Emotional Intelligence***

In the final session, Mr. Sridhar discussed stress management techniques and the significance of emotional intelligence. Participants learned how to handle stress, maintain a positive mindset, and navigate challenging situations with resilience.

### **Interactive Activities:**

Throughout the workshop, participants engaged in group discussions, role-playing exercises, and individual assessments. These activities encouraged active participation and helped participants apply the concepts they learned in real-life scenarios.

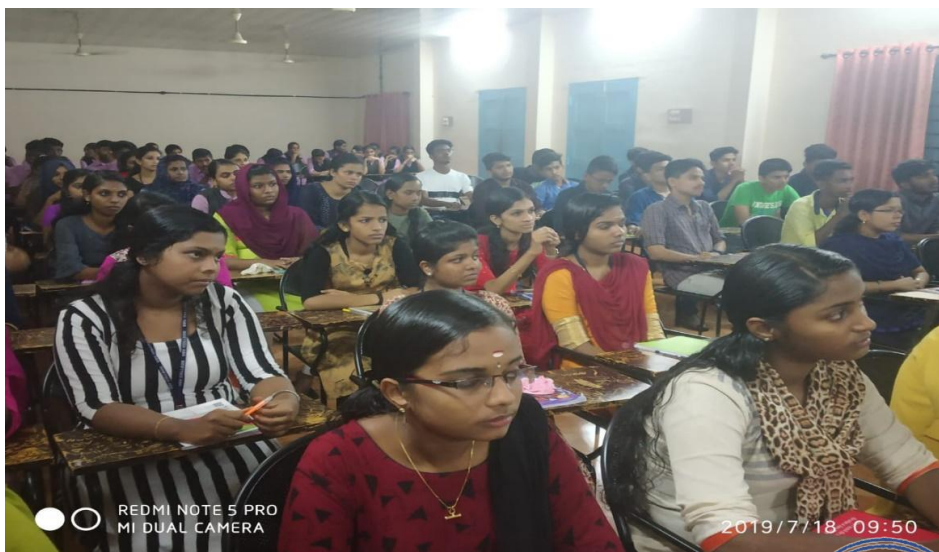
### **Feedback and Conclusion:**

The workshop successfully met its objective of enhancing participants' personality traits and skill sets. Attendees reported improved self-awareness, communication skills, and a better understanding of managing their personal and professional lives.

The Department of Commerce at Sree Sankara Vidyapeetom College concluded the two-day workshop with a closing ceremony, where certificates of participation were distributed to all attendees. The event was not only intellectually stimulating but also a platform for networking and personal growth. The workshop on "Personality and Skill Development" with Mr. Keshav Sridhar as the resource person undoubtedly contributed to the holistic development of the participants, equipping them with the tools to excel in their personal and professional endeavors



# Photos of the workshop





# Attendance Sheet

**PERSONALITY AND SOFTSKILL DEVELOPMENT**  
**ATTENDANCE**

Sl No	Name of the student	17/07/19	18/07/19	19/07/19	20/07/19
1	AMAL RAJU	✓	✓	✓	✓
2	ANJANA K NAIR	✓	✓	✓	✓
3	APARNA SAJEEV	✓	✓	✓	✓
4	ARCHANA VIJAYAN	✓	✓	✓	✓
5	ASWANI E.A.	✓	✓	✓	✓
6	ASWANI E.A.	✓	✓	✓	✓
7	ASWANI SASI	✓	✓	✓	✓
8	ASWATHY A S	✓	✓	✓	✓
9	AYSHA P A	✓	✓	✓	✓
10	ASWIN DEV K S	✓	✓	✓	✓
11	DEVADATHAN ELAYETH C D	✓	✓	✓	✓
12	ATHILA M S	✓	✓	✓	✓
13	AKSA PAUL	✓	✓	✓	✓
14	GAYATHI DEVEGAN	✓	✓	✓	✓
15	ASHLY SARA BABY	✓	✓	✓	✓
16	HENNA PRATHEESH	✓	✓	✓	✓
17	HIMAJA R NAIR	✓	✓	✓	✓
18	INDHULEKHA VIJAYAN	✓	✓	✓	✓
19	KEERTHI KISHOR	✓	✓	✓	✓
20	KRISHNAPRIYA P R	✓	✓	✓	✓
21	LINIJI SABU	✓	✓	✓	✓
22	MEHARUNNISA E N	✓	✓	✓	✓
23	MUHAMMED SHAFI E NOUSHAD	✓	✓	✓	✓
24	NAVINSATHU NAVEEN SATHU	✓	✓	✓	✓
25	PRANAV M V	✓	✓	✓	✓
26	RAHUL M J	✓	✓	✓	✓
27	RAJITHA P K	✓	✓	✓	✓
28	RIYA ISMAIL	✓	✓	✓	✓
29	SHEMEENA A	✓	✓	✓	✓
30	VIJIL SIVASANKARAN	✓	✓	✓	✓
31	GAUTHAM K S	✓	✓	✓	✓
32	FREDDY SEBASTIAN	✓	✓	✓	✓
33	VISHNU K ANIL	✓	✓	✓	✓
34	ALVIN PAUL MATHEW	✓	✓	✓	✓
35	RESHMA RAJU	✓	✓	✓	✓
36	GOPIKA KRISHNAN M G	✓	✓	✓	✓
37	VISHNU DHATHAN SHARMA	✓	✓	✓	✓
38	ANJANA BABU	✓	✓	✓	✓
39	INDRAJITH K C	✓	✓	✓	✓
40	SHUHAIB SATHU	✓	✓	✓	✓

Viswan M.G.  
 Do. Resmi R



### ATTENDANCE

41	JAYAKRISHNAN K.R	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
42	BENADICT BINOY	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
43	GEORGY YELLOS	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
44	ATHIRA MANESH	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
45	DEVIKA RAJEEV	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

*Visum*  
Visum m.c.

*[Signature]*

### ATTENDANCE

Sl No	Name of students	12/07/19		19/07/19	
		morning	afternoon	morning	afternoon
1	GEOPHINE GEORGE GIE	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
2	SANDRA M.S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
3	SNEHA SAJU	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
4	AMIN PAULOSE	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
5	CHINCHU MOL SANTHOSH	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
6	PARVATHY N.V V.V	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
7	ARCHANA K.S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
8	BHEEMA .M.MUHAMMED	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
9	SHILPA SIVAN	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
10	SILPA SIVAN	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
11	ANET ALIYAS	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
12	AKHIL SANTOSH SANTHOSH	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
13	ATHIRA JAYAKUMAR	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
14	ASWATHY SANTHOSH	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
15	FATHIMA SAJIL	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
16	GRESHMA .S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
17	Devika Valsakumary	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

*Visum*  
Visum m.c.

*[Signature]*



Brochure of the programme



**SREE SANKARA VIDYAPEETOM COLLEGE,  
VALAYANCHIRANGARA  
NAAC Reaccredited with A grade**

**Department of Commerce  
in association with**

**ECHOES2K'18-19 KOZHIKODE- IIM EVENT  
Organises**

**Two day  
Workshop on**

**Soft Skill & Personality Development**



**Resource Person  
Mr. Keshav Sreedhar  
Master Trainer & Facilitator**

**Date  
18-07-2019  
-  
19-07-2019  
Venue  
P N Namboothiri Hall**



**Faculty Coordinator  
Viswan M G**



## Profile of the Resource Person

### **Keshav Sridhar**

B.E. (Mech), PGDHRM, MIMA  
Master Trainer & Facilitator  
Certified Sports Psychologist  
Certified Learning & Development Professional



Email: [connect@keshavsridhar.com](mailto:connect@keshavsridhar.com)  
Mobile: +91-98854 42624

 <https://www.facebook.com/Coach.Keshav>

 <https://www.linkedin.com/in/keshavsridhar>



[www.keshavsridhar.com](http://www.keshavsridhar.com)

### **Profile:**

*An Entrepreneur & HR Professional with a passion for Human Resource Development.*

- Mechanical Engineer with Post Graduation in Human Resource Management
- Certified Learning & Development Manager and a Master Trainer & Facilitator
- Overall work experience of 15 years, with around 10 years into Corporate Training
- Experienced in facilitating customized Training interventions
- Regular columnist for premier Business & HR Magazines

### **Areas of Expertise:**

- Organizational Development Consulting
- Sales Training
- Customer Service Training
- HR – Statutory Compliance Training
- Business Process Management
- Management Development Programmes
- Faculty Development Programmes
- Quality Control & Assurance Training
- Entrepreneurship Coaching
- Campus Recruitment Training



### **Languages Known:**

English, Hindi, Kannada & Telugu – High Fluency | Tamil & French – Basic Fluency

## Feedback Analysis





**Makeintern.com**  
 (Workshop Partner with Echoes IIM - Kozhikode Event)  
 ☎ +91-9212599374 (Priyanka) ☎ +91-9211922243 (Vibha) ☎ 01149095855

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**Session Evaluation Form**

College Name SON COLLEGE Topic Name Personality & Soft skill development  
 Student Name Akhil Senthosh Phone No. 984767958 Date 20/9/19  
 Email Id akhil\_senthosh\_myp@icloud.com

1. The Workshop was applicable to my job	Strongly Agree	1	2	3	4	5	Strongly Disagree
		1 ✓	2	3	4	5	
2. The Program was well paced in allotted time		1 ✓	2	3	4	5	
3. The instructor was a good communicator		1 ✓	2	3	4	5	
4. Material was presented in an organized manner		1 ✓	2	3	4	5	
5. The instructor was knowledgeable on the topic		1 ✓	2	3	4	5	
6. I would be interesting in attending a follow up or more advanced workshop on same subject		1 ✓	2	3	4	5	
7. Given the topic, this session was	a) Too short	b) Right length ✓	c) Too long				
8. Please rate the following:	Excellent	Very good	Good	Fair	Poor		
a) Meeting Space	excellent						
b) Program Overall	excellent						
9. What did you appreciate/Enjoy/think was the best about the course? Any Suggestion for improvement?	<u>I absolutely loved the complete session of the program</u>						
10. I would be able to do my work better if I knew more about:	<u>Nothing to say</u>						

Note: Please return this form to the instructor or the coordinator at the end of session.

Mohiburi Technologies (P) Ltd.

The two-day workshop on Soft Skills for Business received positive feedback from participants. The workshop successfully met its objective of enhancing participants' personality traits and skill sets. Attendees reported improved self-awareness, communication skills, and a better understanding of managing their personal and professional lives.



PRINCIPAL  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR

Signature of the Principal