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Abstract: Contemporary Indian women's yearning for individuality in a society where men are in charge is expressed by Anita Nair in her novel, *Ladies Coupe*. The interior identities of the female characters are cleverly investigated psychologically. By tempering their ladylike sensibility and psychological insight, Nair penetrates deeply into the inner psyche of the depressed women and draw out their concerns, which are primarily caused by the psychological and localized disparities in a society. Both the outside world and the family have oppressed women for centuries, and Anita Nair's *Ladies Coupe* is rife with quests for discovering the inherent personality of the women. Marriage remains a local necessity where women seek security as well as respectability in men. Anita Nair has hinted in her works about the advent of a woman writer who might reveal more mysteries about people's personalities and take the readers on a great exploration journey. These books have the power to challenge the small world. In this article, there is an attempt to demonstrate how Anita Nair tries to explore and delve deep into the inner psyche of women.

Keywords: Female psyche, inner psyche, interior identities, inherent personality, psychological insight.

Introduction: Anita Nair is a novelist, short-story writer, essayist, journalist, and artist from Kerala. Among her works are *The Better Man*, *Ladies Coupe*, *Mistress*, *Lessons in Forgetting*, *Idris*, and *Alphabet Soup for Lovers* etc. She has also authored a number of poems. She has written a number of essays, and *Malabar Psyche*, a book of poetry. In addition to writing the screenplay for the film adaptation of her novel, *Lessons in Forgetting*, she has also participated in two plays, received the Public Film Grant in 2013, and written two plays herself. Also, she was given the Crossword Prize and a Sahitya Akademi grant. Her works have been translated into 31 different languages and published all over the world. The experimental writing and mentoring initiative she directs is called *Anita's Loft*. *Ladies Coupe*, Anita Nair's second book, was released in 2001 and has been translated into more than 23 languages throughout the world and it ranks among the top five books of 2002, according to critics. The title of the book draws attention to demonstrate how women are treated in Indian culture, possibly because it is thought that a woman can be safer alone in an all-ladies' compartment or a bus on an excursion. Indian women enjoy this type of preferential treatment; there is a "women just line" at the ticket counter, "a ladies special bus," or, in this case, "a ladies coupe." Because Indian society firmly believes that a woman cannot survive without a man's insurance, the existence of these amenities provides her protection during her solo outings.

The plot of the novel, *Ladies Coupe* is centered on the five women Margaret Shanti, Janaki, Prabha Devi, Sheela, and Marikolanthu. Then there is also Akhilandeswari, a middle-aged Brahmin woman who is visiting Kanyakumari to find inner peace and to prepare her mind for the independence of a woman. Akhila is looking for a solution to her age-old question of whether a woman needs a man to complete her or if she can remain single and be content as they all discuss their personal experiences. All of the remaining women's descriptions of their contacts with men, are unfavorable. This demonstrates that they can never find fulfillment or happiness in their interactions with them. It finally becomes apparent that each person is unique and that only the person experiencing an issue can find a solution. It is crucial to look at women's psychology in order to understand the problems that women encounter. Despite the fact that this portrayal of ladylike sensibility is mostly made through the projection of the conflict between social conventions and personal support for opportunity, *Ladies Coupe* is a very