

SREE SANKARA VIDYAPEETOM COLLEGE Valayanchirangara, Perumbayoor

Reaccredited with NAAC 'A' Grade
Affiliated to Mahatma Gandhi University, Kottayam
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Criterion 3. Research, Innovations and Extension



3.4: Extension Activities

2018 - 2023









SREE SANKARA VIDYAPEETOM COLLEGE Valayanchirangara, Perumbayoor

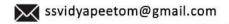
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3.4.3: Detailed report of each extension and outreach program during 2020-21

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Report on Extension Activity - Building a Nuclear - Free World-EnergyConservation Public Awareness Campaign

Program Details in a nutshell		
Name of the Event Building a Nuclear - Free World-Energy Conservation Public Awareness Campaig		
Nature of the Event Extension Activity		
Objectives	To promote a message of peace and nuclear disarmament, and to raise awareness about the dangers of nuclear weapons and the importance of preventing their use.	
Resource Person	Sri. P G Haridas	
Date and Time	6th August 2020	
Duration	1 Hr.	
Beneficiaries	Students	
Venue or Platform	Google Meet	
Organizing dept/ Cell	SSV College NSS Unit No. 49	
Coordinator	Sri. Viswan M G & Dr. Nisha Unnikrishnan	
Name of the Scheme Extension Activity		
Outcome/ Benefit of the program	To engage and empower young people to take action for peace and nuclear disarmament.	

PROGRAM REPORT

Observing Nagasaki and Hiroshima Days as part of the extension Activity on 'Building a Nuclear - Free World' program for the college and nearby school students organized by SSV College NSS Unit No. 49 on 6th August 2020 via online.



Program Description in detail

Online meeting via google meet was conducted on 6th August 2020 for observing Nagasaki and Hiroshima Days. The program was organized by SSV College NSS Unit No. 49 as part of the extension Activity on 'Building a Nuclear - Free World'. Students of the college as well as from nearby schools were invited to attend the program. The program was inaugurated by Prof. P G Haridas, Retd Professor, Dept. of History and presided by Dr. Padma P, Principal SSV College.

A moment of silence was observed to honor the victims and promote a message of peace. Prof. P G Haridas delivered a talk about the importance of engaging and empowering young people to take action for peace and nuclear disarmament. 73 students from the college and nearby schools participated in this program. After the formal inauguration, NSS unit organized an online quiz based on Hiroshima and Nagasaki Days. The quiz consisted of fifteen questions each of five marks. E-certificates were issued for those who qualified at least 50% marks. The quiz provided a platform for the participants to acquire more information about the Hiroshima and Nagasaki days.

PHOTO GALLERY









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Report on "Desh Bhakti Mahotsav" - Awareness programme for School & College Students

Program Details in a nutshell		
Name of the Event "Desh Bhakti Mahotsav" - Awareness programme for School & College Students		
Nature of the Event	Extension Activity	
Objectives	To create awareness about the significance of India's Independence Day and the sacrifices made by the freedom fighters to gain independence from British rule.	
Date and Time	15th August 2020	
Duration	1 Hour	
Beneficiaries	Students of different colleges and nearby schools	
Venue or Platform	Online mode	
Organizing dept/ Cell	SSV College N S S Unit No. 49	
Coordinator	Sri. Viswan M G & Dr. Nisha Unnikrishnan	
Name of the Scheme	Extension Activity - 'Desh Bhakti Mahotsav'	
Outcome/ Benefit of the Program	Awareness was created in the students about the significance of India's Independence Day and the sacrifices made by the freedom fighters to gain independence from British rule.	

PROGRAM REPORT

Observing 74th India's Independence Day celebration as part of College Extension Activity - 'Desh Bhakti Mahotsav' Program for students of the college and nearby schools organized by the College NSS Unit No. 49 on 15th August 2020 via online.

Program Description in detail



An online meeting via Google meet was conducted to observe 74th India's Independence Day celebration as part of College Extension Activity - 'Desh Bhakti Mahotsav' Program for students of the college and nearby schools. The Program was organized by the College NSS Unit No. 49 on 15th August 2020.

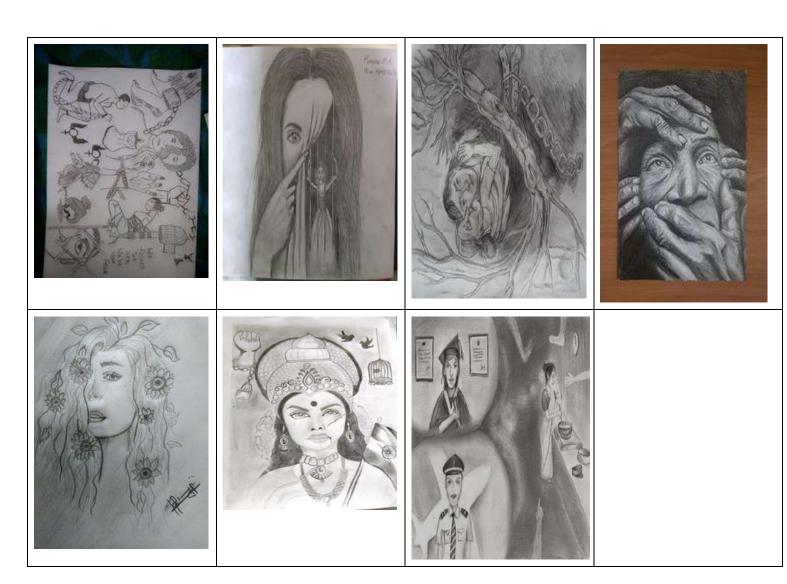
The program was chaired by the college Principal Dr. Padma P and the event was inaugurated by Prof. S K Krishnan, Manager, SSV College. As a part of the Independence Day celebrations, NSS unit organized drawing and writing competitions on 15th August. E-certificates were issued for all participants. Cash prize Rs. 500/- and Rs. 250/- were distributed for the first prize winners for second prize winners respectively.

PHOTO GALLERY



SOME DRAWINGS OF THE PARTICIPANTS





WINNERS OF THE COMPETITIONS





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College Seal



Report - Public Awareness programme on - Enlightened Leadership

Program Details in a nutshell		
Name of the Event	Public Awareness programme on Enlightened Leadership for NSS volunteers in various colleges	
Nature of the Event	Extension Activity - Webinar	
Objectives	To develop a spirit of social service and volunteerism among the students, and to inculcate a sense of empathy and compassion towards the less fortunate sections of society.	
Resource Person	Prof. M J Mathew, former NSS Program Coordinator, Mahatma Gandhi University, Kottayam	
Date and Time	24th September 2020	
Duration	1 hr.	
Beneficiaries	NSS volunteers of various colleges	
Venue or Platform	Google Meet	
Organizing dept/ Cell	SSV College N S S Unit No. 49	
Coordinator	Sir. Viswan M G & Dr. Nisha Unnikrishnan	
Name of the Scheme	Extension Activity - Webinar	
Outcome/ Benefit of the Program	The program enabled the students to understand the community in which they live and to identify its needs and problems.	



PROGRAM REPORT

A state level seminar on National Service Scheme for Enlightened Leadership on NSS Day was organized as part of Extension Activity for NSS volunteers of various colleges by the SSV College NSS Unit No. 49 on 24th September 2020 through Google Meet.

Program Description in detail

As a part of the NSS day celebrations, a state level seminar was conducted through Google Meet on 24th September 2020. The theme of the webinar was "National Service Scheme for enlightened leadership". M.G. University former NSS Program coordinator Prof. M.J. Mathew led the webinar. NSS volunteers from various colleges participated in the webinar.

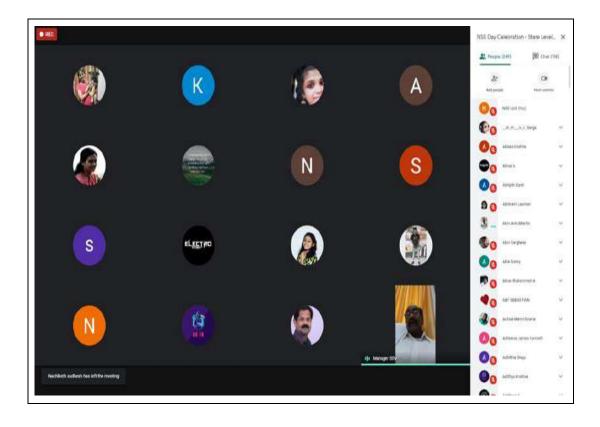
The objective of the program was to develop a spirit of social service and volunteerism among the students, and to inculcate a sense of empathy and compassion towards the less fortunate sections of society. The webinar was coordinated by SSV college NSS Program officers Sri. Viswan M G and Dr. Nisha Unnikrishnan. The webinar was inaugurated by SSV College Principal Dr. Padma P.

The program enabled the students to understand the community in which they live and to identify its needs and problems.



PHOTO GALLERY







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Activity - Swachhata Abhiyan - Local Community Cleanup Initiative

Program Details in a nutshell		
Name of the Event	Swachhata Abhiyan - Local Community Cleanup Initiative	
Nature of the Event	Extension Activity.	
Objectives	To create a clean and hygienic environment for all citizens, and to eliminate open defecation and littering.	
Date and Time	2nd October 2020	
Duration	One Day	
Beneficiaries	Nearby localities of College Area	
Organizing dept/ Cell	SSV College NSS Unit No. 49	
Coordinator	Sri. Viswan M G	
Name of the Scheme	Swachhata Abhiyan - Extension Activity.	
Outcome/ Benefit of the Program	Created awareness among citizens about the importance of cleanliness and the harmful effects of open defecation and littering.	

PROGRAM REPORT

The Swachhata Abhiyan - Extension Activity Program as part of Gandhi Jayanthi Day Celebrations for neighborhood community organized by the SSV College NSS Unit No. 49 was conducted on 2nd October 2020 keeping Covid 19 protocol.

The College NSS volunteers conducted campaigns that included the use of eco-friendly materials and the promotion of good sanitation practices, such as washing hands regularly, keeping surroundings clean, and disposing of waste properly. The campaign also raised awareness among citizens about the importance of cleanliness and the harmful



effects of open defecation and littering.

An online Quiz program was also conducted as part of Gandhi Jayanthi Day Celebrations. E-Certificates were distributed to the participants who scored above 50% in the quiz.

Photo Gallery



Before Cleaning After Cleaning



Participants (Attendance Register)

Sl No.	Name	Department
1	SAFREENA M S	BCOM FINANCE &TAXATION
2	AKASH P MOHAN	BA HISTORY
3	ADITHYAN N S	BA HISTORY
4	MUHAMMED IQBAL B J	BA HISTORY
5	SABIRA P SIDHIQUE	BA ENGLISH
6	ALSIYA AZEES	BA ENGLISH
7	SREE VARNA BABU	BA ENGLISH
8	SIVAJA MURALEEDHARAN	BA ENGLISH
9	ASWANI C S	BSc MATHEMATICS
10	ARJUN A	BCOM COMPUTER APPLICATION
11	DEVADATHAN S	BCOM COMPUTER APPLICATION
12	LAKSHMI M	BCOM COMPUTER APPLICATION
13	VISMAYA V V	BCOM COMPUTER APPLICATION
14	SIDHARTH VENUGOPAL	BCOM COMPUTER APPLICATION
15	DEVIKRISHNA P	BVOC TOURISM & HOSPITALITY MANAGEMENT
16	ARUNIMA MANI	BVOC TOURISM & HOSPITALITY MANAGEMENT
17	LAKSHMIPRIYA PS	BVOC TOURISM & HOSPITALITY MANAGEMENT
18	ANANYA K S	BVOC TOURISM & HOSPITALITY MANAGEMENT
19	AISWARYA SUMESH	BSC MATHEMATICS
20	SREENAYANA LEJJU	BSC MATHEMATICS
21	ANAGHA PRINCE	BSC MATHEMATICS
22	PARVATHY P M	BSC CHEMISTRY
23	GOURI UNNIKRISHNAN	BSC CHEMISTRY
24	ADITHYAN BAIJU	BSC CHEMISTRY
25	SHIVAPRIYA K A	BSC CHEMISTRY
26	VISMAYA M	BA HINDI
27	SUGANDHY MURUKAN	BA HINDI
28	NIKHIL S	BA HINDI
29	DEEPA LINGESAN	BA HINDI
30	SANJU POULOSE	BA HISTORY
31	RAKHI LIJIN	BA HISTORY
32	RIZWANA SHAHUL	BA HISTORY
33	ANUPAMA RAJAN	BA HISTORY
34	AVANI VIJAYAN	BA HISTORY
35	T S SURAJ	BA HISTORY







Report on Face Mask Distribution - A Helping Hand to College Area Residents Association

Program Details in a nutshell		
Name of the Event Face Mask Distribution - A Helping Hand to College Area Residues Association		
Nature of the Event	Extension Activity	
Objectives	Promote awareness about the importance of wearing masks to prevent the spread of COVID-19. Provide free, high-quality masks to the college students, staff, and the local community. Foster a spirit of volunteerism and community service among NSS members.	
Date and Time	November - December 2020	
Duration	2 Months	
Beneficiaries	Students, staff, and the local community	
Venue or Platform	SSV College	
Organising dept/ Cell	N S S Unit No. 49, SSV College	
Coordinator	Sri Viswan M G	
Outcome/ Benefit of the Program	Increased Mask Usage, Community Awareness, Public Health Impact, Empowerment of NSS Volunteers etc.	

PROGRAM REPORT

Program Description in detail

The NSS (National Service Scheme) unit of SSV College conducted a community-based initiative named "Kaithang" during the months of November and December 2020. The primary focus of this program was to combat the COVID-19 pandemic by making masks at volunteers' homes and distributing them to students, staff, and the local

community.

Objectives:

Encourage and empower NSS volunteers to actively contribute to the fight against COVID-19 from the safety of their own homes.

Provide free masks to the college students, staff, and the surrounding neighbourhood community to promote mask-wearing and reduce the spread of the virus.

Foster a sense of responsibility and solidarity among NSS members and the community during challenging times.

Activities:

Training and Guidelines: The NSS unit conducted virtual training sessions to ensure that all volunteers were well-versed in the mask-making process. Detailed guidelines were provided, including materials required, mask design, and safety precautions.

Home-Based Mask Making: NSS volunteers engaged in making masks at their own homes. This approach allowed them to participate in the program while adhering to social distancing norms and other safety protocols.

Quality Check and Sanitization: The NSS coordinators set up a system for quality control to ensure that the masks met the necessary standards. Volunteers were guided on proper sanitization methods to maintain the hygiene of the masks.

Distribution Plan: A well-organized distribution plan was devised to ensure masks reached the intended recipients efficiently and safely. It included the college campus, staff quarters, and nearby residential areas.



Community Engagement: Along with mask distribution, the NSS unit conducted awareness campaigns through virtual platforms and social media to educate people about the importance of wearing masks, maintaining hand hygiene, and practicing social distancing.

Impact:

The Kaithang mask-making and distribution program had significant positive impacts:

More than 5,000 masks were produced and distributed during the two-month period.

The initiative encouraged active participation of NSS volunteers, promoting a sense of social responsibility and community service.

The local community, including students and staff of SSV College, embraced the mask-wearing habit, contributing to the collective effort to combat the pandemic.

Challenges:

Some challenges encountered during the program implementation were:

Ensuring uniform quality across masks made by different volunteers.

Limited face-to-face interaction and hands-on training due to remote implementation.

Addressing technological barriers for some volunteers who faced difficulties with virtual training and communication.

Conclusion:

The "Kaithang" mask-making and distribution program executed by SSV College NSS Unit exemplified the determination and adaptability of the volunteers in contributing to the fight against COVID-19. By making masks at their own homes, NSS members demonstrated their commitment to community service and public health, even amidst challenging circumstances. The initiative successfully distributed thousands of masks,



fostering a culture of safety and responsibility within the college community and its neighbourhood. The lessons learned from this program will guide future NSS endeavors and inspire similar initiatives to address pressing societal issues effectively.

PHOTO GALLERY







Distribution of Face Masks









































