



SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Capacity Building Programme on Barclays Life skills Training Programme

Programme Details in a nutshell	
Name of the Event	Barclays Life skills Training Programme
Nature of the Event	Capacity Building Programme
Objectives	To help students to develop life skills which are necessary to attend interviews and get placements
Resource person	Praveen S Madhavan
Date and Time	29,30 June 2022
Duration	Two days
Beneficiaries	74 Third year UG students
Venue or Platform	P N Namboothiri Hall
Feedback link (if collected online)	https://forms.gle/CpsHd4FviQJbWTsK7
Organizing dept./ Cell	Career Guidance and Placement Cell and IQAC
Coordinator	Radhika Lal, Ajay Sasi, Dr Resmi R
Associating Agency	Global Talent Track Foundation
Fund details if any	NIL
Outcome/ Benefit of the Programme	Students were able to understand and practice life skills which can help them to achieve their career goals



Detailed Report of the Programme

Acquiring life skills is of paramount importance for students as they prepare to navigate the challenges and complexities of adulthood. Life skills empower students with effective communication, critical thinking, problem-solving, and decision-making capabilities, enabling them to interact confidently with others and handle real-world situations adeptly. Moreover, fostering emotional intelligence and resilience equips students to manage stress, setbacks, and conflicts with grace and determination. Career Guidance and Placement Cell and IQAC of SSV College, in association with Global Talent Track Foundation, organized a Two-day Capacity Building Programme on Barclays Life Skills Training Programme, on 29th and 30th June 2022, 10 am to 4.30 pm in P N Namboothiri Hall, to help students to develop life skills which are necessary to attend interviews and get placements. Dr. Resmi R IQAC coordinator of the College welcomed the participants. Dr. Sheena Kaimal N, Principal in Charges delivered the presidential address. Mr. Praveen S Madhavan, a Positive Psychology Practitioner and Campus to Corporate Trainer served as the resource person for the two-day programme. The resource person highlighted the importance of cultivating life skills among students so that they gain a deeper understanding of themselves, their aspirations, and their values, aiding them in making informed choices and crafting a fulfilling life path. 74 final year UG students attended the programme. As a result, students were able to understand and practice life skills which can help them to achieve their career goals





SREE SANKARA VIDYAPEETOM COLLEGE
VALAYANCHIRANGARA, PERUMBAVOOR
(NAAC Accredited with A Grade)

IQAC, SSV COLLEGE AND
CAREER GUIDANCE AND PLACEMENT CELL
PRESENTS

BARCLAYS LIFESKILLS TRAINING PROGRAMME

In Association with
Global Talent Track Foundation



TRAINER
PRAVEEN S MADHAVAN

DATE: 29,30 JUNE 2022
TIME: 10 AM TO 3.30 PM
VENUE: P.N. NAMBOOTHIRI
SEMINAR HALL

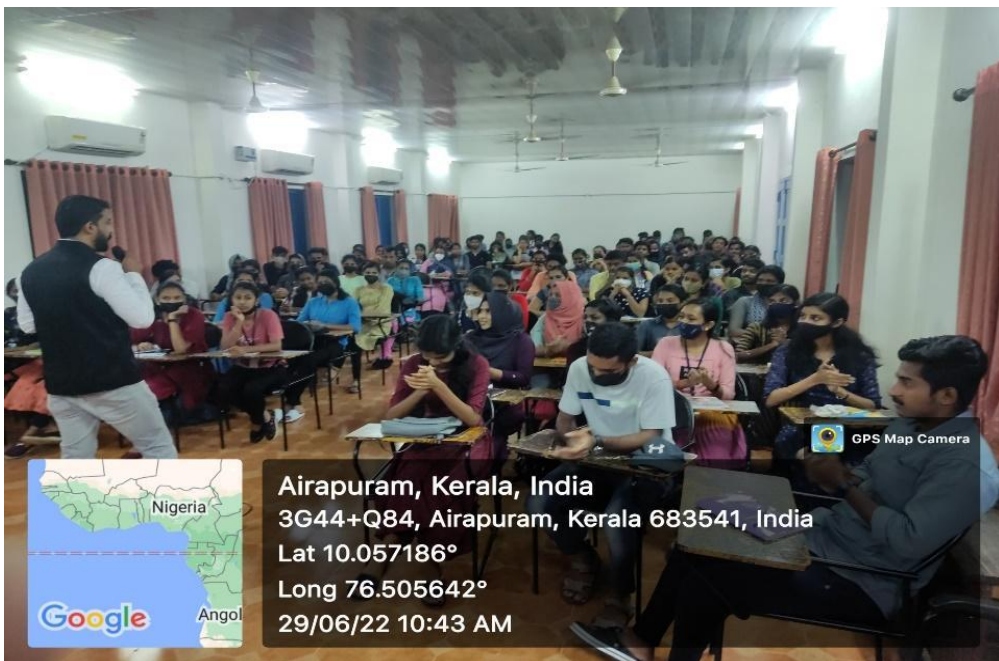
Programme Organizing Team

<u>Principal</u>	<u>IQAC Coordinator</u>	<u>Career Cell Coordinators</u>
Dr. Sheena Kaimal	Dr. Resmi R	Radhika Lal Ajay Sasi



Photographs

Resource Person Mr. Praveen S Madhavan addressing the gathering





Presidential Address by Dr. Sheena Kaimal N



Attendance



Time - 10 AM To 1 PM
(FN)

ATTENDANCE SHEET - Barclays Life Skills training program (Free Training Program)
SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA DATE: 29/06/22

SL No	Name	Email	Mobile number	Degree Subject/Stream	Passing / Passed out year	SIGNATURE DAY 1 SESSION
1	Aiceena Joshy	Joshy.aiceena.p@gmail.com	9526830757	B.A HINDI	2023	[Signature]
2	Fausiya Nazim	fauziya.nazim2@gmail.com	8086421327	B.A Hindi	2023	[Signature]
3	Afeesa Basheer	afeesa.basheer2002@gmail.com	9400829057	B.A Hindi	2023	[Signature]
4	Afiya C.D	afiyacd2001@gmail.com	7561886519	B.O Hindi	2023	[Signature]
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10	Afeefa Ansa	afeefaansa2002@gmail.com	9198314627	BA HINDI	2023	[Signature]
11	Nafeesa Nouhad	nafeesa990@gmail.com	9936913290	B.A Hindi	2023	[Signature]
12	Hasra Shameer	hasrasshameer7462@gmail.com	9510421460	B.Sc. CS	2023	[Signature]
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16	Smita VM	smitavm277@gmail.com	9539160879	B.Sc. CS	2023	[Signature]
17	Athira K M	athirakm652@gmail.com	9048810458	B.Sc. CS	2023	[Signature]
18	Menil Clara Sopy	menilclarasopy12@gmail.com	7025084873	B.Sc physics	2023	[Signature]
19	Fathima Nazim	fathimnazim952@gmail.com	7736014427	B.Sc physics	2023	[Signature]
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21	Sarika Sajeevan	sarikasajeeva3112@gmail.com	7736544359	B.Sc physics	2023	[Signature]
22	Lakshmi V.S	lakshminavalambica@gmail.com	4510716250	B.Sc physics	2023	[Signature]
23	Gayathry G	gayathryg9131@gmail.com	7738771365	B.Sc physics	2023	[Signature]
24	Ama Bhaskar	amabhaskar9@gmail.com	8006571790	B.Sc physics	2023	[Signature]
25	Adithyakrishna T.R	adithyakrtis11@gmail.com	8542659977	B.Sc Physics	2023	[Signature]
26	Yedhu Krishnan P.S	yedhukrishnanp16@gmail.com	7061604871	B.Sc physics	2023	[Signature]
27	Soeelakshmi M.S	mssoeelakshmi9@gmail.com	811 900310	B.Sc chemistry	2023	[Signature]

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5	Harris Charim	Harris Clolyn@gmail.com	7356032805	Chemistry	"	[Signature]
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7	Aswathy T peethambaram	aswathypeethambaram2002@gmail.com	9188718259	Chemistry	"	[Signature]
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10	Anjana Lekhak	anjanamuthi98@gmail.com	9947114710	Computer Science	"	[Signature]
11	Sandya T.S	Sandrayishu@gmail.com	8593621293	Chemistry	"	[Signature]
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18	Akshat Sakthian	AkshatSakthian54@gmail.com	902893777	BA History	2023	[Signature]
19	Devakrishnan T.A	devakrishnan05@gmail.com	797686252	BA History	2023	[Signature]
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Profile of the Resource Person


HELLO I'M

PRAVEEN S MADHAVAN
RESEARCH SCHOLAR, MBA, MSc.(APP, PSY), PGDPM, PGDIB

POSITIVE PSYCHOLOGY PRACTITIONER
CAMPUS TO CORPORATE TRAINER

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Campus to Corporate Trainer with 14 years of industry experience and 7 years exclusively into training. We design and deliver customised training programs in positive psychology including self-enhancement and self-efficacy, implementation of positive psychology in work places, employee team building and cohesion, science of happiness, boosting corporate culture and corporate wellness. Application of NLP, transactional analysis, six sigma, neuro-semantic and other proven techniques help us to yield and ensure the best outcome from our workshops. We are highly privileged that we could create a major impact in the lives of many thousands of career aspirants across India. Blending the best always helps us to become the best choice for our customers.

Also we could expand our horizons to various campuses (colleges) with a mission of upskilling our youth to be future ready, training on employability quotient with an aim to bridge the gap between industry and institution, and that indeed is a proud accomplishment to showcase. Thanks to our customers, we coach students intensively on employability skill enhancement ensuring a smooth and successful transition from campus to corporate, mental health and mindful living, corporate readiness etc. We strongly believe in hand holding every student to scale up their career dreams. We empower you and your organisation to prepare to perform with a passion and haste to transform for tomorrow!

Certified Lean Six Sigma Green Belt
by Micro, Small & Medium Enterprises (MSME), Govt. of India

Certified Positive Psychology Practitioner
by CPD Accreditation Group (Continuing Professional Development)

Certified NLP Practitioner
by International Association of Professional Coaches, Counselors, and Therapists (IAPCCT)

Certified in Neuro-Semantics
by International Society of Neuro-Semantics (ISNS)

Certified in Peak Performance Coaching & Advanced NLP Practitioner by IAPCCT


Certified Trainer
(Trainer's Mastery Program)
by National Institute of Skill Training (NIST)

Certified in Transactional Analysis
by International Transactional Analysis Association (ITAA)

Certified POSH Trainer by SHRM & HRCI


Resource Person at Institute of Management in Govt. (IMG),
Professionalization of Revenue Administration
Best Transformation Coach
Awarded by National Institute of Skills Training.

Implementing POSITIVE PSYCHOLOGY in work place



Feedback Analysis




 PRINCIPAL
 SREE SANKARA VIDYAPEETOM
 VALAYANCHIRANGARA P.O
 (VIA) PERUMBAVOOR

Signature of the Principal

