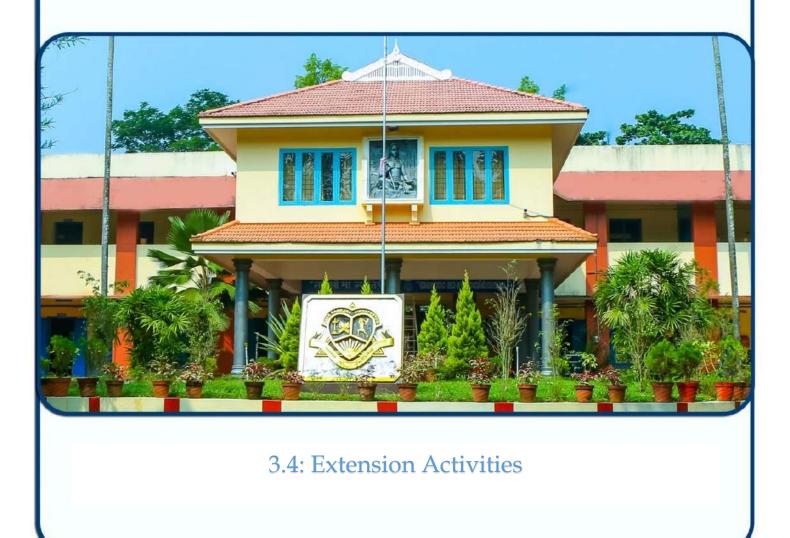


SREE SANKARA VIDYAPEETOM COLLEGE Valayanchirangara, Perumbavoor

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Criterion 3. Research, Innovations and Extension



2018 - 2023

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3.4.3: Detailed report of extension and outreach program during 2018-19

INDEX

Sl No	Item	Page
1.	Greening our Neighbourhood: Planting and Distributing Saplings"	3
2.	"Mashithandu" - Distribution of Study Materials to Students at Mamalakandam Tribal School	7
3.	Yoga Day Programme for Students and the Public	11
4.	Blood Donation Camp - in Association with District Hospital Aluva	15
5.	Training Camp on Paper Pen and Paper Bag making	21
6.	Flood Relief Initiatives in Affected Areas: Koovappadi, Paravoor, Perumbavoor	26
7.	Cleaning of flood affected Houses and Distribution of Onakkit	31
8.	Blood Donation Camp in Association with District Hospital Aluva	34
9.	Library Setting at Balamandir Orphanage, Mazhuvannoor (Aksharakkoottu)	38
10.	Flood Impact Survey: Mazhuvannoor, Aikkaranadu, and Poothrikka Grama Panchayaths	44
11.	Blood Donation Camp in Association with Indian Medical Association (IMA)	47
12.	Cultural Engagement with 'Bethlehem Abhaya Bhavan' Charitable Society	52





SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Greening our Neighborhood: Planting and Distributing Saplings

Name of the Event	Greening our Neighbourhood: Planting and Distributing Saplings
Nature of the Event	Extension Activity
Objectives	To educate the students about the importance of the Environment and the need to protect our Ecosystem.
Resource Person	Dr. Padma P, Principal – SSV College
Date and Time	5 th June, 2018
Duration	1 Day
Beneficiaries	78
Venue or Platform	SSV College
Organising dept/ Cell	National Service Scheme Unit No. 49
Coordinator	Sri. Viswan M G
Associating Agency	Nature Club & Quiz club
Outcome/ Benefit of the programme	Organizing World Environment Day programs can help create a more sustainable and prosperous future by raising awareness, promoting sustainable practices, and creating a positive impact on the environment



Programme Report

The extension activity on "Plan your own Tree" as part of World Environment Day Celebration Programme for the students of SSV College organized by the NSS Unit no. 49 of SSV College was conducted on 5th June 2018.

Programme Description in detail

Inauguration of 'Plan Your Own Tree' Scheme:

The celebration commenced with the gracious presence of Principal Dr. Padma. P, who inaugurated the 'Plan Your Own Tree' scheme by planting a sapling in the college campus. This symbolic act represented the college's commitment to environmental preservation and inspired the students to follow suit.

Seminar on Environmental Issues:

Following the inauguration, a seminar was conducted, addressing various environmental issues such as climate change, deforestation, pollution, and biodiversity loss. Eminent guest speakers and faculty members presented valuable insights, research, and potential solutions to tackle these challenges. The seminar aimed to enhance the participants' understanding of pressing environmental concerns and the urgency to take action.

Quiz Competition on Environmental Awareness:

To engage and test the knowledge of the students, a quiz competition on environmental awareness was organized. The competition included questions related to environmental science, conservation, and sustainable practices. This activity not only encouraged healthy competition but also encouraged the participants to research and gain more knowledge about environmental issues.

Plan Your Own Tree' Tree Plantation Drive:

In alignment with the theme of the event, the college organized a tree plantation drive. The volunteers, along with 77 students, wholeheartedly participated in planting saplings around the campus. Each student took responsibility for planting and nurturing a sapling, fostering a sense of ownership towards the environment. The World Environment Day celebration for the academic year 2018-19 was a resounding success. Through seminars, quizzes, and the 'Plan Your Own Tree' scheme, the college succeeded



in educating students about environmental issues and encouraging them to actively participate in environmental conservation efforts. The event fostered a sense of responsibility and environmental consciousness among the college community, setting a positive precedent for future sustainability initiatives.

Poster

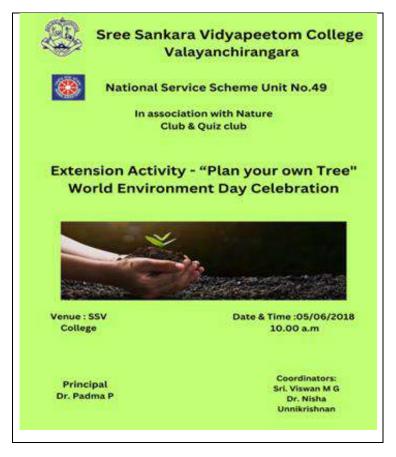


Photo Gallery





Planting Tree Saplings

Participants Attendance Register

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College Seal





SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on "Mashithandu" - Distribution of Study Materials to Students at Mamalakandam Tribal School

Programme Detai	ils in a nutshell
Name of the Event	"Mashithandu" - Distribution of Study Materials to Students at Mamalakandam Tribal School
Nature of the Event	Extension Activity
Objectives	To provide educational resources to individuals or communities who may not have access to them due to financial or other constraints
Date and Time	7 th June 2018
Duration	1 Day
Beneficiaries	Students of Mamalakandam Tribal School
Venue or Platform	SSV College
Organising dept/ Cell	National Service Scheme Unit No. 49
Coordinator	Sri. Viswan M G
Associating Agency	Aalthara Koottam Club, Keezhillam
Outcome/ Benefit of the programme	Providing study materials helped individuals improve their academic performance and achieve their educational goals

Programme Report



The Extension Activity on Mashithandu – Distribution of Study Materials to the needy as part of college extension programme for the Students of Mamalakandam Tribal School organized by the SSV College NSS Unit No. 49 was conducted on 7th June 2018.

Programme Description in detail

Activities Undertaken:

Study Material Collection: Prior to the event, the volunteers actively engaged in collecting study materials such as notebooks, stationery, textbooks, and other educational aids. Donations were also collected from the community and college staff to ensure an adequate supply of study materials.

Distribution to Mamalakandam Tribal School:

The main target of the project was to provide study materials to the students of Mamalakandam Tribal School. The volunteers visited the school and distributed the collected study materials to the students, with a special focus on addressing their specific needs.

Study Material Distribution to Poor Students:

Recognizing the broader needs of the underprivileged students in the region, the volunteers extended their support beyond Mamalakandam Tribal School. They identified other financially disadvantaged students and provided study materials to them as well, ensuring that a wider section of students benefited from the initiative.

Awareness and Motivation:

During the programme, the volunteers also took the opportunity to interact with the students and encourage them to continue their education despite the challenges they might face. The session included motivational talks and discussions on the importance of education in transforming lives. The Mashithandu Project made a significant impact on the educational support provided to the students in Mamalakandam Tribal School and the surrounding underprivileged students. By distributing study materials, the volunteers aimed to enhance the learning experience of these students, promote literacy, and inspire them to pursue their academic goals. The programme also fostered a sense of social responsibility among the participating volunteers and encouraged them to engage in further community development initiatives.



The success of the Mashithandu Project could not have been possible without the collective efforts of the NSS volunteers, SSV College students and staff, and the support of the Keezhillam Aaltharakkoottam Club. By collaborating and dedicating their time and resources to the cause, the participants demonstrated the power of unity in creating a positive impact on the lives of the students in need. The programme's success serves as a motivation to continue organizing such initiatives in the future and to contribute actively to the betterment of society.

Poster

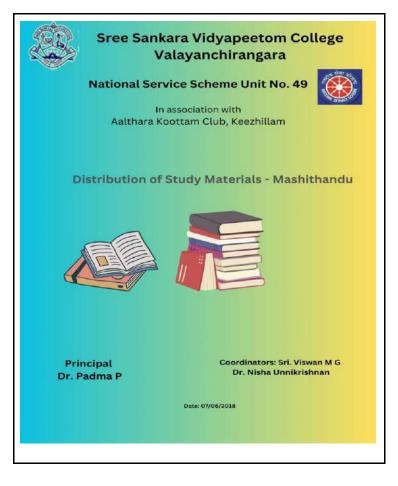




Photo Gallery



Participants Attendance Register

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SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Yoga Day Programme for Students and the Public

Name of the Event	Yoga Day Programme for Students and the Public				
Nature of the Event	Extension Activity				
Objectives	Yoga Day aims to promote health and well-				
	being for individuals and communities by				
	practicing Yoga				
Date and Time	21 st June, 2018				
Duration	1 Day				
Beneficiaries	NSS Volunteers, Other staff, and students of				
	SSV College and Public				
Venue or Platform	SSV College				
Organising dept/ Cell	National Service Scheme Unit No. 49 &				
	Physical Education Dept.				
Coordinator	Sri. Anoop Jain				
Associating Agency	Yoga Club, SSV College				
Outcome/ Benefit of the	Observing Yoga Day raised awareness about				
programme	the benefits of yoga and its role in promoting a				
	healthy lifestyle.				

Programme Report



The Extension Activity on as part of International Yoga Day Programme for staff and students of SSV College organized by the Physical Education Department was conducted on 21st June 2018.

Programme Description in detail

The NSS Unit of SSV College, in association with the Yoga Club, celebrated International Yoga Day on 21st June 2018. The aim of the event was to promote the significance of yoga for physical and mental well-being among students, teachers, and other participants.

Event Details:

Assembly and Cycle Rally:

Time: 9:15 AM

Location: SSV College Gate

The celebration commenced with all the NSS volunteers, students, and teachers gathering at the SSV College gate. The participants were filled with enthusiasm and eagerness to partake in the day's activities. A Cycle Rally was organized, where the volunteers cycled to Valayanchirangara and back, promoting eco-friendly transportation and physical fitness.

Seminar on Yoga and Yoga Practice:

Time: 11:00 AM - 1:00 PM

Location: College Auditorium

Following the Cycle Rally, a Seminar on Yoga and Yoga Practice was conducted in the college auditorium. The seminar was led by the esteemed Physical Education Director, Sri. Anoop Jain. The seminar aimed to educate participants about the numerous benefits of yoga and how it can be incorporated into their daily lives.

Key Highlights of the Seminar:

Introduction to Yoga: The seminar began with an introduction to yoga, its origins, and its relevance in modern-day life.

Physical Benefits:

The importance of various yoga asanas (postures) in improving flexibility, strength, and balance was highlighted. Participants were informed about how regular yoga practice can alleviate physical ailments and promote overall well-being.



Mental Benefits:

The session emphasized the positive impact of yoga on mental health, stress reduction, and enhancing mindfulness.

Breathing Techniques:

Sri. Anoop Jain demonstrated various breathing techniques (pranayama) and explained their role in calming the mind and energizing the body.

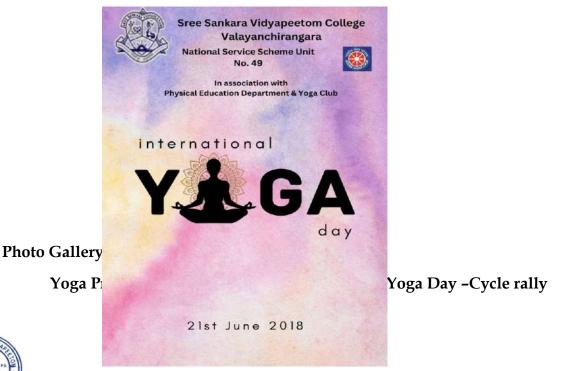
Meditation and Relaxation: The seminar concluded with a guided meditation session, allowing participants to experience the power of relaxation and inner peace through yoga.

The Yoga Day celebration by the NSS Unit of SSV College, in collaboration with the Yoga Club, was a great success. The cycle rally promoted environmental consciousness and fitness, while the seminar enlightened participants about the holistic benefits of yoga. The event left a lasting impact on everyone present, inspiring them to incorporate yoga into their daily routines for a healthier and more balanced lifestyle.

Acknowledgments:

The NSS Unit expresses heartfelt gratitude to the Physical Education Director, Sri. Anoop Jain, for his invaluable guidance and leadership in conducting the seminar. Thanks to all the volunteers, students, and teachers who actively participated in the event and contributed to its success. The support from the college authorities and staff is also appreciated for their assistance in organizing this meaningful celebration.

Poster





Participants (Attendance Register)

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SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Blood Donation Camp in Association with District Hospital Aluva

Programme Details in	n a nutshell
Name of the Event	Blood Donation Camp in Association with District Hospital Aluva
Nature of the Event	Extension Activity
Objectives	To encourage college students to donate blood voluntarily and contribute to the society
Date and Time	26 th July, 2018
Duration	1 Day
Venue or Platform	SSV College
Organising dept/ Cell	National Service Scheme Unit No.49, Blood Donor Club
Coordinator	Sri. Viswan M G, Program Coordinator, NSS Unit No. 49
Associating Agency	District Hospital, Aluva, Ernakulam
Name of the Scheme	Blood Donation
Outcome/ Benefit of the programme	Created awareness about the importance of blood donation and the benefits of donating blood.

Programme Report

The Blood Donation Camp I as part of Extension Activity Programme organized by the NSS Unit No. 49 and Blood Donor Club was conducted on 26th July, 2018.

Programme Description in detail



The NSS Unit of SSV College, in collaboration with the District Hospital Aluva, organized a Blood Donation Camp with the aim of contributing to the noble cause of saving lives through voluntary blood donation.

Event Details:

Inauguration:

Time: 9:30 AM

Location: College Auditorium

The Blood Donation Camp was inaugurated in the college auditorium by the esteemed college Manager, Prof. Krishnan Namboothiri. The inauguration ceremony set a positive tone for the event and emphasized the significance of donating blood to help patients in need.

Dignitaries' Participation:

District Panchayat Member, Sri. N Arun, and Smt. Sathi Rajan, the member of Mazhuvannur Panchayat ward no. II, graced the occasion with their presence. Their participation encouraged and motivated the volunteers and students to actively participate in the blood donation drive.

Blood Donation Process:

Time: 10:00 AM - 4:00 PM

The Blood Donation Camp witnessed enthusiastic participation from NSS volunteers and other students of SSV College. The NSS unit ensured a well-organized and hygienic blood donation process under the supervision of medical professionals from District Hospital Aluva.

Key Highlights of the Camp:

Awareness and Education: Prior to the blood donation, an awareness session was conducted to educate the participants about the importance of blood donation and its impact on saving lives. Misconceptions and fears related to blood donation were addressed, promoting a positive mindset among potential donors.

Health Screening:



The medical team conducted thorough health screenings of the donors to ensure their eligibility for blood donation. All necessary precautions were taken to prioritize the donors' well-being.

Voluntary Blood Donation:

All blood donations were voluntary, and donors willingly came forward to contribute to this noble cause. The selfless act of donating blood showcased the humanitarian spirit of the NSS volunteers and students.

Refreshments and Recognition:

After donating blood, the donors were provided with refreshments to help them recover. Each donor received a certificate of appreciation and a token of gratitude for their contribution to the society's welfare.

The Blood Donation Camp organized by the NSS Unit of SSV College, in association with the District Hospital Aluva, was a resounding success. The event saw active participation from NSS volunteers and college students, demonstrating their commitment to making a positive impact on the community. The valuable support of the college Manager, Prof. Krishnan Namboothiri, and the esteemed dignitaries Sri. Arun and Smt. Sathi Rajan added significance to the event. By donating blood voluntarily, the participants showed their compassion and concern for the well-being of others.

The NSS Unit expresses heartfelt gratitude to the District Hospital Aluva for their partnership and support in conducting the Blood Donation Camp. Special thanks go to the college Manager, Prof. Krishnan Namboothiri, and the dignitaries Sri. Arun and Smt. Sathi Rajan for gracing the occasion with their presence and motivating the participants. The successful execution of the camp would not have been possible without the active participation of NSS volunteers, students, and the entire college community. Their selfless act of donating blood will undoubtedly make a significant impact on the lives of those in need.



Poster

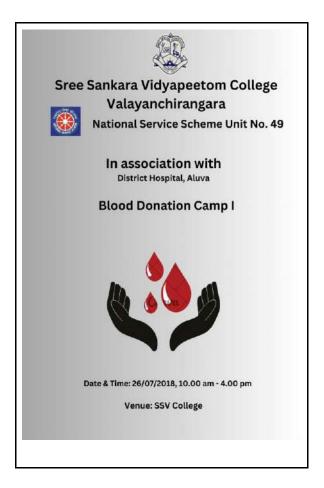


Photo Gallery



Blood Donation by Students



Participants (Attendance Register)

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Principal



College Seal





SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Training Camp on Paper Pen and Paper Bag making

Name of the Event	A Training Camp on Paper Pen and Paper Bag making
Nature of the Event	Extension Activity
Objectives	To encourage individuals to consider alternative materials and methods for daily use, promoting a culture of conscious consumption and waste reduction
Date and Time	1 st August, 2018
Duration	1 Day
Beneficiaries	NSS Volunteers and students of SSV College & Kudumbasree Members
Venue or Platform	SSV College
Organising dept/ Cell	National Service Scheme Unit No. 49
Coordinator	Sri. Viswan MG
Outcome/ Benefit of the programme	Campaign to reduce the use of plastic bags and environmental sustainability imparted to the student community.



Programme Report

A training camp on Paper Pen and Paper Bag making as part of extension activity programme for NSS Volunteers and students of SSV College & Kudumbasree Members organized by the NSS unit no. 49 was conducted on 1st August 2018.

Programme Description in detail

The NSS unit of SSV College organized a Training Camp on Paper Pen and Paper Bag Making with the primary objective of promoting environmental awareness and sustainable practices among NSS volunteers and students of SSV College.

Event Details:

Date: 1st August 2018

Time: 9:30 AM - 4:00 PM

Location: SSV College premises

Participants:

The camp was attended by NSS volunteers and students from various disciplines of SSV College. The participants showed keen interest in learning eco-friendly and creative ways to contribute to the environment.

Key Highlights of the Camp:

Introduction to Paper Pen Making:

The training camp began with an introduction to paper pen making. The participants were familiarized with the concept of recycling waste paper into useful stationery items. They learned about the environmental benefits of using paper pens, as they reduce plastic waste and promote sustainable practices.

Hands-on Paper Pen Making:

Following the theoretical session, the participants engaged in a practical demonstration of paper pen making. They were provided with necessary materials and tools, such as recycled paper, ink refills, and pen molds. The resource persons guided them step-by-step through the process of crafting paper pens.

Paper Bag Making Techniques:

The training then transitioned into paper bag making techniques. Participants were educated about the adverse effects of plastic bags on the environment and the importance



of using eco-friendly alternatives. They learned different styles of paper bag designs and decorations.

Interactive Workshop:

The camp encourages active participation, and participants were encouraged to share their ideas and innovations during the workshop. The interactive session fostered a collaborative and creative environment, allowing everyone to explore their creativity in making unique paper pens and bags.

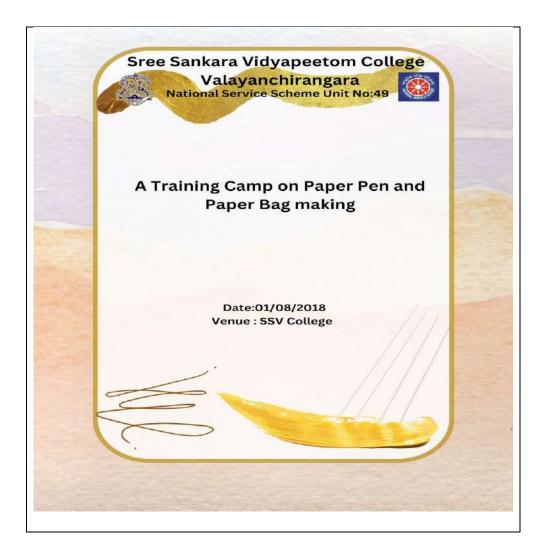
Environment and Sustainability Discussions:

Throughout the camp, there were discussions about the current environmental challenges and the significance of adopting sustainable practices in everyday life. The importance of reducing single-use plastic and promoting eco-friendly alternatives was emphasized.

The Training Camp on Paper Pen and Paper Bag Making conducted by the NSS Unit of SSV College was highly informative and engaging. The participants acquired new skills and knowledge in creating useful products from recycled materials, promoting the message of sustainability. The hands-on approach enabled everyone to experience the joy of crafting environmentally friendly items, fostering a sense of responsibility towards the environment. The NSS Unit extends gratitude to the resource persons who led the training sessions with enthusiasm and expertise. Thanks to all the NSS volunteers and students who actively participated in the camp, making it a successful event. The college administration's support and encouragement in organizing the camp are also acknowledged, as it reflects the institution's commitment to promoting environmental awareness and sustainable practices among the youth.



Poster





Participants (Attendance Register)

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College Seal





SREE SANKARA VIDYAPEETOM COLLEGE VALAYANCHIRANGARA

Report on Flood Relief Initiatives in Affected Areas: Koovappadi, Paravoor, Perumbavoor

Programme Details in a nutshell		
Name of the Event	Flood Relief Initiatives in Affected Areas:	
	Koovappadi, Paravoor, Perumbavoor	
Nature of the Event	Extension Activity	
Objectives	The objective of flood relief activities is to provide	
	immediate and long-term support to those affected by	
	floods, with the ultimate goal of helping them rebuild	
	their lives and communities.	
Date and Time	2018-19	
Duration	One week	
Beneficiaries	Flood affected areas like	
	Koovappadi,Paravoor,Perumbavoor etc,	
Organizing dept/ Cell	National Service Scheme Unit No. 49	
Coordinator	Sri. Viswan M G	
Associating Agency	Keezhillam Club,Mannoor	
Name of the Scheme	"Anpodu kochi" camp	
Outcome/ Benefit of the programme	The immediate goal of flood relief activities is to provide emergency aid and shelter to those affected by the floods, which can help save lives in the short-term.	



Programme Report

Flood Relief Activities:

The Unit started its flood relief activities on 12 th *August* by calling the college staff and students to help the flood affected people of Kuttanad by bringing the materials (food, cloth and other items) to the college. The collected materials in association with Keezhillam Club, Mannoor are handed over to "Anpodu kochi" camp on 15 *th* August 2018.

August 15-26 :

Flood Relief activities were organized in the college under the leadership of NSS. College Management, Teaching and Non-Teaching staff, Alumni and the students of SSV college generously contributed Food, Cloth , Medicines and other necessities to be distributed at the camps in Koovapady Paravoor, Perumbavoor etc.

16-08-2018:

The volunteers along with programme officers of our unit were very active in arranging and facilitating flood relief camps. Our unit has visited Ganapathi Vilasam High school flood relief camp, Koovappady. Since the camp was organised yesterday; there were no sufficient food items other than Rice. So, we provide essential Provisions and Vegetables worth Rs. 4000.Our 6 volunteers helped in preparation and supplying of food among inhabitants in the camp.

17-08-2018:

We visited flood relief camps at Govt.Girls HSS,Perumbavoor, Govt.Boys HSS, Perumbavoor and Ganapathi Vilasam High school, Koovappady. Recognising the need at Govt.Boys HSS, where the camp was organised exclusively for Non-Keralites, 7 volunteers including the P O helped there for a day. As per the request from the camp In Charge, we have given 20 Mats, Baby diapers, and Napkins, and good clothes collected from natives. We decided to collect food kits and other dress items tomorrow from natives, students and alumni.



18-08-2018:

We have taken assurance of providing 500 packets of meals at Boys HSS, but surprisingly, we have collected 1810 packets of meals, dresses including bed sheets and bathing towels. The excess meals are supplied at MGM HSS, Kuruppampady , ILM college and at Kanjirakkad, Perumbavoor. The team consist of 13 volunteers. Full day spent in the camp by arranging and helping the inmates and in cleaning activities of the camp.

Our 6 volunteers are working at Govt.Boys HSS, 4 Volunteers are at Govt.Girls HSS and 7 Volunteers are at Ganapathi Vilasam High school, Koovappady.They are helping the authorities and inmates for the smooth running of the camp.



Banner in front of the college to collect flood relief materials





Collected materials Supplying at Govt. Boys HSS School Relief camp





Principal



College seal





SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Extension Activity – Cleaning of flood affected Houses and Distribution of Onakkit

Programme Details in a nutshell		
Name of the Event	Cleaning of flood affected Houses and Distribution of Onakkit	
Nature of the Event	Extension Activity	
Objectives	The objective of flood relief activities is to provide immediate and	
	long-term support to those affected by floods, with the goal of	
	helping them rebuild their lives and communities.	
Date and Time	2018-19	
Duration	Three Days	
Beneficiaries	Flood affected areas like Ambedkar Colony Thottuva and	
	Kurichilakkod	
Organising dept/ Cell	National Service Scheme Unit No. 49	
Coordinator	Sri. Viswan M G	
Associating Agency	Keezhillam Club,Mannoor	
Name of the Scheme	"Anpodu kochi" camp	
Outcome/ Benefit of the programme	The immediate goal of flood relief activities is to provide emergency aid and shelter to those affected by the floods, which can help save lives in the short-term.	



Programme Report

20-08-2018 – Cleaning of flood affected Houses:

After the consultation with the Panchayath authorities , we decided to take up the cleaning activities at Koovappady. The most flood affected area is Thottuva and Kurichilakkod. 15 volunteers including the PO participated in the programme. Six Houses in Kurichilakkod ward were cleaned today. All the equipment is carried by us in a special rented vehicle. We visited Ambedkar colony,Thottuva where first round cleaning is going on today.

21-08-2018 - Second round cleaning at Ambedkar Colony, Thottuva:

14 volunteers participated in the programme. 16 houses in the colony were cleaned today including the house of one of our students in the college. Necessary help to families including cleaning of utensils, furniture etc, packing and dumping of wastes were also done by the volunteers.

23-08-2018 Distribution of Onakkit:

SSV college N SS unit In association with college staff distributed 20 onakkits containing essential items ((worth Rs.900) among 20 families staying at Ambedkar Colony,Thottuva, Koovappady. College principal, NSS PO Viswan M G, Staff Secretary Sri P Parameswaran Namboothiri, Volunteers Secretary Sri Abhai A also participated in distribution of Onakkit.

Our unit had cleaned 27 houses altogether and 30 volunteers actively participated in it. They were able to feel the difficulties of life and become really a socially responsible citizen.

Our Volunteers at various camps





Distribution of Onakkit



Principal



College seal





SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Blood Donation Camp in Association with District Hospital Aluva

Programme Details in a nutshell		
Name of the Event	Blood Donation Camp in Association with District Hospital Aluva	
Nature of the Event	Extension Activity	
Objectives	To encourage college students to donate blood voluntarily and contribute to the society	
Date and Time	05/09/2018	
Duration	OneDay	
Venue or Platform	SSV College	
Organising dept/ Cell	National Service Scheme Unit No. 49	
Coordinator	Sri. Viswan M G, Dr. Nisha Unnikrishnan	
Associating Agency	District Hospital, Aluva, Ernakulam	
Outcome/ Benefit of the programme	Created awareness about the importance of blood donation and the benefits of donating blood.	



Programme Report

The NSS Unit of SSV College, in collaboration with the Department of Commerce, organized the Blood Donation Camp II Cycle on 5th September 2018. The camp was conducted in association with the District Hospital, Aluva, with the aim of promoting voluntary blood donation and contributing to the noble cause of saving lives.

Programme Details:

Date: 5th September 2018 (Wednesday)

Time: 10.00 AM - 4:00 PM

Location: SSV College

Registration and Preparation:

In preparation for the blood donation camp, the NSS Unit and the Department of Commerce carried out registration procedures in advance to ensure a smooth and organized event. Volunteers and participants were made aware of the importance of voluntary blood donation and the significance of their contributions.

Inauguration:

The Blood Donation Camp was inaugurated by Sri. Anand Sankar, a faculty member from the Department of History, who led by example by being the first donor to contribute to the noble cause. His act of donating blood served as an inspiration for other participants.

Participation:

A total of 41 donors, including students, faculty, and staff members from SSV College, voluntarily donated blood during the camp. The active participation of donors demonstrated their commitment to helping those in need and making a positive impact on society.

Successful Completion:

The Blood Donation Camp II Cycle was successfully completed by 4:00 PM, with all the donors undergoing the donation process under the supervision of medical professionals from the District Hospital, Aluva.

Future Plans:

In light of the camp's success and the positive response from participants, it was decided to conduct similar blood donation camps in the near future to continue promoting voluntary blood donation as an integral part of community service.

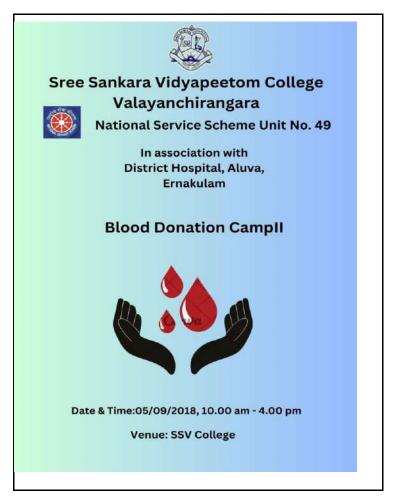
The Blood Donation Camp II Cycle, jointly organized by the NSS Unit of SSV College and the Department of Commerce, was a resounding success. The active participation of 41 donors, including Sri. Anand Sankar's inaugural donation exemplified the spirit of humanitarianism and community service. The NSS Unit and the Department of Commerce, along with the



District Hospital, Aluva, are dedicated to continuing such initiatives to foster a sense of responsibility towards society and save lives through voluntary blood donation.

The NSS Unit and the Department of Commerce extend heartfelt gratitude to all the donors who participated in the Blood Donation Camp II Cycle. Special thanks go to Sri. Anand Sankar for gracing the event with his presence and leading by example. The cooperation and support from the District Hospital, Aluva, are deeply appreciated, as their guidance and medical expertise were instrumental in the successful execution of the camp. The collective effort and commitment of the NSS Unit, the Department of Commerce, and all the participants made this camp a remarkable and impactful event.

Poster



Photos





Blood Donation by Students and Staff

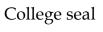
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SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Library Setting at Balamandir Orphanage, Mazhuvannoor (Aksharakkoottu)

Programme Details in	n a nutshell
Name of the Event	Library Setting at Balamandir, Mazhuvannoor (Aksharakkoottu)
Nature of the Event	Extension Activity
Objectives	Access to information, education and learning, community building and support for literacy and reading.
Date and Time	10th September, 2018
Duration	1 Day
Beneficiaries	Balamandir, Mazhuvannoor
Venue or Platform	SSV College
Organising dept/ Cell	National Service Scheme Unit No.49
Coordinator	Sri. Viswan MG
Outcome/ Benefit of the programme	Setting up a library for the public can have a positive impact on the community by providing access to information, educational and learning opportunities, community building, preservation of cultural heritage, improved literacy and reading skills, and economic benefits

Programme Report



The volunteers along with programme officers visited Balamandir, Mazhuvannoor and donated around 350 books to their library. There are 40 inmates studying from 5th Std. to Plus Two. The volunteers spent around three hours with them by conducting cultural programmes and interactions.

Programme Description in detail

Introduction:

The NSS Unit of SSV College organized a book donation and cultural interaction programme at Balamandir, Mazhuvannoor. The objective of the programme was to contribute to the education and well-being of the 40 student inmates studying from 5th Std. to Plus Two at Balamandir. The volunteers, along with programme officers, visited the institution and donated around 350 books to their library.

Programme Details:

Date: 10th September, 2018

Time: One Day

Location: Balamandir, Mazhuvannoor

Book Collection Drive:

Prior to the visit, the NSS Unit initiated a book collection drive within the college. All staff and students were encouraged to donate books in good condition, including novels, stories, and literature in English, Malayalam, and Hindi. The response to the drive was overwhelming, with a total of 350 books collected for donation.

Visit to Balamandir:

The volunteers, accompanied by the programme officers, visited Balamandir, a home for student inmates, with a noble intention to contribute to their educational resources. The warm welcome received from the staff, management, and students at Balamandir was heartening.

Book Donation:

The NSS Unit handed over the collected books to the authorities at Balamandir, Mazhuvannoor. The donated books were diverse, catering to different reading levels and interests of the students. The programme officers maintained a register to document the details of the donated books.

Cultural Programmes and Interactions:



After the book donation, the volunteers engaged with the student inmates by conducting cultural programmes. The students showcased their talents through various performances like singing, dancing, and skits. The cultural exchange fostered a sense of joy and camaraderie among all participants.

Promise of Setting Up a Library:

During the interaction with the Warrier Foundation officials, the NSS Unit expressed its commitment to support the students at Balamandir further. The NSS Unit pledged to set up a proper library for the student inmates, ensuring a conducive learning environment.

The book donation and cultural interaction programme at Balamandir, Mazhuvannoor, was a heartwarming experience for all involved. The NSS Unit's dedication and the overwhelming response from the college community played a significant role in making this event successful. The 350 donated books and the promise of setting up a library demonstrate the NSS Unit's commitment to enhancing the educational opportunities for the student inmates at Balamandir. The cultural interaction provided moments of joy and togetherness, leaving a positive impact on both the volunteers and the student inmates. The NSS Unit extends heartfelt gratitude to all the staff, management, and students of SSV College for actively participating in the book collection drive and supporting this noble cause. Special thanks go to the Warrior Foundation officials for their cooperation and for giving the NSS Unit an opportunity to contribute to Balamandir's growth. The dedication and enthusiasm of the volunteers and programme officers are appreciated as they played a pivotal role in making this programme a memorable and meaningful one.

Photo Gallery











NSS Volunteers at Balamandir, Mazhuvannoor



Participants (Attendance Register)

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SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Flood Impact Survey: Mazhuvannoor, Aikkaranadu, and Poothrikka Grama Panchayats

Programme Details in a r	nutshell
Name of the Event	Flood Impact Survey: Mazhuvannoor, Aikkaranadu, and Poothrikka Grama Panchayats
Nature of the Event	Extension Activity
Objectives	The objectives of a survey on flood-affected houses are to assess the damage, identify priority areas, assess needs, identify vulnerable populations, plan for recovery, and monitor progress
Date and Time	14 - 16th September, 2018
Duration	2 Day
Beneficiaries	Flood affected houses of Mazhuvannoor, Aikkaranadu and Poothrikka Grama Panchayats.
Venue or Platform	SSV College
Organising dept/ Cell	National Service Scheme Unit No. 49
Coordinator	Sri. Viswan MG
Outcome/ Benefit of the programme	Assessed the damage, identified priority areas, assessed needs, identified vulnerable populations.



Programme Report

A survey on flood-affected houses to assess the damage, identify priority areas, assess needs, identify vulnerable populations, plan for recovery, and monitor progress was conducted in September by the NSS Unit of the College. For this, volunteers were divided into batches. Survey completed in Mazhuvannoor, Aikkaranadu and Poothrikka panchayaths within a short period successfully. Volunteers were already given training for entering data on the mobile app. 42 volunteers participated in all the three days at different locations completed very efficiently

Programme Description in detail

A survey on flood-affected houses to assess the damage, identify priority areas, assess needs, identify vulnerable populations, plan for recovery, and monitor progress was conducted in September. For this, volunteers were divided into batches. Survey completed in Mazhuvannoor, Aikkaranadu and Poothrikka panchayaths within a short period successfully. Volunteers were already given training for entering data on the mobile app. 42 volunteers participated in all the three days at different locations and completed very efficiently.

After the survey, the team assessed the damage, identified priority areas, assessed needs, and identified vulnerable populations.





Survey by NSS Volunteers



Participants (Attendance Register)

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SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Blood Donation Camp in Association with Indian Medical Association (IMA)

Programme Details in a n	utshell
Name of the Event	Blood Donation Camp in Association with Indian Medical Association (IMA)
Nature of the Event	Extension Activity
Objectives	To encourage college students to donate blood voluntarily and contribute to the society
Date and Time	5 th December, 2018
Duration	1 Day
Venue or Platform	SSV College
Organising dept/ Cell	National Service Scheme Unit No. 49, Blood Donor Club
Coordinator	Sri. Viswan M G, Program Coordinator, NSS Unit
Associating Agency	Indian Medical Association (IMA), Ernakulam
Name of the Scheme	Blood Donation
Fund details if any	HDFC Bank
Outcome/ Benefit of the programme	Created awareness about the importance of blood donation and the benefits of donating blood.



Programme Report

The Blood Donation Camp III as part of Extension Activity Programme organized by the NSS Unit No. 49, Blood Donor Club was conducted on 5th December, 2018.

Programme Description in detail

The NSS Unit No. 49 & Blood Donor Club, in collaboration with the Indian Medical Association (IMA), Ernakulam, organized Blood Donation Camp III as part of the Extension Activity Programme at SSV College, Valayanchirangara. The camp aimed to promote the noble cause of voluntary blood donation among the college community and create awareness about the importance of saving lives through this humanitarian act.

Programme Details:

Date: 5th December 2018

Time: 10.00 am - 4.00 pm

Location: Self Finance Block, SSV College, Valayanchirangara

Inauguration:

The Blood Donation Camp was inaugurated by the college Principal, Dr. Padma P. The presence of Smt. Sathi Rajan, Member of Mazhuvannur Panchayat ward no. II, added significance to the event and encouraged active participation from all.

Participants:

The camp witnessed enthusiastic participation from NSS volunteers, students, teaching and nonteaching staff, and members of the Blood Donor Club. The collective effort of the college community played a vital role in making the camp successful.

Blood Donation Process:

The camp was conducted in a well-organized manner with the support of the Indian Medical Association (IMA), Ernakulam. The medical team ensured a safe and hygienic blood donation process, following all necessary protocols.



Voluntary Blood Donation:

The Blood Donation Camp emphasized voluntary blood donation, and the participants willingly came forward to contribute to this life-saving cause. The selfless act of donating blood exemplified the humanitarian spirit of the college community.

Successful Participation:

More than 40 individuals donated blood during the camp, making it a resounding success. The collective effort and support from the college community demonstrated their commitment to making a positive impact on the lives of others.

Refreshments and Sponsorship:

The HDFC Bank generously sponsored the event, ensuring that the donors were treated with refreshments and provided water bottles to aid in their recovery after the blood donation.

The Blood Donation Camp III organized by the NSS Unit No. 49 & Blood Donor Club, SSV College, Valayanchirangara, in association with the Indian Medical Association (IMA), Ernakulam, was a remarkable event. The active participation of NSS volunteers, students, teaching and non-teaching staff, and the generous support from the HDFC Bank made this camp a huge success. The voluntary blood donation by more than 40 individuals highlighted the college community's compassion and willingness to contribute to the well-being of others. The event not only saved lives but also promoted a sense of social responsibility and solidarity.

The NSS Unit and the Blood Donor Club extend sincere gratitude to the Indian Medical Association (IMA), Ernakulam, for their cooperation and support in conducting the Blood Donation Camp. Special thanks to the college Principal, Dr. Padma P., and Smt. Sathi Rajan, Member of Mazhuvannur Panchayat ward no. II, for gracing the event with their presence and motivating the participants. The generous sponsorship from HDFC Bank and the active participation of NSS volunteers, students, and college staff are appreciated as they played a significant role in making this camp a grand success.

Poster



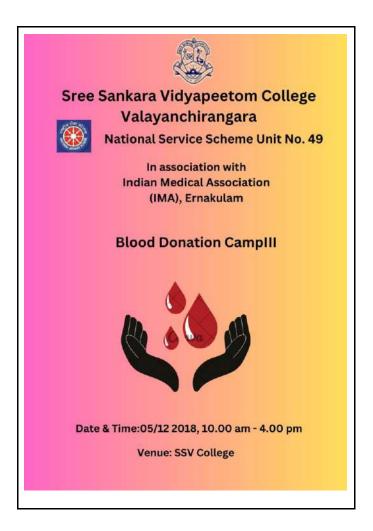


Photo Gallery



Participants (Attendance Register)



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SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

Report on Cultural Engagement with 'Bethlehem Abhaya Bhavan' Charitable Society

Programme Detail	s in a nutshell				
Name of the Event	Cultural Engagement with 'Bethlehem Abhaya Bhavan' Charitable Society				
Nature of the Event	Extension Programme				
Objectives	Spread joy and happiness among the inmates during the festive season and create a memorable Christmas celebration for everyone involved.				
Date and Time	25 th December, 2018				
Duration	1 Day				
Beneficiaries	Inmates of Bethlehem Abhaya Bhavan				
Venue or Platform	SSV College				
Organising dept/ Cell	National Service Scheme Unit No. 49				
Coordinator	Sri Viswan MG & Dr Nisha Unnikrishnan				
Outcome/ Benefit of the programme	The positive outcomes, such as spreading joy, creating memorable experiences, showcasing talent, fostering fellowship, promoting community engagement, and strengthening the NSS Unit's commitment to social service, exemplify the significance of such extension programmes in creating a positive impact on society.				

Programme Report



The NSS Unit of SSV College organized an extension programme to celebrate Christmas with the inmates of Bethlehem Abhaya Bhavan, a Charitable Society, located at Koovappady, Perumbavoor, Ernakulam District, Kerala. The objective of the programme was to spread joy and happiness among the inmates during the festive season and create a memorable Christmas celebration for everyone involved.

Programme Details:

Date: 25th December 2018

Location: Bethlehem Abhaya Bhavan, Koovappady, Perumbavoor

Participants:

The programme saw the active participation of NSS volunteers and coordinators from SSV College, along with the enthusiastic inmates of Bethlehem Abhaya Bhavan. The students and volunteers were eager to spend the special day with the inmates and make it a memorable event for them.

Christmas Celebration:

The programme commenced with a warm welcome extended by the volunteers to the inmates of Bethlehem Abhaya Bhavan. The Christmas spirit filled the air as the venue was decorated with festive lights and ornaments. The joyous atmosphere set the tone for a memorable celebration.

Cultural Activities and Interactions:

The NSS volunteers and coordinators organized various cultural activities, including singing carols, dance performances, and skits. The talented inmates also actively participated in the festivities, showcasing their artistic talents, and spreading happiness through their performances.

Distribution of Gifts and Goodies:

As part of the celebration, the NSS Unit distributed Christmas gifts and goodies to the inmates. The gifts were carefully chosen to cater to their preferences and bring smiles to their faces.

Feast and Fellowship:

The programme included a delicious Christmas feast, where everyone shared a meal together, promoting fellowship and bonding. The volunteers interacted with the inmates, sharing stories and experiences, fostering a sense of belonging and love.

The Christmas celebration at Bethlehem Abhaya Bhavan was a heartwarming and joyous occasion. The NSS Unit of SSV College successfully spread the spirit of Christmas and brought cheer to the inmates of the Charitable Society. The cultural activities, gift distribution, and the shared feast created a sense of unity and compassion among all participants. The event not only celebrated the festive season but also highlighted the importance of giving back to the community and making a positive impact on the lives of others.

Photo Gallery





NSS Volunteers at Abhaya Bhavan



NSS Volunteers Celebrating Christmas at Abhaya Bhavan





Participants (Attendance Register)

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