



SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGA

Report on Two Day Workshop on Soft Skill and Personality Development in association with MAKEINTERN & ECHOES'19 KOZHIKODE- IIM EVENT

Programme Details in a nutshell	
Name of the Event	Two Day Workshop on Soft Skill and Personality Development
Nature of the Event	Workshop
Objectives	Enhancing students' personal and professional capabilities.
Resource person	Mr. Keshav Sridhar
Date and Time	July 17 th and 18 th 2019
Duration	2 Days
Beneficiaries	61 students
Venue or Platform	PNN Hall
Feedback link	Screenshot of Feedback given
Organising dept/ Cell	Department of Commerce
Coordinator	Mr. Viswan M G, Assistant Professor, Department of Commerce, SSV College
Associating Agency	MAKEINTERN & ECHOES'19 KOZHIKODE- IIM EVENT, Mohipuri Technologies Private Limited
Fund details if any	850/- student (Collected from the student)
Outcome/ Benefit of programme	The workshop successfully met its objective of enhancing participants' personality traits and skill sets. Attendees reported improved self-awareness, communication skills, and



	a better understanding of managing their personal and professional lives.
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Detailed Programme Report

Introduction:

The Department of Commerce at Sree Sankara Vidyapeetom College organized a two-day workshop on "Personality and Skill Development" with the objective of enhancing students' personal and professional capabilities. The workshop took place on the 18th and 19th of July 2019 and featured Mr. Keshav Sridhar as the esteemed resource person.

Day 1: 18th July 2019

The first day of the workshop began with an inaugural ceremony, where the Head of the Department of Commerce welcomed the participants and introduced Mr. Keshav Sridhar. The resource person, Mr. Keshav Sridhar, is a renowned expert in the field of personality development and skill enhancement. His extensive experience and practical insights promised an engaging and enlightening session.

Session 1: Understanding Personality Traits

Mr. Sridhar's first session focused on understanding various personality traits and their impact on personal and professional lives. He emphasized the significance of self-awareness and how recognizing one's strengths and weaknesses can lead to more effective communication and collaboration.

Session 2: Effective Communication Skills

The afternoon session delved into effective communication skills, a critical aspect of personality development. Mr. Sridhar shared techniques to enhance verbal and non-verbal communication, enabling participants to express themselves more confidently and clearly.

Day 2: 19th July 2019

The second day of the workshop continued with an equally enthusiastic audience. Participants had the opportunity to engage in interactive activities and exercises that



reinforced the concepts presented on the first day.

Session 3: Time Management and Goal Setting

Mr. Sridhar began the day's session by addressing the importance of time management and goal setting. He provided practical strategies for prioritizing tasks, managing time efficiently, and setting achievable goals to maximize productivity.

Session 4: Stress Management and Emotional Intelligence

In the final session, Mr. Sridhar discussed stress management techniques and the significance of emotional intelligence. Participants learned how to handle stress, maintain a positive mindset, and navigate challenging situations with resilience.

Interactive Activities:

Throughout the workshop, participants engaged in group discussions, role-playing exercises, and individual assessments. These activities encouraged active participation and helped participants apply the concepts they learned in real-life scenarios.

Feedback and Conclusion:

The workshop successfully met its objective of enhancing participants' personality traits and skill sets. Attendees reported improved self-awareness, communication skills, and a better understanding of managing their personal and professional lives.

The Department of Commerce at Sree Sankara Vidyapeetom College concluded the two-day workshop with a closing ceremony, where certificates of participation were distributed to all attendees. The event was not only intellectually stimulating but also a platform for networking and personal growth. The workshop on "Personality and Skill Development" with Mr. Keshav Sridhar as the resource person undoubtedly contributed to the holistic development of the participants, equipping them with the tools to excel in their personal and professional endeavors



Photos of the workshop



Attendance Sheet

PERSONALITY AND SOFTSKILL DEVELOPMENT
ATTENDANCE

Sl No	Name of the student	17/07/19	18/07/19	19/07/19	20/07/19
1	AMAL RAJU	Present	Present	Present	Present
2	ANJANA K NAIR	Present	Present	Present	Present
3	APARNA SAJEEV	Present	Present	Present	Present
4	ARCHANA VIJAYAN	Present	Present	Present	Present
5	ASWANI E.A.	Present	Present	Present	Present
6	ASWANI E.A.	Present	Present	Present	Present
7	ASWANI SASI	Present	Present	Present	Present
8	ASWATHY A S	Present	Present	Present	Present
9	AYSHA P A	Present	Present	Present	Present
10	ASWIN DEV K S	Present	Present	Present	Present
11	DEVADATHAN ELAYETH C D	Present	Present	Present	Present
12	ATHILA M S	Present	Present	Present	Present
13	AKSA PAUL	Present	Present	Present	Present
14	GAYATHI DEVESAN	Present	Present	Present	Present
15	ASHLY SARA BABY	Present	Present	Present	Present
16	HENNA PRATHEESH	Present	Present	Present	Present
17	HIMAJA R NAIR	Present	Present	Present	Present
18	INDHULEKHA VIJAYAN	Present	Present	Present	Present
19	KEERTHI KISHOR	Present	Present	Present	Present
20	KRISHNAPRIYA P R	Present	Present	Present	Present
21	LINIJI SABU	Present	Present	Present	Present
22	MEHARUNNISA E N	Present	Present	Present	Present
23	MUHAMMED SHAFI E NOUSHAD	Present	Present	Present	Present
24	NAVINSATHU NAVEEN SATHU	Present	Present	Present	Present
25	PRANAV M V	Present	Present	Present	Present
26	RAHUL M J	Present	Present	Present	Present
27	RATHA P K	Present	Present	Present	Present
28	RIYA ISMAIL	Present	Present	Present	Present
29	SHEMEENA A	Present	Present	Present	Present
30	VIJIL SIVASANKARAN	Present	Present	Present	Present
31	GAUTHAM K S	Present	Present	Present	Present
32	FREDDY SEBASTIAN	Present	Present	Present	Present
33	VISHNU K ANIL	Present	Present	Present	Present
34	ALVIN PAUL MATHEW	Present	Present	Present	Present
35	RESHMA RAJU	Present	Present	Present	Present
36	GOPIKA KRISHNAN M G	Present	Present	Present	Present
37	VISHNU DHATHAN SHARMA	Present	Present	Present	Present
38	ANJANA BABU	Present	Present	Present	Present
39	INDRAJITH K C	Present	Present	Present	Present
40	SHUHAIB SATHU	Present	Present	Present	Present

Viswan M.G.
 Do. Resmi R



ATTENDANCE

41	JAYAKRISHNAN K.R	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
42	BENADICT BINOY	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
43	GEORGY YELLOS	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
44	ATHIRA MANESH	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
45	DEVIKA RAJEEV	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

Visum
Visum m.c.

[Signature]

ATTENDANCE

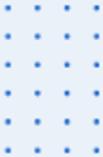
Sl No	Name of students	12/07/19		19/07/19	
		morning	afternoon	morning	afternoon
1	GEOPHINE GEORGE GIE	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
2	SANDRA M.S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
3	SNEHA SAJU	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
4	AMIN PAULOSE	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
5	CHINCHU MOL SANTHOSH	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
6	PARVATHY N.V V.V	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
7	ARCHANA K.S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
8	BHEEMA .M.MUHAMMED	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
9	SHILPA SIVAN	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
10	SILPA SIVAN	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
11	ANET ALIYAS	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
12	AKHIL SANTOSH SANTHOSH	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
13	ATHIRA JAYAKUMAR	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
14	ASWATHY SANTHOSH	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
15	FATHIMA SAJIL	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
16	GRESHMA .S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
17	Devika Valsakumary	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

Visum
Visum m.c.

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Brochure of the programme



**SREE SANKARA VIDYAPEETOM COLLEGE,
VALAYANCHIRANGARA
NAAC Reaccredited with A grade**

**Department of Commerce
in association with**

**ECHOES2K'18-19 KOZHIKODE- IIM EVENT
Organises**

**Two day
Workshop on**

Soft Skill & Personality Development



**Resource Person
Mr. Keshav Sreedhar
Master Trainer & Facilitator**

**Date
18-07-2019
-
19-07-2019
Venue
P N Namboothiri Hall**



**Faculty Coordinator
Viswan M G**



Profile of the Resource Person

Keshav Sridhar

B.E. (Mech), PGDHRM, MIMA
Master Trainer & Facilitator
Certified Sports Psychologist
Certified Learning & Development Professional



Email: connect@keshavsridhar.com
Mobile: +91-98854 42624

 <https://www.facebook.com/Coach.Keshav>

 <https://www.linkedin.com/in/keshavsridhar>



www.keshavsridhar.com

Profile:

An Entrepreneur & HR Professional with a passion for Human Resource Development.

- Mechanical Engineer with Post Graduation in Human Resource Management
- Certified Learning & Development Manager and a Master Trainer & Facilitator
- Overall work experience of 15 years, with around 10 years into Corporate Training
- Experienced in facilitating customized Training interventions
- Regular columnist for premier Business & HR Magazines

Areas of Expertise:

- Organizational Development Consulting
- Sales Training
- Customer Service Training
- HR – Statutory Compliance Training
- Business Process Management
- Management Development Programmes
- Faculty Development Programmes
- Quality Control & Assurance Training
- Entrepreneurship Coaching
- Campus Recruitment Training

Languages Known:

English, Hindi, Kannada & Telugu – High Fluency | Tamil & French – Basic Fluency

Feedback Analysis




Makeintern.com


(Workshop Partner with Echoes IIM - Kozhikode Event)
 ☎ +91-9212599374 (Priyanka) ☎ +91-9211922243 (Vibha) ☎ 01149095855






Session Evaluation Form

College Name SON COLLEGE Topic Name Personality & Soft skill development
 Student Name Akhil Senthosh Phone No. 984767958 Date 20/9/19
 Email Id akhil_senthosh_myp@icloud.com

1. The Workshop was applicable to my job	Strongly Agree	1	2	3	4	5	Strongly Disagree
		1 ✓	2	3	4	5	
2. The Program was well paced in allotted time		1 ✓	2	3	4	5	
3. The instructor was a good communicator		1 ✓	2	3	4	5	
4. Material was presented in an organized manner		1 ✓	2	3	4	5	
5. The instructor was knowledgeable on the topic		1 ✓	2	3	4	5	
6. I would be interesting in attending a follow up or more advanced workshop on same subject		1 ✓	2	3	4	5	
7. Given the topic, this session was	a) Too short	b) Right length ✓	c) Too long				
8. Please rate the following:	Excellent	Very good	Good	Fair	Poor		
a) Meeting Space	excellent						
b) Program Overall	excellent						
9. What did you appreciate/Enjoy/think was the best about the course? Any Suggestion for improvement?	<u>I absolutely loved the complete session of the program</u>						
10. I would be able to do my work better if I knew more about:	<u>Nothing to say</u>						

Note: Please return this form to the instructor or the coordinator at the end of session.

Mohiburi Technologies (P) Ltd.

The two-day workshop on Soft Skills for Business received positive feedback from participants. The workshop successfully met its objective of enhancing participants' personality traits and skill sets. Attendees reported improved self-awareness, communication skills, and a better understanding of managing their personal and professional lives.



PRINCIPAL
 SREE SANKARA VIDYAPEETOM
 VALAYANCHIRANGARA P.O
 (VIA) PERUMBAVOOR

Signature of the Principal