



# SREE SANKARA VIDYAPEETOM COLLEGE

## Valayanchirangara, Perumbavoor

Reaccredited with NAAC 'A' Grade  
Affiliated to Mahatma Gandhi University, Kottayam  
[www.ssvcollege.ac.in](http://www.ssvcollege.ac.in) | [ssvidyapeetom@gmail.com](mailto:ssvidyapeetom@gmail.com)

### Criterion 3. Research, Innovations and Extension



#### 3.4: Extension Activities

**2018 - 2023**



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### 3.4.3: Detailed report of extension and outreach program during 2021-22

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## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on “Mosquito a Vector” - Public awareness Campaign under NVBDCP

Programme Details in a nutshell	
<b>Name of the Event</b>	Mosquito a Vector - Public awareness Campaign under NVBDCP
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	The goal of this Campaign is to increase public awareness of the reasons why people get malaria and other vector borne diseases and how to prevent it.
<b>Resource Person</b>	Sri. M J Sreekumaran Nair, Dept. Of Zoology SSV College.
<b>Date and Time</b>	20th August 2021, 11am to 12 Noon
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Students & Teachers of various Colleges
<b>Venue or Platform</b>	Google Meet
<b>Organizing dept/ Cell</b>	National Service Scheme Unit No. 49
<b>Coordinator</b>	Sri. Jebin Jacob and Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	Science Forum
<b>Name of the Scheme</b>	National Vector Borne Disease Control Programme - NVBDCP
<b>Outcome/ Benefit of the programme</b>	World Mosquito Day: The monsoon season is when mosquito-borne illnesses including malaria, dengue fever, and chikungunya are most prevalent. World Mosquito Day reminds us that Millions of people worldwide are in danger of dying from it, despite the fact that it is treatable and preventable.



## Programme Report

The Webinar on Mosquito Day (Mosquito a Vector) as part of Science Forum Programme for students organized by the N S S was conducted on 20<sup>th</sup> August 2021.

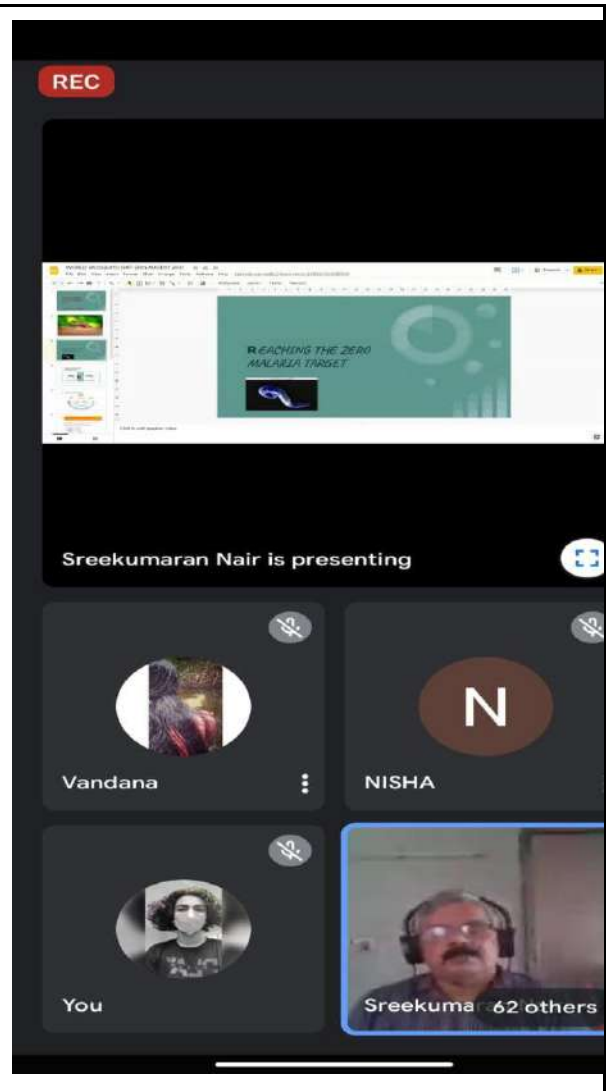
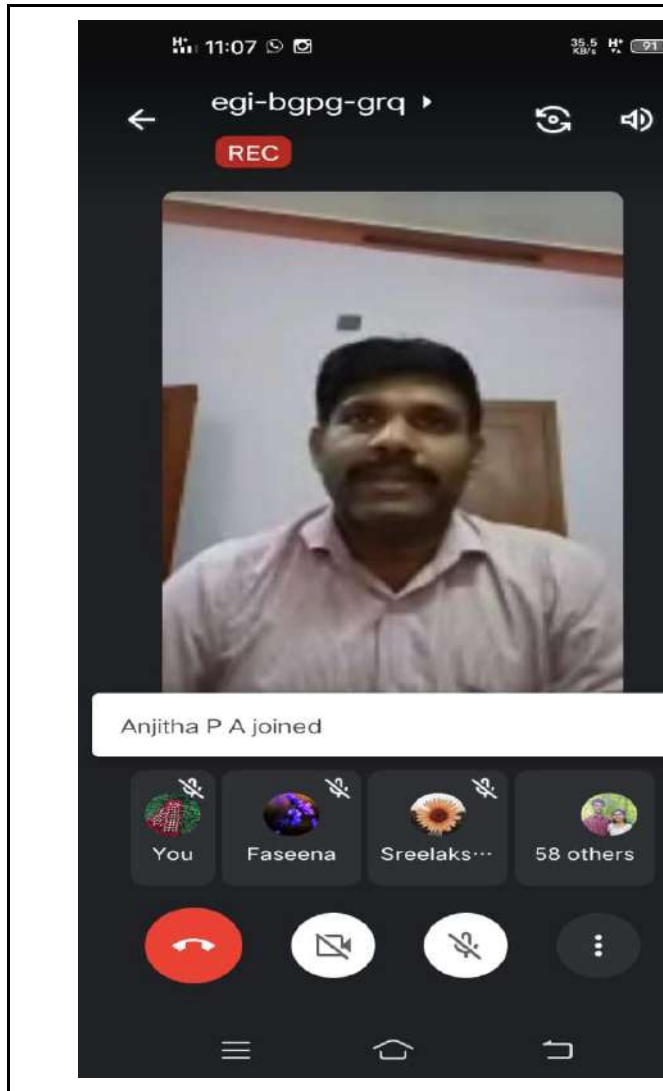
### Programme Description in detail

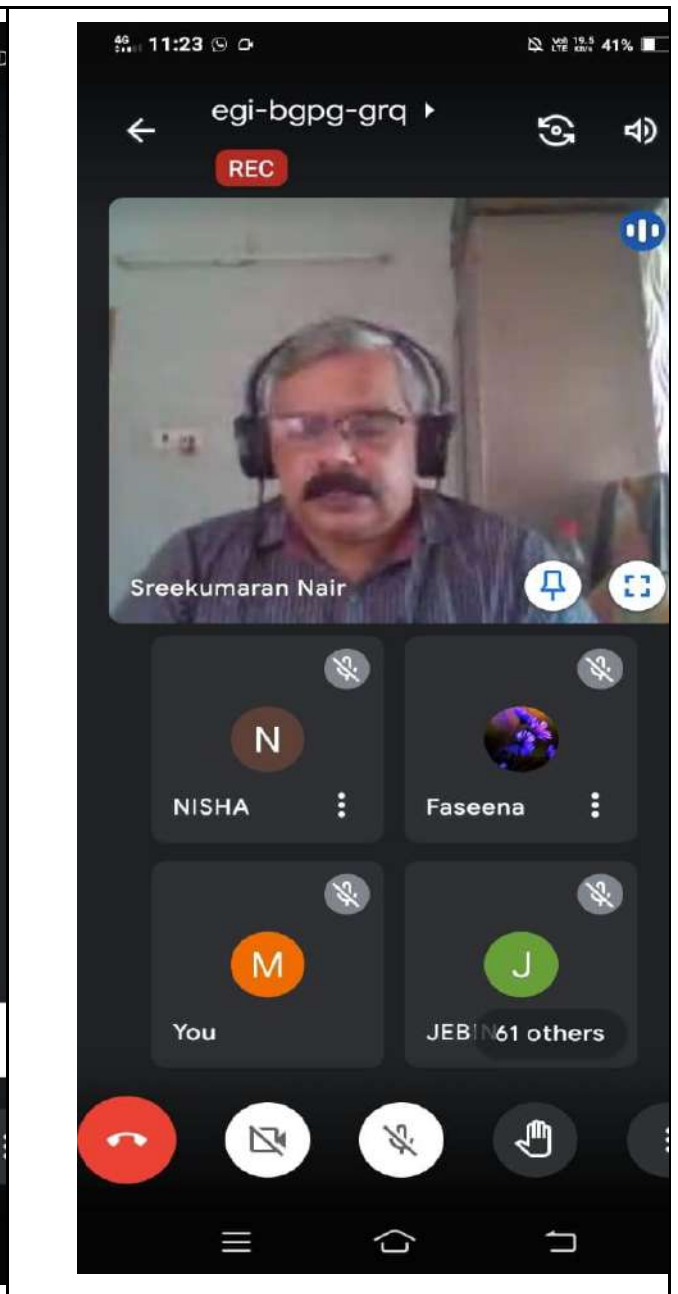
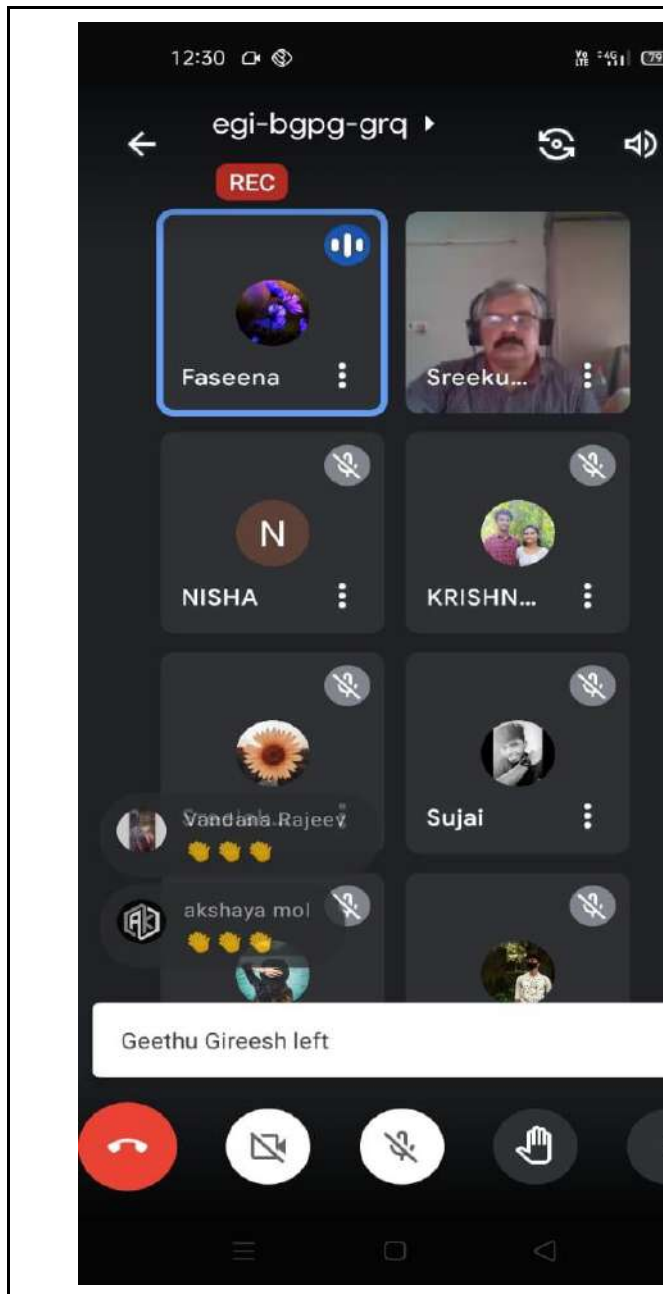
2021 August 20 World Mosquitoday: NSS unit observed world mosquito day to raise awareness about the illness and diseases caused by mosquitoes. As part of observation, a webinar on “Mosquito a Vector” was conducted on Google platform from 11 am to 12pm. over 80 volunteers took part in the webinar. The principal Dr Padma P inaugurated the session and delivered the presidential address. The chief guest M J Sreekumar Nair (Dept. of Zoology), conducted the webinar by providing an overview of the importance of observing mosquito day and explained how to prevent these mosquitoes from causing vector borne diseases like malaria. The session was ended by vote of thanks by NSS volunteer secretary.



## Photo Gallery







## Participants (Attendance Register)

Extension Activity - Mosquito a Vector (Mosquito day)			
Sl No.	Name	School/ College/ Institution	Email Address
1	AKHILA VALSAN	SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA	valsanakhila123@gmail.com
2	Viswan M G	Sree Sankara Vidyapeetom College Valayanchirangara	viswanmg@ssvcollege.ac.in
3	Dr Padma P	Sree Sankara Vidyapeetom College Valayanchirangara	padma.hari.p@gmail.com
4	Sindhu Thomas	Alphonsa college pala	sinchuthomasabc@gmail.com
5	Aswin k m	Rajagiri college of social sciences	bsw210@rajagiri.edu
6	Jayalakshmi ks	Alphonsa college palai	jayalakshmi77@gmail.com
7	Melwin Sam	St. Berchmans College CHRY Kerala	melwinsam4@gmail.com
8	Amaliya Elizabeth	Alphonsa College Pala	amaliyaelizabeth@gmail.com
9	JOSNA JOSE	ALPHONSA COLLEGE PALA	annajosnajose@gmail.com
10	Geophine Georgie	SSV college	geophygeorgie@gmail.com
11	ABHAI A	SSV COLLEGE, AIRAPURAM	ab1017myfav@gmail.com
12	Tessa Joshy	Alphonsa college pala	tessajoshy27@gmail.com
13	Nandana S Kumar	Alphonsa college Pala	nandanaskmr2002@gmail.com
14	Akhil Kurian	Rajagiri College of Social Sciences	bsw205@rajagiri.edu
15	Athulyamol Benny	Alphonsa college Pala	athulyamolbennypanamkutty@gmail.com
16	Unnimaya k u	Alphonsa college,pala	unnimayaku342@gmail.com
17	Jeevan m kurian	SB college cheganacherry	jeevankurian95@gmail.com
18	Liz B Jose	Alphonsa college pala	lizbjose05@gmail.com
19	Juwanamol V. George	Rajagiri College of Social Sciences kalamassery	bsw224@rajagiri.edu
20	Naveena Elizabeth	Alphonsoa College Pala	naveenaelizabeth01@gmail.com
21	Antony	Kuriakose elias college	nanditharajbm@gmail.com
22	Jain Jossy	Rajagiri College of Social Sciences	jainjossy33@gmail.com
23	Anakha Roy	Alphonsa College Pala	anakharoy1510@gmail.com
24	Siya Varghese	Rajagiri College of Social Sciences (Autonomous)	siyavarghese79@gmail.com
25	Shreya Suresh	Alphonsa College Pala	shreyasuresh1711@gmail.com
26	Hamda Amanulla	Rajagiri College of Social Sciences	hamdaaman6@gmail.com
27	Kaveri P.V	Chinmaya college Tripunithura	kaverivenkittaram@gmail.com
28	Lakshmi sathish	Alphonsa college pala	lakshmisathish1804@gmail.com
29	Ajmal Parveena	Alphonsa College	ajmalparveena2000@gmail.com
30	Aiswariya surendran	Alphonsa college pala	aiswariyasurendran002@gmail.com
31	Devika udayan	PRDS college of arts and science,Amara	devikagopu2001@gmail.com
32	Keerthi .k	Alphonsa college,Pala,Kottayam	keerthikarunakaran184@gmail.com
33	Aparna Lal Joseph	Fr. Porukara CMI College of Advanced Studies	aparnalal1321@gmail.com
34	Anupa Sajan	Alphonsa College Pala	anupasajank@gmail.com
35	Nandana Prasad	Alphonsa college Pala	nandana30102@gmail.com
36	Rinu Davis	Rajagiri College of social sciences	bsw231@rajagiri.edu
37	Anjali Soorej	SCMS School of Technology and Management	anjalisoreej@gmail.com
38	Jinnu Mana Jose	Alphonsa college, pala	jinnumaria527@gmail.com
39	Irene Elizabeth Joseph	Rajagiri College of Social Sciences	bsw219@rajagiri.edu
40	Anagha Mahesh	Giriceepam Institute of Advanced Learning	anaghamahendu@gmail.com
41	Anitta Varghese	Alphonsa College Pala	anittavarghese3008@gmail.com
42	Devika	SB College Cheganacherry	devikajain@gmail.com





Extension Activity - Mosquito a Vector (Mosquito day)

Sl No.	Name	School/ College/ Institution	Email Address
1	AKHILA VALSAN	SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA	valsanakhila123@gmail.com
2	Viswan M G	Sree Sankara Vidyapeetom College Valayanchirangara	viswanmg@ssvcollege.ac.in
3	Dr Padma P	Sree Sankara Vidyapeetom College Valayanchirangara	padma.hari.p@gmail.com
4	Sindhu Thomas	Alphonsa college pala	sindhuthomasabc@gmail.com
5	Aswin k m	Rajagiri college of social sciences	bsw210@rajagiri.edu
6	Jayalakshmi ks	Alphonsa college palai	jayalakshmi77@gmail.com
7	Melwin Sam	St. Berchmans College CHRY Kerala	melwinsam4@gmail.com
8	Amaliya Elizabeth	Alphonsa College Pala	amaliyaelizabeth@gmail.com
9	JOSNA JOSE	ALPHONSA COLLEGE PALA	annajosnajose@gmail.com
10	Geophine Georgie	SSV college	geophygeorgie@gmail.com
11	ABHAI A	SSV COLLEGE, AIRAPURAM	ab1017myfav@gmail.com
12	Tessa Joshy	Alphonsa college pala	tessajoshy27@gmail.com
13	Nandana S Kumar	Alphonsa college Pala	nandanaskmr2002@gmail.com
14	Akhil Kurian	Rajagiri College of Social Sciences	bsw205@rajagiri.edu
15	Athulyamol Benny	Alphonsa college Pala	athulyamolbennypnamkutty@gmail.com
16	Unnimaya k u	Alphonsa college,pala	unnimayaku342@gmail.com
17	Jeevan m kurian	SB college cheganacherry	jeevankurian95@gmail.com
18	Liz B Jose	Alphonsa college pala	lizbjose05@gmail.com
19	Juwanamol V. George	Rajagiri College of Social Sciences kalamassery	bsw224@rajagiri.edu
20	Naveena Elizebeth	Alphonsoa College Pala	naveenaelizabeth01@gmail.com
21	Antony	Kuriakose elias college	nanditharajbrn@gmail.com
22	Nandana Rajeev	Rajagiri College of Social Sciences	jainjossy33@gmail.com
23	Jain Jossy	Alphonsa College Pala	anakharoy1510@gmail.com
24	Anakha Roy	Rajagiri College of Social Sciences (Autonomous)	siyavarghese79@gmail.com
25	Shreya Suresh	Alphonsa College Pala	shreyasuresh1711@gmail.com
26	Hamda Amanulla	Rajagiri College of Social Sciences	hamdaaman6@gmail.com
27	Kaveri P.V	Chinmaya college Tripunithura	kaverivenkittaram@gmail.com
28	Lakshmi sathish	Alphonsa college pala	lakshmisathish1804@gmail.com
29	Ajmal Parveena	Alphonsa College	ajmalparveena2000@gmail.com
30	Aiswariya surendran	Alphonsa college pala	aiswariyasurendran002@gmail.com
31	Devika udayan	PRDS college of arts and science.Amara	devikagopu2001@gmail.com
32	Keerthi .k	Alphonsa college,Pala,Kottayam	keerthikarunakaran184@gmail.com
33	Aparna Lal Joseph	Fr. Porukara CMI College of Advanced Studies	aparnalal1321@gmail.com
34	Anupa Sajan	Alphonsa College Pala	anupasajank@gmail.com
35	Nandana Prasad	Alphonsa college Pala	nandana30102@gmail.com
		Rajagiri College of social	



36	Rinu Davis	Rajagiri College of social sciences	bsw231@rajagiri.edu
37	Anjali Soorej	SCMS School of Technology and Management	anjalisooorej@gmail.com
38	Jinnu Maria Jose	Alphonsa college, pala	jinnumaria527@gmail.com
39	Irene Elizabeth Joseph	Rajagiri College of Social Sciences	bsw219@rajagiri.edu
40	Anagha Mahesh	Giriceepam Institute of Advanced Learning	anaghamahendu@gmail.com
41	Anitta Varghese	Alphonsa College Pala	anittavarghese3008@gmail.com
42	Devi Hari	SB College, Changanacherry	devihnair@gmail.com
43	Ayana Satheesan	Fr Porukkara Cmi college Chambakulam	ayanasatheesan2000@gmail.com
44	Liya T Saji	Rajagiri College of Social Sciences	liyatsaji@gmail.com
45	Sari shaji	Alphonsa college ,pala	sarishaji7@gmail.com
46	Able sunny	St berchmans college changanachery	ablesunny45@gmail.com
47	Aiswarya Lakshmi J Nair	St. Berchmans College, Changanassery	aiswaryalakshmi0008@gmail.com
48	Jojomon Joseph	Sb college chry	jojomon1326@gmail.com
49	Sachu John	St. Berchman's College Changanassery	sachujohn003@gmail.com
50	Abhirami Venu	Porukara cmi college	abhiramivenu91@gmail.com
51	Neha Rose Vincent	Rajagiri College of Social Sciences	neharosevincent@gmail.com
52	Anjumariya Sebastian	St.Dominic's College,Kanjirappally,Kottayam	anjumariyasebastian@gmail.com
53	ANANTHAKRISHNAN	SN law college	ananthukrishnae@gmail.com
54	Meenakshi Ullas	Alphonsa College Pala	meenuullas2001@gmail.com
55	Jinu Murali	College	bba335@rajagiri.edu
56	Shobymol Sebastian	Assumption College Autonomous, Changanacherry	shobysebastian01@gmail.com
57	SNEHA M S	Rajagiri College of Social Sciences	bsw221@rajagiri.edu
		Rajagiri College of Social	



PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
VALAYANCHIRANGARA P.O  
(VIA) PERUMBAVOOR

Principal



College Seal



**SREE SANKARA VIDYAPEETOM COLLEGE,  
VALAYANCHIRANGARA**

**Report on "Nasha Mukta Bharath" - Public Awareness Campaign**

<b>Programme Details in a nutshell</b>	
<b>Name of the Event</b>	"Nasha Mukta Bharath" - Public Awareness Campaign
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To tackle the issue of Substance Abuse and a vision to make India Drug Free
<b>Resource Person</b>	Sri. Ebrahim K S, Excise Preventive Officer
<b>Date and Time</b>	8 <sup>th</sup> September, 2021, 7.00 pm
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Students and Public
<b>Venue or Platform</b>	Google Meet
<b>Organising dept/ Cell</b>	National Service Scheme Unit No. 49
<b>Coordinator</b>	Sri Jebin Jacob and Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	Vimukthi Club SSV College
<b>Name of the Scheme</b>	Nasha Mukta Bharat Abhiyaan
<b>Outcome/ Benefit of the programme</b>	Nasha Mukta Bharat Abhiyaan intends to reach out to the masses and spread awareness about substance abuse through various activities like: Awareness Programs. Nasha Mukta Bharat Abhiyaan focus on Higher Educational Institutions, University campuses and Schools. Reaching out to the Community and identifying dependent populations.



## Programme Report

This Programme on Nasha Mukut Bharat campaign as part of Nasha Mukut Bharat Abhiyan programme for Youths organized by the National Service Scheme and Vimukthi Club of SSV College was conducted on 8th September 2021. Students and public from local community were participated in the programme.

The Ministry for Social Justice & Empowerment launched Nasha Mukut Bharat Abhiyan on the occasion of International Day against Drug Abuse and Illicit trafficking, which is observed worldwide to strengthen action and cooperation in achieving the goal of a sustainable world free of substance abuse. The entire world is facing the menace of drug addiction which has a devastating impact on the addicted, individuals, family and a large section of society.

### Programme Description in Detail

#### (Nasha Mukut Bharath CAMPAIGN ESSAY WRITING AND POSTER MAKING

NSS unit conducted an essay writing competition as a part of Nasha Mukut Bharat Campaign, many volunteers participated in the competition. In this Competition, the first prize was Rs. 500/- and second prize was Rs. 250/-.

NSS unit conducted a poster making competition as part of Nasha Mukut Bharat Campaign. Many of the students participated in this programme.

The Ministry for social justice & empowerment launched Nasha Mukut Bharat Campaign on the occasion of International Day against Drug Abuse and Illicit Trafficking, which is observed worldwide to strengthen action and cooperation in achieving the goal of sustainable world free of substance abuse. The entire world is facing the menace of drug addiction which has a devastating impact on the addict, individually, family and a large section of society.

As part of Nasha Mukut Bharat Campaign, a Lecture Demonstration Class was conducted by the NSS unit on the topic 'How the youth can participate in the development of a society' on September 8th in Adwaitha Hall. Resource person was Sri.



Ebrahim K S (Preventive Officer Excise Range Office Muvattupuzha). Students and public from local community were participated in the programme.

**SREE SANKARA VIDYAPEETOM COLLEGE**  
Valayanchirangara

**NATIONAL SERVICE SCHEME**  
UNIT NO : 49

**NASHA MUKT BHARAT CAMPAIGN**  
മാതൃകാ വിദ്യാലയ ഭാരതം  
മുക്തമാക്കലം

**COMPETITION LIST**

- Essay Writing Competition
- Poster Making
- Debate
- Webinar series

**PROGRAM OFFICERS**  
DR.NISHA UNNIKRISHNAN  
JEBIN JACOB

**DR.PADMA P**  
Principal

**STUDENT COORDINATORS**  
SUJAI SUSEEL  
KRISHNAPRIYA S

**NO DRUGS**



SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA



## NATIONAL SERVICE SCHEME

Unit no:49

# Nasha Mukta Bharat

*Webinar on,*  
**"വികസിത സമൂഹ സൃഷ്ടിക്ക് യുവാക്കളുടെ പങ്ക്"**



WELCOME ADDRESS	DR. NISHA UNNIKRISHNAN, Program Officer
INAUGURATION, PRESIDENTIAL ADDRESS	DR. PADMA P, Principal
FELICITATIONS	JEBIN JACOB, program officer VISWAN M.D, Former NSS program Officer
Resource Person	EDRATHI K.S, Preventive Officer Exclae Range office Muvattupuzha
VOTE OF THANKS	KRISHNAPRIYA S



SEPTEMBER 8, 2021  
7:00 pm

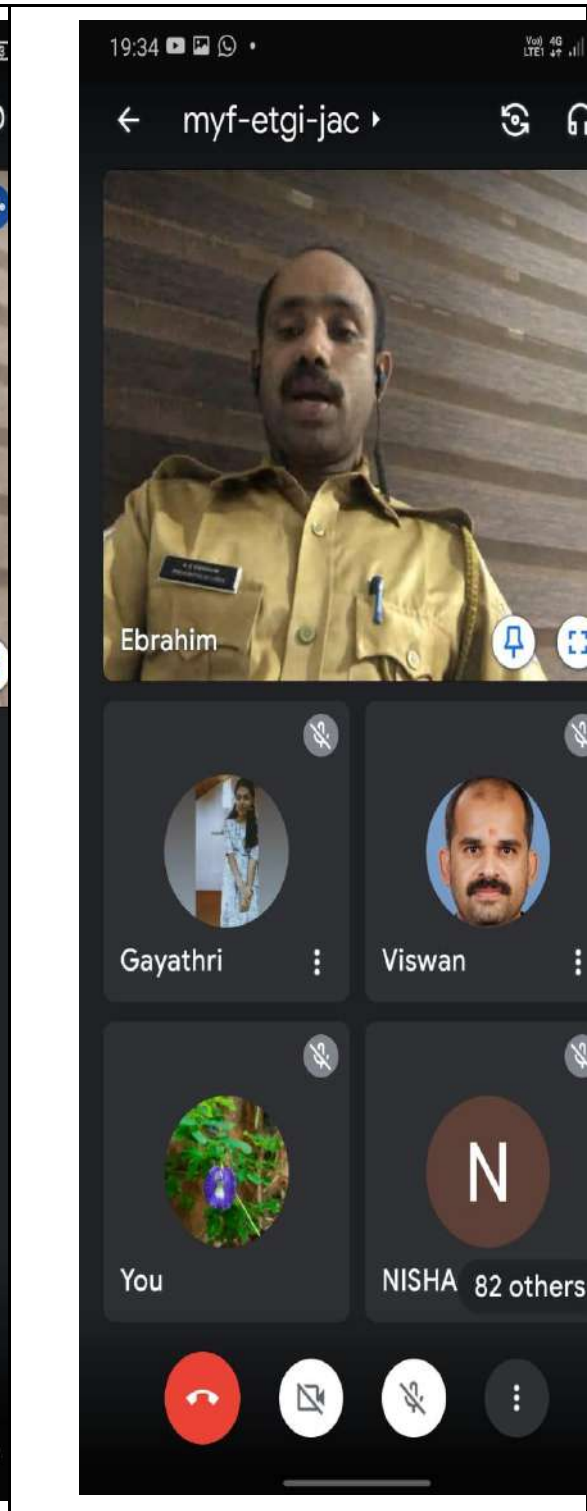
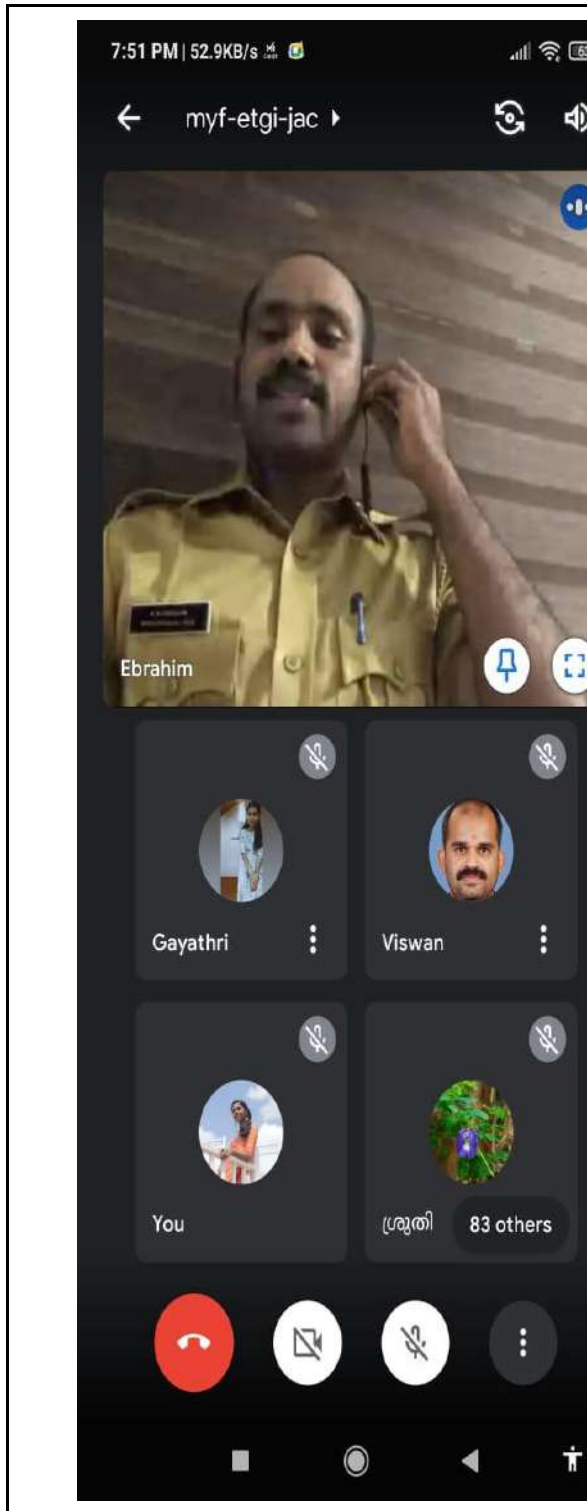


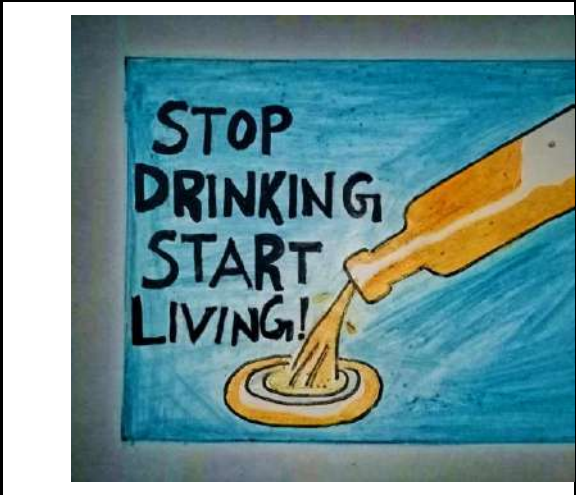
**Program officers**  
Dr Nisha Unnikrishnan  
Jebin Jacob

**Student Coordinator's**  
Sujai Suseel  
Krishnapriya S

### PHOTO GALLERY









## Participants (Attendance Register)

Extension Activity - "Nasha Mukta Bharat Campaign"			
Sl No.	Name	School/ College/ Institution :	Email ID
1	Delna shaji	Alphonsa college pala	delnashaji09@gmail.com
2	MUHAMMAD NASSAL	SSV COLLEGE AYIRAPURAM	nessalnechu11@gmail.com
3	Alby iype	College	albyiype857@gmail.com
4	Abhijith m s	Ssv college irapuram perumbavoor	abhijithsivadas2017@gmail.com
5	Arusha Baburaj	Mar Athanasius College Kothamangalam	arushababuraj123@gmail.com
6	Krishna priya P R	Sree Sankara Vidyapeetom college	krishnapriyapr246@gmail.com
7	VISHNU PRIYA V	K.E College	priyavishnukvta@gmail.com
8	Viswan M G	Sree Sankara Vidyapeetom College Valayanchirangara	viswanmg@ssvcollege.ac.in
9	Vijil sivasankaran	Sree shankara vidhyapeedam college irapuram	vijilsiv@gmail.com
10	Devinandana vp	Sree Sankara vidyapeetom college valayachirangara	prakashvk1585@gmail.com
11	Sreelakshmi manoj	Sree Sankara Vidyapetoom college	sreelakshminanoj202@gmail.com
12	Reema Robin	St . Dominic's college kanjirappally	robinreema21@gmail.com
13	Amrutha Rajeev	Sree Sankara Vidyapeetom College, Airapuram	amrutharajeev674@gmail.com
14	ATHIRA MANOJ	Sree Sankara Vidyapeetom college	athiramanoj0012@gmail.com
15	Sanju Sony	Mar Augustinose College Ramapuram	sanjusonymun@gmail.com
16	Shiney Jacob	Mar Theophilus Training College Nalanchira Thiruvananthapuram	shiney.geogy@gmail.com
17	Aksa varghese	SSV college, valayanchirangara	aksavarghese3003@gmail.com
18	Rahul Rajan	SSV COLLEGE AIRAPUM	rahulrajan9643@gmail.com
19	Anagha P R	Sree Sankara College Kalady	anaghapr26@gmail.com
20	BEEEMA SALIM	Mar Athanasius college	beemasalim05@gmail.com
21	Krishnapriyaeh	Ssv college irapuram valayanchirangara	krishnapriyahari1998@gmail.com
22	Arathi Subramanian	Sree sankara vidyapeetom college, valayanchirangara	arathiachu2001@gmail.com
23	Saritha Thankappan	St dominic's college kanjirappally	sarithathankappan513@gmail.com
24	Sarga. S	Mdit polytechnic college Uliyeri	sargasarga182@gmail.com
25	Abina kb	Mes college marampally	abinakb2000@gmail.com
26	Maneesh kumar	Mes college maramapally	maneesh.kumar.edayar@gmail.com
27	Amrutha Sajeev	MES MK Makkar Pillai College for Advance Studies Edathala	ammusajeevc3806@gmail.com
28	Geophine Georgie	Ssv college	geophygeorgie@gmail.com
29	PRAVEEN K R	Sree Sankara Vidyapeetom College, Valayanchirangara	praveenkr@ssvcollege.ac.in
30	Arya.B	MES college Marampally	aryayaeeely@gmail.com
31	Deepak MV	Mes college marampally	deepakmv884@gmail.com
32	Muzammil Jamal	SSV College,Perumbavoor	muzammiljamal11@gmail.com
33	Ebrahim Badusha O A	Bharath matha collage of commerce and arts, Aluva, the	badushaebrahim62@gmail.com
34	Fathima Suhara	MES College	fathimathu24680@gmail.com
35	Safna K S	Sree Sankara college,Kalady	saleemkizhukkanam@gmail.com
36	SNEHA VARGHESE	Collage	snehavarghese0156@gmail.com
37	Krishna viswanathan	Sree sankara vidyappetam college, airapuram	krishnaviswanathan08@gmail.com
38	Amala K S	SSV College Airapuram	Amalaksdevi@gmail.com
39	P S Afra Shameer	MES College Marampally	afrashameer81@gmail.com
40	Kaveri P.V	Chinmaya college	kaverivenkittaram@gmail.com
41	Leya Aby	S.S.V.college Valayanchirangara	leyaaby2001@gmail.com
42	Jenna fathima	MES COLLEGE MARAMPALLY, ALUVA	jennajahangir16@gmail.com



Sl No.	Name	School/ College/ Institution	Email Address
43	Muhammed Jassil KI	EDATHALA MES COLLEGE FOR ADVANCE STUDIES	jassilmuhammed024@gmail.com
44	Arunima.K.M	MES Mackarpillay collage	arunimarahu1972@gmail.com
45	GREGORY K ELDHOSE	MES COLLEGE MARAMPALLY	gregorykeldhose@gmail.com
46	Elna Jude	MRS College, Marampally	elnajude123@gmail.com
47	Saranya Vijayan	Mar Athanasius college kothamangalam	saranyavijayan2001@gmail.com
48	Dr.Kochuthresia Jose	The Cochin College	kochujoze@gmail.com
49	Arjun biju	SCMS	arjunbijunarayan@gmail.com
50	JITHINRAJ.M	GPTC KANNUR	jithinrajm8078@gmail.com
51	Anjali Soorej	scms	anjaliscorej@gmail.com
52	Jannath PB	MES collage marampilly Aluva Ernakulam	jannathjannu72@gmail.com
53	Suryaja V O	St Mary's College Manarcaud	www.suryajavo99@gmail.com
54	JOSEPH T VARGHESE	K.E COLLEGE MANNANAM	sarvajanjik2015@gmail.com
55	LUBNA LUDHEEN	SCMS SCHOOL OF TECHNOLOGY AND MANAGEMENT, KALAMASSERY, KOCHI	lubnalubz26@gmail.com
56	REVATHY R	Mar Ivanios College for Advanced Studies, Chengaroor, Mallappally	revathyroji.014@gmail.com
57	SHEHIN SHA	MES MK MACKAR PILLAY COLLEGE FOR ADVANCED STUDIES, EDATHALA	shehinsha283@gmail.com
58	Sunu varughese	Micfast college	plankottathil@gmail.com
59	Akhila IS	SSV college valayanchirangara	akhilaisseeja@gmail.com
60	Aleena m h	School	aleenamh8@gmail.com
61	Sharon T shiju	MES College Marampally	sharonshiju1027@gmail.com
62	Dr Vinesh Attatappa	Avvaiyar government college for women Karakal SSV COLLEGE	attatappa85@gmail.com
63	Jithole jose	VALAYANCHIRANGARA	jitholejose2k@gmail.com
64	Adhithia Shaju	Sree sankara vidhyapeedom collage valayanchirangara	adhithiashaju222@gmail.com
65	Eby Mathai	St Mary's college thurithiply,perumbavoor	ebymathai0@gmail.com
66	Anjana v s	Government arts and science college vypin	anjanavs2020@gmail.com
67	Sanjay R Menon	Government Vypin Arts And Science College, Elankunnapuzha, Vypin, Ernakulam	sanjaymenon992@gmail.com
68	Jobin Sebastian	Fr porukara cmi collage of advanced studies	neipurakadaviljobin@gmail.com
69	Aparna Lal Joseph	Fr. Porukara CMI College of Advanced Studies	aparnalal1321@gmail.com
70	Noble james	Fr porukara cmi college of advanced studies chambakulam	noblejames8232@gmail.com
71	Akhil CA	Fr porukkara CMI college of advanced studies	akhilca1057@gmail.com
72	Athul Philip	Fr porukara CMI college of advanced studies	philipjunior007@gmail.com
73	Jesmine Clara Joseph	Fr. Thomas Porukkara Collage Champakulam	jessmindedarajoseph1808@gmail.com
74	Akshay s Kumar	Vypin govt arts and science College elamkunapuzha	akshaysk001@gmail.com
75	Muhammed Abu Thahir	College	thahirbinmuhzin2@gmail.com
76	Nandhu S Nair	Fr porukara CMI collage of advanced studies	nandhusnair01@gmail.com
77	SHIBINI T S	Vypin Govt.Arts and science college Elamkunnapuzha	ccshibinits@gmail.com
78	Aiswarya Suresh	Fr porukara CMI college, Champakulam, Alappuzha	aiswaryasuresh2233@gmail.com
79	Lucy maria A. V	Vypin govt. Arts and science college, Elamkunnapuzha	mariavarghese455@gmail.com
80	Shanu Shaji	Fr porukara CMI College	shanushaji876@gmail.com
81	Sneha Sanal	College	snehasanal2001@gmail.com
82	Gowri R Nath	Fr Porukkara CMI college of advanced studies	gowrimath000@gmail.com
83	Sruthy mol T.L	Fr.porukkara CMI college of Advanced Studies Chambakkulam	ammuzzsruthy225@gmail.com
84	Meera.S	Fr.Porukkara CMI college of advanced studies champakulam	meerashiju23@gmail.com

Principal

College Seal





## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on “Creating Hope Through Action” on World Suicide Prevention Day Campaign

Programme Details in a nutshell	
<b>Name of the Event</b>	<b>Creating Hope Through Action - World Suicide Prevention Day Campaign</b>
<b>Nature of the Event</b>	Extension Activity - Webinar
<b>Objectives</b>	On 10th of September each year focuses attention on the issue, reduces stigma and raises awareness among organizations, government, and the public, giving a singular message that suicide can be prevented. “ <b>Creating Hope Through Action</b> ” is the triennial theme for the World Suicide Prevention Day
<b>Resource person</b>	Dr. Geetha A N, Dept. of English, SSV College
<b>Date and Time</b>	10 <sup>th</sup> September 2021
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Students and Public
<b>Venue or Platform</b>	Google Meet
<b>Organising dept/ Cell</b>	National Service Scheme Unit No. 49
<b>Coordinator</b>	Sri. Jebin Jacob and Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	Counseling Cell
<b>Name of the Scheme</b>	International Association for Suicide Prevention (IASP)
<b>Outcome/ Benefit of the programme</b>	<b>Provides worldwide commitment and action to prevent suicide.</b>



## **Programme Report**

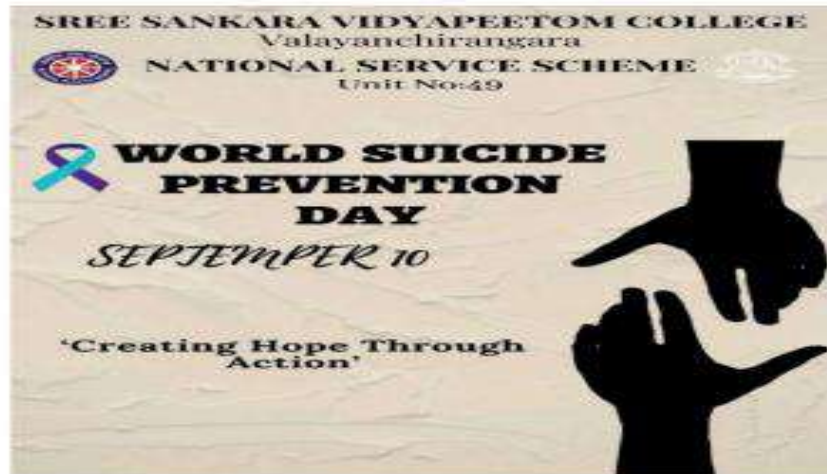
The Webinar on “Creating Hope through Action” as part of World Suicide Prevention Day for Students, Teachers and public from neighborhood community organized by NSS unit No. 49 of the College and Counselling Cell was conducted on 10<sup>th</sup> September 2021.


### **Programme Description in detail**

Every year 10<sup>th</sup> September is observed as World Suicide Prevention Day. The NSS unit of SSV College observed World Suicide Prevention Day on 10<sup>th</sup> September 2021 with the aim of creating awareness among people to avoid committing suicide and to prevent it. The day was observed by conducting a webinar on the topic “Creating Hope through Action” participating students, teachers and invitees from the local community of Ward 2 of Mazhuvannoor Grama Panchayath. The session was started by 7:30pm through google meet. The topic was handled by Dr Geetha A N, Department of English, SSV College. About 80 participants attended in the program. The session ended at 8:30pm and the class was really informative and imparted awareness about Prevention of Suicide.

### **POSTER / BROCHURE**







**SREE SANKARA VIDYAPEETOM COLLEGE**  
 VALAYANCHIRANGARA

**NATIONAL SERVICE SCHEME**  
 Unit no :49

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*World Suicide Prevention Day*

Webinar on  
**"CREATING HOPE THROUGH ACTION"**



Resource Person,  
**Dr. GEETHA A.N**  
 ENGLISH DEPARTMENT  
 SREE SANKARA VIDYAPEETOM,  
 COLLEGE

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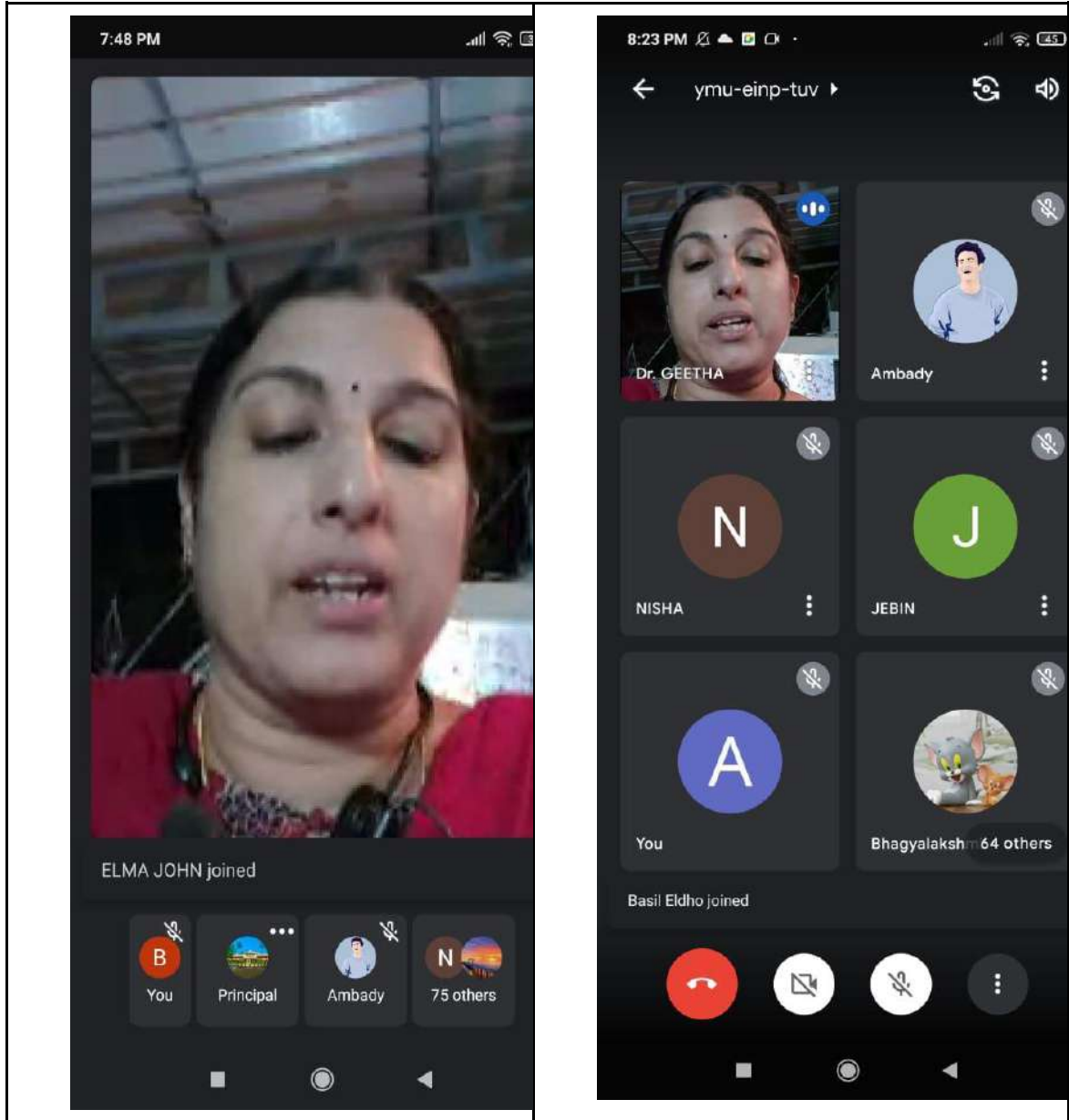
10/9/2021	7:30 PM
GOOGLE MEET 	

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<b>Program Officers</b> Dr. Nisha Unnikrishnan Jebin Jacob	<b>Student Coordinators</b> Krishnapriya S Sujai Suseel
--	---



# PHOTO GALLERY



## Participants Attendance

Sl No.	Name	College	Email ID
1	Safna K S	Sree Sankara college, Kalady	saleemkizhukkanam@gmail.com
2	SNEHA VARGHESE	Sree sankara vidyappetam college	snehavarghese0156@gmail.com
3	Krishna viswanathan	Sree sankara vidyappetam college, airapuram	krishnaviswanathan08@gmail.com
4	Amala K S	SSV College Airapuram	Amalaksdevi@gmail.com
5	P S Afra Shameer	MES College Marampally	afrashameer81@gmail.com
6	Kaveri P.V	Chinmaya college	kaverivenkittaram@gmail.com
7	Leya Aby	S.S.V.college Valayanchirangara	leyaaby2001@gmail.com
8	Jenna fathima	MES COLLEGE MARAMPALLY, ALUVA	jennajahangir16@gmail.com
9	Muhammed Jassil KI	EDATHALA MES COLLEGE FOR ADVANCE STUDIES	jassilmuhammed024@gmail.com
10	Arunima.K.M	MES Mackarpillay collage	arunimarahul1972@gmail.com
11	GREGORY K ELDBOSE	MES COLLEGE MARAMPALLY	gregorykeldhose@gmail.com
12	Sanjay R Menon	Government Vypin Arts And Science College, Elankunnapuzha, Vypin, Ernakulam	sanjaymenon992@gmail.com
13	Jobin Sebastian	Fr.porukara cmi collage of advanced studies	nelpurakadaviljobin@gmail.com
14	Aparna Lal Joseph	Fr. Porukara CMI College of Advanced Studies	aparnalal1321@gmail.com
15	Noble james	Fr.porukara cmi college of advanced studies chambakulam	noblejames8232@gmail.com
16	Akhila Valsan	Sree Sankara Vidyapeetom College Valayanchirangara	valsanakhila123@gmail.com
17	DEVIKA PRASAD	Ssv College	devikaprasadpzm@gmail.com
18	SHIKHA T SHIJU	Sree Sankara Vidyapeetom College, Valayanchirangara	jessyshiju27@gmail.com
19	Ranjith P R	SNDPHSS PALISSERY	pranjith609@gmail.com
20	Sharon T shiju	Al-Ameen College Edathala	sharonshiju1027@gmail.com



21	ARCHANA RAVI	MES College Marampally	mail2unni3610@gmail.com
22	Vyshnav K B	MA COLLEGE KOTHAMANGALAM	vyshnavkb648@gmail.com
23	Ann Baby Christly Das	Naipunnya Institute of Management and Information Technology	christlydas@gmail.com
24	Nihal Shirin	Naipunnya	nihalshirin12@gmail.com
25	Hanana M.A	MES College Marampally	hananaanu16@gmail.com
26	SILPA CHANDRAN	MES College Marampally	silpasiluchandran@gmail.com
27	Aswathy k.m	The Cochin College, Kochi-02	kmaswathy3@gmail.com
28	Freedia Sebastian	MES college marampilly	freedias_bc19-21@macfast.ac.in
29	Keerthana N Saseendran	MACFAST	keerthanans21@gmail.com
30	Sarath Mohanan C	Sree sankara vidyapeetom college valayanchirangara	csarathmohanan@gmail.com
31	Sobin Shajan	B A Economics	sobinshajan404@gmail.com
32	Roshan k roy	BA ECONOMICS	roshankroy246@gmail.com
33	Geethugireesh	1st year B.com model1 computerapplication	geethukunji321@gmail.com
34	Kashinath A	Bcom model 1 computer application	kashinathanish888@gmail.com
35	Alen Eldho	Bsc computer science	aleneldho22@gmail.com
36	Niranjana K M	Bsc Computer science	niranjaneerajmikk@gmail.com
37	Basil Saji	BA English	basilsajidolly@gmail.com
38	Jishnu Soman	1 year B. Com Model1 Computer Application	jishnuenjappuzhayil@gmail.com



College Seal

  
 PRINCIPAL  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR

Principal





## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on - Community Awareness programme -Bygone Times of Youth Red Cross Society and COVID-19: The facts!

Program Details in a nutshell	
<b>Name of the Event</b>	Community Awareness Programme - Bygone times of Youth Red Cross Society and COVID-19- The facts!
<b>Nature of the Event</b>	Extension Activity - One day Webinar
<b>Objectives</b>	To let the students get informed about the role of youths in providing services to the public especially in the times of COVID-19 and the bygone times of YRCS which once used to be diligent and dynamic
<b>Resource person</b>	Sri. K V Bijoy, Sri. Lenin Kumar and Sri. Aravind Sajeevan
<b>Date and Time</b>	13/11/2021, 10.00 am
<b>Duration</b>	One Day
<b>Beneficiaries</b>	Members of YRCS and public
<b>Venue or Platform</b>	Google meet
<b>Organizing dept. / Cell</b>	Youth Red Cross Society (YRCS)
<b>Coordinator</b>	Smt. Poornima M P and Sri. Sanal Raj
<b>Associating Agency</b>	Department of Health Services, Family Health Centre, Mazhuvannur
<b>Fund details if any</b>	NIL
<b>Outcome/ Benefit of the Program</b>	The impact of the classes on youth would have certainly helped them to have a better outlook on society.



## PROGRAM REPORT

The Youth Red Cross Society (YRCS) of Sree Sankara Vidyapeetom College, Valayanchirangara organized a webinar on 'Bygone times of YRCS & COVID -19-The facts!' in association with the Department of Health Services of Family Health Centre, Mazhuvannur on 13th November, 2021. The prime aim of the programme was to let the students get informed about the role of youths in providing services to the public especially in the times of COVID-19 and the bygone times of YRCS which once used to be diligent and dynamic.

The programme was inaugurated by Sri. Joy Paul, Chairman of IRCS, Ernakulam. The meeting was presided by Dr. Padma P, Principal of Sree Sankara Vidyapeetom College and Smt. Poornima M.P. (YRCS Program officer), delivered the welcome address. Sri. Sanal Raj (External Coordinator, YRCS) cast vote of thanks and the felicitation was rendered by Sri. Viswan M.G. (Asst. Prof, Dept. of Commerce).

### Programme Details

The Programme was broken down into three sessions.

**Session-1** which lasted from 10.30 am to 11, 45 am was conducted by Sri. K.V. Bijoy (Chairman, YRC, Ernakulam). He talked about 'Red crescent movement to Red Cross'. It emphasized on how both Red Crescent and Red Cross, which are actually different symbols for the same international agency got formed and how it served providing relief for the prisoners of war, inspecting conditions at prisons and mostly helping with humanitarian relief in times of disasters. The only difference between Red Cross and Red Crescent is the countries which they serve and as the name suggests, cross being a symbol of Christianity while crescent is more of an Islamic symbol.


The second session, **Session-2**, was handled well by Sri. Lenin Kumar (Jr. Health Inspector, FHC, Mazhuvannur) on 'First and Second waves of COVID -19' from 12.00 pm to 3.30 pm. The class discussed about how challenging and severe was the first two successive waves of COVID-19, its influence on the lives of people including its impact on job and suppression of daily income. The role of medical field was outstanding and top notch giving everything to save the lives of people and how they successfully tackled the ongoing pandemic to an extent. Everyone who worked during the time was mentioned with much respect as the way they deserved.

The final session, **Session-3**, managed by Sri. Aravind Sajeewan (Former YRCS Coordinator) and Sri. Sanal Raj (External Coordinator) on 'SSV-YRCS Activities - An overview' from 2.00 pm to 3.30 pm. This session reviewed about the YRCS activities done by the members in our college especially during the times of COVID-19 and how it helped the society.




The meeting helped the participants to clear out all their doubts regarding all topics and they were convinced. The impact of these classes on youth would have certainly helped them to have a better outlook on the society.

## Brochure




**Sree Sankara Vidyapeetom College**  
**Valayanchirangara**  
NAAC Re-accredited with 'A' grade  
**2021-2022**

Inauguration of  
**Youth Red Cross Society**  
and  
**Bygone times of YRCS & COVID-19- The facts!**



Organised by  
**Youth Red Cross Society**  
Unit no. 45

In association with



**Department of Health Services,**  
**Family Health Centre,**  
**Mazhuvannur**

Platform : Google Meet

Time:10.00 am  
Date:13/11/2021

### Programme Schedule

10.00am-10.30 am. : Inaugural Function

Welcome Address : Smt. Poornima M. P  
(YRCS Programme officer)

Presidential Address : Dr. Padma P  
(Principal, SSV College)

Inaugural Address : Sri. Joy Paul  
(Chairman , IRCS, Ernakulam)

Felicitation : Sri. Viswan M. G  
(Asst. Prof , Dept. of commerce)

Vote of thanks : Sri. Sanal Raj  
(External Coordinator, YRCS)

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**Session 1** (10.30 am-11.45am)  
Resource Person : Sri. K. V Bijoy  
(Chairman, YRC, Ernakulam)  
Topic : Red Crescent Movement to Red Cross  
Vote of thanks

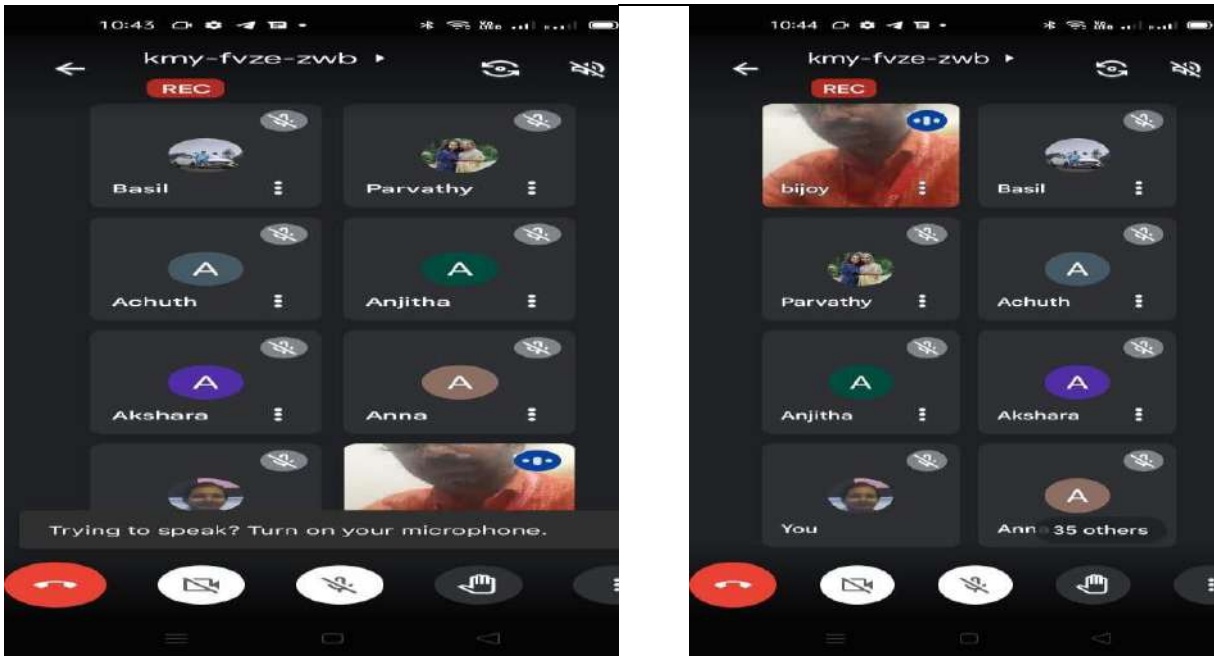
**Session 2**(12.00pm - 1.15 pm)  
Resource Person : Sri. Lenin Kumar  
(Jr. Health Inspector, FHC Mazhuvannur)  
Topic : 1st and 2nd waves of COVID-19  
Vote of thank(2.00pm - 3.30 pm)

**Session 3** (2.00pm - 3.30 pm)  
SSV - YRCS Activities- An overview  
Resource Person : Sri. Aravind Sajeewan  
(Former YRCS Coordinator)  
Sri. Sanal Raj  
(External Coordinator)

**For more details :** Smt. Poornima M. P (Programme Officer, YRCS) 9895334327  
Sri. Sanal Raj (External Coordinator, YRCS) 7558884307

## PHOTO GALLERY






### Participants Attendance



Bygone times of YRCS and COVID-19: The facts!			
Sl No.	Name	Department	Mobile No.
1	Aswathy Jayakumar	B Com Finance & Tax	9495628729
2	Aswathy Raj	Bsc Computer Science	9895547621
3	Aswin vidhyadharan	BA Hindi	8592079564
4	Athira km	Bsc Physics	9048810458
5	Athul Mohan	B Com Finance & Tax	7736610483
6	BASIL ELDHO	Bsc Chemistry	9400378089
7	Basil Saji	BA English	9207593160
8	Ben Paul Varghese	Bsc Chemistry	9961493857
9	BHAGYALAKSHMI V NAIR	Bsc Chemistry	7012178264
10	Christo Paul	B Com Finance & Tax	9567901783
11	Devakrishnan T A	B Com Finance & Tax	7994686254
12	Diljith Suresh	B Com Finance & Tax	8590689034
13	Elma John	B Com Finance & Tax	8606240171
14	Gayathri Neelakandhan	B Com Finance & Tax	8301967962
15	Geethu Gireesh	B Com Computer Application	9947702748
16	Gopika K Nair	Bsc Computer Science	6282868080
17	Greeshma R Pillai	B Com Finance & Tax	7025762087
18	HARIKRISHNAN TS	BA Economics	8137954629
19	Harshankar babu	Bsc Chemistry	9846137324
20	Hridya e manoj	B Com Finance & Tax	7510124373
21	Josna K.J	BA Hindi	7510299030
22	Kadeeja Muhammed	Bsc Computer Science	9778064087
23	KASHINATH A	B Com Computer Application	7736953201
24	KRISHNA PRIYA S	Bsc Maths	7559986179
25	Malavika Kaladharan	B Com Finance & Tax	9497099454
26	Maybel Margrete Alex	Bsc Physics	9778240052
27	Ms ANANDHAKRISHNA N	B Com Computer Application	9188608728
28	Neeraja surendran	Bsc Chemistry	7306035673
29	Niranjana K M	Bsc Computer Science	9188194447
30	Parvathy S	BA English	9447309091
31	Pranav Edappattu	Bsc Computer Science	9946416947
32	Remith Unnikrishnan K	Bsc Physics	8589875814
33	Roshan k Roy	BA Economics	7736755638
34	Sandeep c s	B Com Finance & Tax	9633269907
35	SANDRA KRISHNA M	Bsc Computer Science	9207592760
36	Sharafiya K N	BA English	6282369106
37	Shilpa B	BA English	9188363538
38	Sobin Shajan	BA Economics	9061135292
39	Sreelakshmi K R	Bsc Chemistry	9061299380

  
 PRINCIPAL  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR

Principal



College Seal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Promoting Food Safety Practice - "Preparation of Natural Veg-Wash and Non-Veg Wash"

Program Details in a nutshell	
<b>Name of the Event</b>	Promoting Food Safety Practice - "Preparation of Natural Veg-Wash and Non-Veg Wash"
<b>Nature of the Event</b>	Extension Activity - One day Workshop
<b>Objectives</b>	Emphasizing the importance of Food Safety and promoting Food Safety Practice
<b>Resource person</b>	Sri. Bineesh Sivan, Head of R&D at Xyone Research
<b>Date and Time</b>	19/11/2021, 10.30 am
<b>Duration</b>	3 hours
<b>Beneficiaries</b>	Neighborhood Resident Association and staff and students of SSV College
<b>Venue or Platform</b>	Chemistry lab, SSV College, Valayanchirangara
<b>Organizing dept./ Cell</b>	Department of Chemistry, Youth Red Cross Society (YRCS) and Swachh Bharath Abhiyan
<b>Coordinator</b>	Smt. Poornima M P, Asst. Professor, Dept. of Chemistry
<b>Associating Agency</b>	Department of Chemistry
<b>Fund details if any</b>	NIL
<b>Outcome/ Benefit of the Program</b>	The programme gives an opportunity to get an access to safe and nutritious food for sustaining good life

#### Program Description in detail



A jointly organized workshop was conducted by the Youth Red Cross Society of Sree Sankara Vidyapeetom College and the Post-Graduate Department of Chemistry with a Swachata Action Plan aimed at purifying chemically rich food materials. The workshop focused on emphasizing the importance of food safety and providing participants with the knowledge and skills to ensure access to safe and nutritious food for sustaining a good life.

#### **Date and Participants:**

The workshop took place on November 19, 2021, and was attended by members of neighborhood Resident Association and students and faculty members from Sree Sankara Vidyapeetom College. The participants included members of the Youth Red Cross Society, students from the Post-Graduate Department of Chemistry, and other invited individuals from local community.

#### **Workshop Activities:**

**Inauguration:** The workshop began with an inaugural ceremony where the event's objectives were outlined by the organizers. The significance of food safety and the importance of the Swachata Action Plan in ensuring the purification of chemically rich food materials were highlighted.

**Sessions on Food Safety:** Expert speakers, including Sri. Bineesh Sivan, Head of R&D at Xyone Research, and Smt. Poornima M.P., Assistant Professor in Chemistry and YRCS coordinator of the college, conducted informative sessions on food safety. They discussed various aspects of food contamination, the risks associated with chemically rich food, and methods to ensure safe consumption.

**Swachata Action Plan Demonstration:** Participants were given practical insights into the purification of chemically rich food materials through the Swachata Action Plan. Under the expert guidance of Sri. Bineesh Sivan and Smt. Poornima M.P., attendees got involved in the preparation of veg and non-veg wash solutions in the college's chemistry lab.



**Hands-on Activities:** The workshop provided an interactive experience where participants actively engaged in the purification process. They learned about the appropriate use of chemicals and techniques to remove harmful substances from food items effectively.

**Q&A and Discussion:** To encourage active participation, a question-and-answer session followed the practical activities. Participants had the opportunity to clarify doubts and deepen their understanding of food safety and purification techniques.

**Key Outcomes:**

The joint efforts of the Youth Red Cross Society and the Post-Graduate Department of Chemistry resulted in a successful workshop that achieved the following outcomes:

**Increased Awareness:** Participants gained a deeper understanding of food safety issues and the importance of consuming chemically safe food.

**Skill Development:** Attendees acquired practical skills in purifying food materials through the Swachata Action Plan.

**Empowerment:** Participants were empowered with knowledge and techniques to ensure access to safe and nutritious food, contributing to a healthier lifestyle.

**Networking and Collaboration:** The workshop fostered collaboration between the Youth Red Cross Society and the Department of Chemistry, creating a platform for future joint initiatives.

The jointly organized workshop on food safety and the Swachata Action Plan at Sree Sankara Vidyapeetom College was a resounding success. Through expert sessions, practical demonstrations, and interactive activities, participants were equipped with the necessary knowledge and skills to purify chemically rich food materials effectively. This initiative played a crucial role in promoting the availability of safe and nutritious food, contributing to the overall well-being of individuals and the community.

**PHOTO GALLERY**









**Preparation and Distribution of Veg-Wash and Non-Veg Wash**

**BROCHURE**

**SREE SANKARA VIDYAPEETOM COLLEGE VALAYANCHIRANGARA**  
 AFFILIATED TO MAHATMA GANDHI UNIVERSITY, KOTTAYAM  
 & REACCREDITED WITH 'A' GRADE BY NAAC

**"One day workshop on 'Preparation of natural Veg wash and Non-veg wash'".**

Jointly organised by  
 Swatchata Action Plan, Youth Red Cross Society and Department of Chemistry

Date- 19/11/2021 Time- 10.30am Venue : Chemistry lab

**Resource Person : Sri. Bineesh Sivan**  
 BSc Chemistry Alumni, SSV College, Head of R & D (xyone research and R & D formulation consultant of new products).

**Principal**  
 Dr. PADMA P

**Program Co-ordinator**  
 Smt. Poornima M P

**Participants Attendance**





SREE SANKARA VIDYAPEETOM COLLEGE

Valayanchirangara (P.O.), Perumbavoor.

Affiliated to Mahatma Gandhi University, NAAC Accredited at the 'A' Level

Programme Name: One Day Workshop - Preparation of

Date: Natural Veg. and Non Veg. Wash.

Organised By: YRCS, Dept. of Chemistry, UBA.

Attendance Sheet

Sl.No.	Name	Admn No	Course	Signature
1	Deepa .L		B.A Hindi	Deepa
2	Jobin Saju		B.com Tax	Jobin
3	Parvathy. Biju .		B.com Tax.	Parvathy
4	Vascha .		B.A. Economics.	Vascha
5	Sivaja Musaleedharan		BA English	Sivaja
6	Sree Lakshmi		BA Economics	Sree
7	Nikhil g.		B.A Hindi	Nikhil
8	Pasthipan s		B.com (computer)	Pasthipan
9	Siddharth .S.		B.com Tax.	Siddharth
10	Sanal Shaju		B.com Computer	Sanal
11	Rakhi		B.A History	Rakhi
12	Aayin A		B.com CA	Aayin
13	Nandana VR		B.com Fin & Tax	Nandana
14	Aanya Ashok		B.A English	Aanya

Dr. Padma P. PRINCIPAL IN CHARGE SREE SANKARA VIDYAPEETOM COLLEGE VALAYANCHIRANGARA PERUMBAVOOR - 681 557



Perumia M.P. JP

Sl.No.	Name	Admn No	Course	Signature
15	Aiswarya Samesh		BSc Maths	Aiswarya
16	Parvathy Sunil		B.com Econ	Parvathy
17	Aneela Siddique		BA History	Aneela
18	Muvin Eelha		BA History	Muvin
19	Fathima Reema		BA History	Fathima
20	Abhy M.R.		B.com Tax	Abhy
21	Adithyan ES		B.com (CA)	Adithyan
22	Fathima Narsin V.B.		BA History	Fathima
23	Keethana PS		BA History	Keethana
24	Akshay Visavacumar		B.com CA	Akshay
25	Sona Gabriel		BA Economics	Sona
26	Fathima Reema Mervin Kethu Minnath		BA History	Fathima
27	Anand Raj		Bsc CS	Anand
28	Parvathy P.M.		B.Sc. Chemistry	Parvathy
29	LIDURTI UNNIKRISHNAN		'	Lidur
30	Shwapaarya K.P.		'	Shwapaarya

Dr. PADMA P. PRINCIPAL IN CHARGE SREE SANKARA VIDYAPEETOM COLLEGE VALAYANCHIRANGARA PERUMBAVOOR - 681 557



Perumia M.P. JP

PRINCIPAL SREE SANKARA VIDYAPEETOM VALAYANCHIRANGARA P O (VIA) PERUMBAVOOR

Principal



College Seal



# SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

## Report on Outreach Program - Distribution of Veg-Wash and Non-veg Wash Project

Programme Details in a Nutshell	
<b>Name of the Event</b>	Distribution of Veg-wash and Non-veg wash to Local Community of College Area Residence Association
<b>Nature of the Event</b>	Outreach Program
<b>Objectives</b>	Emphasizing the importance of Food Safety and promoting Food Safety Practice
<b>Date and Time</b>	22/12/2021, 2.00 pm
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Members of College Area Residents Association
<b>Venue or Platform</b>	SSV College, Valayanchirangara
<b>Organising dept/ Cell</b>	Department of Chemistry, Youth Red Cross Society (YRCS) and Swachh Bharath Abhiyan
<b>Coordinator</b>	Smt. Poornima M P, Dept. of Chemistry
<b>Fund details if any</b>	Department of Chemistry
<b>Outcome/ Benefit of the Program</b>	The Program gives an opportunity to the Members of College Area Residence Association for getting awareness on emphasizing the importance of Food Safety and promoting Food Safety Practice and an access to safe and nutritious food for sustaining good life



## Programme Description in detail

### SAFE FOOD TODAY FOR A HEALTHY TOMORROW

The Centers for Disease Control and Prevention (CDC) emphasizes the importance of washing food materials under running water to prevent food-borne illnesses like norovirus, which is a leading cause of disease outbreaks from contaminated food. In line with this, the Youth Red Cross Society of Sree Sankara Vidyapeetom College and the Post Graduate Department of Chemistry, in collaboration with the Swachh Bharat Abhiyan, introduced their own Veg and Non-Veg Wash Plan. This campaign aimed to promote effective hygiene of food materials, prevent foodborne risks, and eradicate food-borne diseases.

#### Objectives:

- Educate participants about the significance of food safety and the prevention of foodborne illnesses.
- Demonstrate the proper method of washing food materials to minimize contamination risks.
- Distribute the Veg and Non-Veg Wash products developed under the guidance of Sri. Bineesh Sivan and Smt. Poornima M.P. to the Irapuram Residence Association.
- Receive feedback from the community and assess the impact of the campaign.

#### Event Details:

The food safety campaign and product distribution took place on December 22, 2021, starting at 2:00 PM. The event was held at Sree Sankara Vidyapeetom College.

#### Activities:

Awareness Session: The campaign began with an awareness session on food safety and the risks associated with contaminated food. Participants were informed about the



importance of washing food materials thoroughly to prevent foodborne illnesses.

**Introduction to Veg and Non-Veg Wash Plan:** Smt. Poornima M.P. introduced the Veg and Non-Veg Wash products developed by the college. She explained the formulation and demonstrated how to use the products effectively.

**Product Distribution:** The Veg and Non-Veg Wash products were distributed among the members of the College Area Residence Association by the Sri. S K Krishnan, Secretary, Sree Sankara Trust and Manager SSV College. Each household received a kit containing the wash solutions and instructions for use.

**Feedback Collection:** After the distribution, the campaign organizers sought feedback from the community members. They were encouraged to share their thoughts on the product's usability and effectiveness.

### **Outcome:**

**Community Appreciation:** The food safety campaign and the distribution of Veg and Non-Veg Wash products were well-received by the College Area Residence Association. The community members appreciated the college's efforts in promoting food safety and preventing foodborne diseases.

**Increased Awareness:** The campaign successfully raised awareness about the importance of food safety and the role of proper food washing in preventing foodborne illnesses.

**Positive Impact:** The Veg and Non-Veg Wash products proved to be effective in ensuring the hygiene of food materials, reducing contamination risks, and fostering safer food consumption practices.

**Future Prospects:** The success of the campaign has encouraged the Youth Red Cross



Society and the Post Graduate Department of Chemistry to plan and execute further initiatives aimed at promoting public health and hygiene.

**Conclusion:**

The food safety campaign, along with the introduction of the Veg and Non-Veg Wash Plan, conducted by the Youth Red Cross Society of Sree Sankara Vidyapeetom College and the Post Graduate Department of Chemistry, was a resounding success. The event achieved its objectives of promoting food safety, preventing foodborne illnesses, and distributing effective products to the community. The positive response from the College Area Residence Association has encouraged the college to continue its efforts in organizing similar campaigns for a healthier and safer future.



## PHOTO GALLERY



**Distribution of Veg-wash and Non-veg wash to Local Community of College Area Residents Association**



## Participants Attendance

Sl .No.	Name	Address
1.	Sasikumar	Sreeragam, Valayanchirangara
2.	Paulose	Mukadayil, Airapuram
3.	Anil	Vazhakkuzhakkan, Airapuram
4.	Biju Cherian	Olikkamalil, Valayanchirangara
5.	Viswan M G	SSV College
6.	Poornima M P	SSV College
7.	Adithyan N S	BA History
8.	Aswani C S	Bsc MATHEMATICS
9.	Arjun A	Bcom Computer Application
10.	Lakshmipriya Ps	BVoC Tourism and Hospitality Management
11.	Ananya Ks	BVoC Tourism and Hospitality Management
12.	Aiswarya Sumesh	Bsc Mathematics
13.	Sreenayana Leju	Bsc Mathematics
14.	Anagha Prince	Bsc Mathematics
15.	Parvathy Pm	Bsc Chemistry
16.	Gouri Unnikrishnan	Bsc Chemistry
17.	Adithyan Baiju	Bsc Chemistry
18.	Shivapriya Ka	Bsc Chemistry



College Seal

  
 PRINCIPAL  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR

Principal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Student Voluntered Socio-Economic Survey - Airapuram Village

Program Details in a nutshell	
<b>Name of the Event</b>	Student Voluntered Socio-Economic Survey at Airapuram Village
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To collect comprehensive Socio-Economic data from the Kuzhoor cluster of Airapuram village, Ernakulam district through student volunteers..</li> <li>2. To assess the needs and requirements of the community for future development planning.</li> <li>3. To engage with the local community and build a positive relationship for future initiatives.</li> </ol>
<b>Date and Time</b>	31/12/2021
<b>Duration</b>	1 Day
<b>Venue or Platform</b>	Mazhuvannoor Panchayath & Airapuram Village, Ernakulam Dist.
<b>Organising dept/ Cell</b>	Unnath Bharath Abhiyan & National Service Scheme Unit No. 49
<b>Coordinator</b>	Sri. Viswan M G, Asst. Professor, Dept. of Commerce
<b>Outcome/ Benefit of the Program</b>	Data Availability, Community Engagement, Community Development, Student Involvement etc.

### PROGRAM REPORT

The primary need for conducting the Socio-Economic survey was to collect essential data from residents in the Kuzhoor cluster of Airapuram village through student volunteers.. The data collected would be used to assess the needs and requirements of the community, which would help in planning and implementing relevant development projects and initiatives.

### Program Description in detail



The survey was aimed at understanding the living conditions and requirements of the Socio-Economics in the Kuzhoor cluster of Airapuram village. The data collected through the survey would play a crucial role in identifying the areas that need attention and support for sustainable development.

**Impact:** By conducting the Socio-Economic survey, the UBA cell of SSV College and the NSS unit demonstrated their commitment to community development and welfare. The survey provided an opportunity to engage with the local community and foster a sense of trust and cooperation.

**Action:** The survey was conducted on December 31, 2021, with Sri. Vinodkumar K.P., Panchayath Member of Ward II of Mazhuvannoor Grama Panchayath, who provided support and guidance. Twenty-five volunteers from the NSS unit, along with the UBA coordinator, actively participated in the survey.

**Survey Coverage:** A total of 139 houses in the Kuzhoor cluster were covered during the survey. The volunteers visited each household, interacted with the residents to gather relevant data and information.

**Duration:** The survey commenced at 10:00 AM and concluded by 2:00 PM, with the volunteers dedicating their time and efforts to gather comprehensive data.

**Data Management:** The data collected during the survey were carefully compiled and organized for uploading on the UBA website. This ensured that the information could be accessed and utilized effectively for planning and decision-making purposes.

**Volunteer Support:** The volunteers, who actively participated in the survey, were compensated for their travel expenses, and arrangements were made for providing food at noon, acknowledging their dedication and contribution.

### **Objectives of the Program:**

- To collect comprehensive Socio-Economic data from the Kuzhoor cluster of Airapuram village, Ernakulam District.
- To assess the needs and requirements of the community for future development planning.



- To engage with the local community and build a positive relationship for future initiatives.

**Benefit of the Program:**

**Data Availability:** The successful conduct of the Socio-Economic survey ensured the availability of valuable data that would assist in making informed decisions regarding community development projects.

**Community Engagement:** The survey provided an opportunity for volunteers to interact with the local community, establishing a positive rapport and gaining a better understanding of their needs and concerns.

**Community Development:** The data collected through the survey would serve as the foundation for planning and implementing relevant development projects and initiatives that would cater to the specific needs of the households in the Kuzhoor cluster.

**Student Involvement:** The active involvement of NSS volunteers and UBA cell members allowed students to actively participate in community-based activities, fostering a sense of responsibility and social commitment.

The Socio-Economic survey conducted by the UBA cell and NSS unit of SSV College in association with Mazhuvannoor Panchayath and Airapuram village was a significant step towards community development. The data collected would be instrumental in planning and executing projects to address the specific needs of the households in the Kuzhoor cluster. The successful execution of the survey demonstrated the college's dedication to community welfare and encouraged student volunteers to actively participate in such initiatives in the future.

**PHOTO GALLERY**





## Survey by Students of SSV College at Airapuram Village

### Participants Attendance

31/12-2021-

UBA - House hold Survey -

Village - Airapuram -  
Panchayath - Muzhuvannoor.  
Cluster - Kuzhuvor.  
Ward - 2 & 10.

Enumerators - NSS Volunteers - (24)

Sl.No	Name	Class	Signature	Number
1	Thulasi P. Vijayan	B.A. Computer Application		6
2	Panasy Raji	B.Sc. Computer Application		7
3	Gautham/Adina P.R	B.A. English		6
4	Rasna Jaijal	B.A. Hindi		6
5	Ajitha P	BA Economic		6
6	Krishna Priya MS	B.Com Finance		2
7	Hasmithan Ramesh	B.Com Finance		3
8	Sudar Sankar	B.Com Tax		8
9	Nardana Ramesan	B.Com Tax		6
10	Aswini P.S	B.A. Economics		6
11	Alina P. Saju	BA Economics		6
12	Nandana K.J	BA. H.S. BOARD		6
13	Ashel Swan	B.Com Finance and Banking		6
14	Sobana Rattarath	B.Sc. physics		6
15	R. Santha Moran	BA English		7
16	Arin Krishna NV	BA English		6
17	Riya Thomas	BA Economics		6
18	Nandana Manoj	B.Sc. Chemistry		6
19	Kalafagan Jk R	B.Sc. Chemistry		6
20	Aparna Suresh	B.Com Finance and Banking		3
21	Anna Biju	B.A. Economics		8
22	Gauthami P.R	B.Sc. Chemistry		4
23	Uthara L.J	BA Economics		8

SURVEY REPORT

UBA Cell, SSV college has conducted its household survey at Kuzhuvor cluster in Airapuram V. The survey was organized with the help of NSS unit of our college and the ward member Mr. Vinodkumar. The volunteers of NSS along with UBA co-ordinators visited 50 houses in the cluster and had a positive response from the households. The survey started at 10:00 am and finished by 2:00 pm on 31/12/2021. The collected data were posted together and filed separately for uploading to the UBA website.

The volunteers are paid for their travelling and arranged food at noon.

Co-ordinator

DR. PADMA P  
 PRINCIPAL IN CHARGE  
 SREE SANKARA VIDAPEETOM  
 VALANCHIRANGARA P.O  
 PERUMBAVOOR - 68

Principal



College Seal

PRINCIPAL  
 SREE SANKARA VIDAPEETOM  
 VALANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR



**SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA**  
**Report on Student Voluntered Socio-Economic Survey - Arakkappady Village**

<b>Program Details in a nutshell</b>	
<b>Name of the Event</b>	Student Voluntered Socio-Economic Survey at Arakkappady Village
<b>Nature of the Event</b>	Extension Activity - Socio-Economic Survey
<b>Objectives</b>	<ul style="list-style-type: none"> <li>- To gather comprehensive Socio-Economic data from Arakkappady village to assess the community's needs and requirements through students.</li> <li>- To identify and realize the felt needs of the community and prioritize them for future development planning.</li> <li>- To engage with the community members and foster a positive relationship between the college and the village.</li> </ul>
<b>Date and Time</b>	02/01/2022, 10.00 am
<b>Duration</b>	1 Day
<b>Venue or Platform</b>	Arakkappady Village, Ernakulam Dist.
<b>Organising dept/ Cell</b>	National Service Scheme Unit No. 49 & Unnath Bharath Abhiyan of SSV College
<b>Coordinator</b>	Sri. Viswan M G, Asst. Professor, Dept. of Commerce
<b>Outcome/ Benefit of the Program</b>	Data Availability, Community Engagement, Community Development, Student Involvement etc.

**PROGRAM REPORT**

The primary need for conducting the Socio-Economic survey in Arakkappady village was to collect Socio-Economic data through student volunteers . The survey aimed to understand the needs and requirements of the community, enabling better planning and implementation of development projects. The Socio-Economic survey in Arakkappady village took place on January 2, 2022.

**Objectives of the Program:**



- To gather comprehensive Socio-Economic data from Arakkappady village to assess the community's needs and requirements.
- To identify and realize the felt needs of the community and prioritize them for future development planning.
- To engage with the community members and foster a positive relationship between the college and the village.

### **Program Description:**

**Introduction and Guidance:** The baseline Socio-Economic survey was conducted jointly by the National Service Scheme (NSS) and Unnat Bharat Abhiyan (UBA) of SSV College. The survey commenced at 10:00 AM with an introductory speech by Dr. Prathibha P.H., the coordinator of the survey, and Sri. Sureshkumar, the ward member of Arakkappady village.

**Participation:** Sixteen students actively participated in the survey under the guidance of Kudumbasree members, namely Smt. Saramma, Kunjumol, Suneera Riyas, and Anju Sivan. These experienced members provided valuable insights and directions to the enumerators.

**Survey Coverage:** The survey aimed to cover 137 households in the village. To ensure efficient coverage of long distances, two-wheelers and autorickshaws were used.

**Survey Conclusion:** The survey activities concluded by 2:30 PM, during which the survey team diligently gathered the necessary data from the Socio-Economics.

**Gratitude and Disbursement:** The coordinator, Sri. Viswan M.G., and the block panchayat member, Smt. Aswathi, guided the survey and expressed gratitude towards the team's efforts. The survey team was provided with refreshments and lunch at noon.

### **Outcomes:**

**Comprehensive Data Collection:** The Socio-Economic survey in Arakkappady village resulted in the comprehensive collection of data from 137 households. This data would prove instrumental in understanding the community's needs and planning future development projects.

**Identifying Felt Needs:** The casual talks with the villagers highlighted the need for a paper waste management system in the village. Such observations can help in prioritizing



essential initiatives for the community.

Community Engagement: The survey facilitated positive engagement between the college and the villagers. It helped in fostering a sense of collaboration and trust within the community.

The Socio-Economic survey conducted by NSS and UBA of SSV college in Arakkappady village successfully achieved its objectives of collecting essential Socio-Economic data, identifying felt needs of the community, and engaging with the villagers positively. The data collected will assist in planning and implementing development projects that cater to the specific requirements of the community. The college's efforts in conducting such surveys demonstrate its commitment to community welfare and development.





## Photo Gallery



**Survey by Students of SSV College at Arakkappady Village**

## Participants Attendance

2/1/2022 - Sunday

UBA Household Survey

Village: Arakkappady  
 Panchayat: Vengola  
 Cluster: Arakkappady  
 Ward :- 17

Enumerators

Sl.No	Name	Class	Signature	Number of Households Visited
1	Anna	I BSc. Comp.	<i>Anna</i>	10
2	Navya Vijayakumar	BSc. Comp. Sci	<i>Navya</i>	10
3	Ivin	BSc. Comp.	<i>Ivin</i>	10+1
4	Aradh	I BSc. Comp.	<i>Aradh</i>	10+1
5	Atkoush	I BSc. Comp.	<i>Atkoush</i>	10
6	Jumana K.T	I BSc. Comp.	<i>Jumana</i>	9
7	Abida Mohammad	B.Com. I	<i>Abida</i>	9
8	Abhijith Suresh	IT B.Com	<i>Abhijith</i>	9
9	Sanjay	B.Sc. Chemistry	<i>Sanjay</i>	9
10	Vishnu K.R.	B.Sc. Chemistry	<i>Vishnu</i>	7
11	Sangeetha C.H	B.Com.	<i>Sangeetha</i>	7
12	Setthulakshmi	B.Com.	<i>Setthulakshmi</i>	10
13	Rithi Rajesh	B.Com.	<i>Rithi</i>	8
14	Abhijith	Computer	<i>Abhijith</i>	7
15	Aswini	B.Com.	<i>Aswini</i>	6
16	Meghana Nandakumar	B.Com.	<i>Meghana</i>	4

*Vishwanath*  
 Vishwanath  
 Co-ordinator, UBA

### Report of Household Survey at Arakkappady Village.

The baseline household survey of UBA 2.0 of SVI college at Arakkappady village started at 10 am with the introduction speech by the co-ordinator of survey Dr. Prathibha P.H and the ward member Sri. Sureshkumar. There are 18 students participated in the survey with the guidance of Kudumbasree members Smt. Saramma Kanyjumon, Suneera Rijas, and Anju sivas. They guided the enumerators to various areas of the village so as to cover 137 houses in the village. Two wheelers and auto rickshaws were used to cover long distance. The survey concluded by 2:30 pm. The co-ordinator Sri. Vishwanath and the block president member Smt. Anwathi were also guided the survey and the survey team were provided with refreshments and lunch at the noon.

The survey helped to identify and realize the felt need of the community at Arakkappady village. As ward member suggested the casual talk with villagers highlighted the need for proper waste management systems in the villages. The co-ordinator expressed gratitude towards the team and disbursed by 3:30 pm.



*Vishwanath*  
 Vishwanath  
 Co-ordinator, UBA

*Dr. Padma P.*  
 Dr. PADMA P.  
 PRINCIPAL IN CHARGE  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 PERUMBAVOOR - 683 556



College Seal

Principal

*Dr. Padma P.*

PRINCIPAL  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Extension - "Hair Donation Campaign"

Program Details in a nutshell	
<b>Name of the Event</b>	Hair Donation Campaign
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	The campaign aims <b>to eradicate the stigma around cancer and to encourage early detection of cancer, among women</b> . This campaign is committed to providing 150 wigs free of cost to under privileged cancer patients, to help them face life with renewed confidence.
<b>Resource Person</b>	Experts from Amala Institute of Medical Sciences
<b>Date and Time</b>	13 <sup>th</sup> January 2022
<b>Duration</b>	2 Hours
<b>Beneficiaries</b>	Under privileged Cancer Patients in the Community
<b>Venue or Platform</b>	PNN Hall
<b>Organizing dept/ Cell</b>	National Service Scheme Unit No. 49, SSV College
<b>Coordinator</b>	Sri. Jebin Jacob & Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	Amala Institute of Medical Science, Thrissur, Kerala
<b>Outcome/ Benefit of the Program</b>	Donating your hair is an easy way to help people who have experienced hair loss due to chemo or other treatments or medical problems. A well-made wig of human hair can <b>boost self-esteem and improve a person's outlook</b> , which goes a long way to helping them manage other symptoms and recover.



## PROGRAM REPORT

This Extension Activity of Hair Donation as part of Campaign Program for Students and Teachers organized by College NSS Unit and Women Cell was conducted on 13th January 2022.

### Program Description in detail

A hair donation campaign for cancer patients is a wonderful initiative that can make a huge difference in the lives of those who are undergoing cancer treatment. Hair loss is a common side effect during cancer treatment, and losing one's hair can be a traumatic experience, especially for women.

The College NSS Unit No: 49 conducted a Hair donation campaign in association with Amala Institute of Medical Science, Thrissur on January 13 2022. Students donated hair to cancer patients, with the objective-“Donating your hair is an easy way to help people who have experienced hair loss due to chemo or other treatments or medical problems”.

The outcome of a hair donation campaign can be extremely positive, both for the cancer patients who receive the hair donations and for the individuals who donate their hair. Here are some potential outcomes:

**Boosting self-esteem and confidence:** Losing hair due to cancer treatment can be a devastating experience for many patients. Hair donations can help boost their self-esteem and confidence, as they are able to wear wigs or hairpieces that make them feel more like themselves.

**Raising awareness:** A hair donation campaign can help raise awareness about cancer and the challenges that cancer patients face. This can lead to more support and understanding from the community, which can help reduce stigma and improve access to resources.

**Encouraging charitable giving:** Donating hair is a charitable act that can inspire others to give back as well. This can create a ripple effect of giving and compassion in the community.

**Providing a sense of purpose:** For individuals who donate their hair, the act can provide a sense of purpose and fulfillment. Knowing that their hair will make a difference in someone else's life can be a powerful motivator for giving.



Overall, a hair donation campaign can have a positive impact on both cancer patients and the community as a whole. It is a wonderful way to show support and compassion for those who are undergoing a difficult time, while also raising awareness and promoting charitable giving.

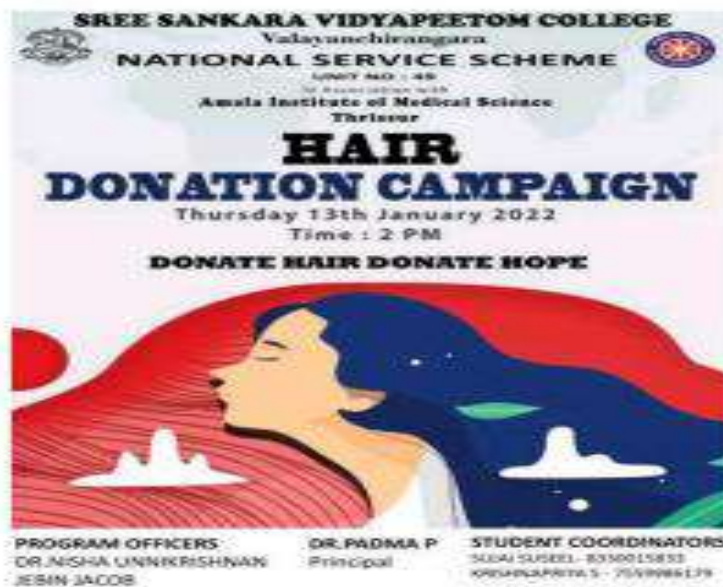
### PHOTO GALLERY





## Hair Donation by Students

## POSTER / BROCHURE





SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA  
**NATIONAL SERVICE SCHEME**



UNIT NO. 49

**HAIR DONATION CAMPAIGN**  
**13 - 01 - 2022**



# PARTICIPANTS (ATTENDANCE REGISTER)

10		
Main Convention Campaign - 13/01/2022		
1	Alkesh P.R	B.Com. Finance & Tax
2	Adinets P.S	B.Com. Finance & Tax
3	Akhil Kumar	"
4	Ashray Sathyan	"
5	Ashray Nayan	B.A. Economics
6	Deepanjith C.Sunil	"
7	Devakrishnan T.A	B.Com Finance & Tax
8	Dhilyajith Suresh	B.Com F&T
9	Felix Johnson	B.Com F&T
10	Hemakrishnan T.S	"
11	Hemakrishnan Babu	B.Sc Chemistry
12	Alara Elatia	"
13	Amal Bhaskaran	"
14	Anasudhakarshankar A	B.Sc Computer Science
15	Anasudhakarshankar C	B.Sc Computer Science
16	Anandha Suba	B.Com F and T
17	Vandana Murali	"
18	Vandana Rajeev	B.Com Economics
19	Suvathusha Subash	Commerce & taxation
20	Suljath M.H	"
21	Suljath C.G	B.Sc Chemistry
22	Sureshkrishnan P.H	B.Sc Computer Science
23	Sureshkrishnan M.S	B.Sc Chemistry
24	Adithyan A.A	B.Com Finance Tax
25	Adithyan A.S	B.A Economics
26	Apreethana Subhaskaran	B.A Economics
27	Apreethana Babu	"
28	Ashwajamal S	B.Sc Chemistry
29	Aranya Ashok	B.Sc Chemistry
30	Aranya C.A	"
31	Aranya Rajan	B.Com Finance & Tax
32	Aranya Rajan	B.Com Finance & Tax

11		
33	Basil Elatia	B.Sc Chemistry
34	Basil Saj	B.A ENGLISH
35	Bio paul Varghese	B.Sc Chemistry
36	Chaitanya Paul	B.Com Finance & Tax
37	Chaitanya S. Sanil	"
38	Chaitanya V.A	B.Com Tax
39	Krishnakant A	B.Com Finance and Tax
40	M.S Anandakrishnan	"
41	Anand Sathyan	B.A Hindi
42	Prasanna N.G	B.Sc Computer Science
43	Prasanna Subhaskaran	B.Sc Computer Science
44	Prasanna Subhaskaran	"
45	Rashmi K.Roy	B.A Economics
46	Sandeep C.S	B.Com Finance & Tax
47	Selva Subash	B.A Hindi
48	Selva Subash	B.A Hindi
49	Vishnu T.S	B.Com Finance & Tax
50	Vishnu S	B.Sc Chemistry
51	Vishnu Subash M.R	B.Sc Chemistry
52	Vishnu Subash P.K	B.Sc Chemistry
53	Aravind Raj	B.Sc Computer Science
54	Aravind S. Nair	B.A History
55	Aravind S. Nair	B.A Economics
56	Aravind S. Nair	B.A Economics
57	Aravind S. Nair	B.A Economics
58	Aravind S. Nair	B.A Economics
59	Aravind S. Nair	B.A Economics
60	Aravind S. Nair	B.A Economics
61	Aravind S. Nair	B.A Economics
62	Aravind S. Nair	B.A Economics
63	Aravind S. Nair	B.A Economics
64	Aravind S. Nair	B.A Economics

12		
65	Aravind S. Nair	B.Com Finance and Tax
66	Aravind S. Nair	"
67	Aravind S. Nair	"
68	Aravind S. Nair	B.A Hindi
69	Aravind S. Nair	B.Com Computer Science
70	Aravind S. Nair	B.A Hindi
71	Aravind S. Nair	B.Com Computer Science
72	Aravind S. Nair	B.Com Finance & Tax
73	Aravind S. Nair	B.Com Finance & Tax
74	Aravind S. Nair	B.Com Finance & Tax
75	Aravind S. Nair	B.Com Finance & Tax
76	Aravind S. Nair	B.Com Finance & Tax
77	Aravind S. Nair	B.Com Finance & Tax
78	Aravind S. Nair	B.Com Finance & Tax
79	Aravind S. Nair	B.Com Finance & Tax
80	Aravind S. Nair	B.Com Finance & Tax
81	Aravind S. Nair	B.Com Finance & Tax
82	Aravind S. Nair	B.Com Finance & Tax
83	Aravind S. Nair	B.Com Finance & Tax
84	Aravind S. Nair	B.Com Finance & Tax
85	Aravind S. Nair	B.Com Finance & Tax
86	Aravind S. Nair	B.Com Finance & Tax
87	Aravind S. Nair	B.Com Finance & Tax
88	Aravind S. Nair	B.Com Finance & Tax
89	Aravind S. Nair	B.Com Finance & Tax
90	Aravind S. Nair	B.Com Finance & Tax
91	Aravind S. Nair	B.Com Finance & Tax



College Seal

Principal

*[Signature]*  
 PRINCIPAL  
 SREE SANKARA VIDYA PEETHAM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR





# SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANG

## Report on Extension Activity - Student volunteered Socio-Economic Survey at Koovappady Village

Program Details in a nutshell	
<b>Name of the Event</b>	Student volunteered Socio-Economic Survey at Koovappady Village
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To gather comprehensive Socio-Economic data from Koovappady village to assess the community's needs and requirements through students. To identify and realize the felt needs of the community and prioritize them for future development planning. To engage with the community members and foster a positive relationship between the college and the village.
<b>Date and Time</b>	27/02/2022, 10.00 am
<b>Duration</b>	1 Day
<b>Venue or Platform</b>	Koovappady Village
<b>Organising dept/ Cell</b>	National Service Scheme Unit No. 49 & Unnath Bharath Abhiyan of SSV College
<b>Coordinator</b>	Sri. Viswan M G, Asst. Professor, Dept. of Commerce
<b>Outcome/ Benefit of the Program</b>	Data Availability, Community Engagement, Community Development, Student Involvement etc.

### PROGRAM REPORT

The primary need for conducting the Socio-Economic survey in Koovappady village in Ernakulam District was to collect Socio-Economic data from the community. The survey aimed to understand the needs and requirements of the community, enabling better planning and implementation of development projects. The Socio-Economic survey in Koovappady village took place on February 27, 2022.



### **Objectives of the Program:**

- To gather comprehensive Socio-Economic data from Koovappady village to assess the community's needs and requirements.
- To identify and realize the felt needs of the community and prioritize them for future development planning.
- To engage with the community members and foster a positive relationship between the college and the village.

### **Program Description:**

**Introduction and Guidance:** The baseline Socio-Economic survey was conducted by UBA 2.0 of SSV College. The survey started at 10:00 AM with an introductory speech by the survey coordinator, Viswan M G, and the ward member, Smt. Mini Babu.

**Participation:** Nineteen students actively participated in the survey under the guidance of Kudumbasree members. These experienced members provided valuable insights and directions to the enumerators.

**Survey Coverage:** The survey aimed to cover 129 households in the village. To ensure efficient coverage of long distances, two-wheelers and autorickshaws were used.

**Survey Conclusion:** The survey activities concluded by 2:30 PM, during which the survey team diligently gathered the necessary data from the households.

**Gratitude and Disbursement:** The survey coordinator expressed gratitude towards the team's efforts and disbursed by 3:30 PM. The survey team was provided with refreshments and lunch at noon.

### **Outcomes:**

**Comprehensive Data Collection:** The Socio-Economic survey in Koovappady village resulted in the comprehensive collection of data from 129 households. This data would prove instrumental in understanding the community's needs and planning future development projects.

**Identifying Felt Needs:** The casual talks with the villagers highlighted the need for maintenance and installation of street lights and a proper waste management system in the



village. Such observations can help in prioritizing essential initiatives for the community.

**Community Engagement:** The survey facilitated positive engagement between the college and the villagers. It helped in fostering a sense of collaboration and trust within the community.

**Conclusion:**

The Socio-Economic survey conducted by UBA 2.0 of SSV College in Koovappady village of Ernakulam District successfully achieved its objectives of collecting essential Socio-Economic data, identifying felt needs of the community, and engaging with the villagers positively. The data collected will assist in planning and implementing development projects that cater to the specific requirements of the community. The college's efforts in conducting such surveys demonstrate its commitment to community welfare and development.



## Participants Attendance

Household Survey at Koorappady Village  
27/2/2022 - Sunday - 10:00 to 3 pm.  
Ward -  
Block - Koorappady.  
District - Ernakulam.

ENUMERATORS

Sr	Name	Class	Signature	Member of host team
1.	Alvin F. Saju	B.A. Economics	<i>[Signature]</i>	
2.	Rishi Thomas	"	<i>[Signature]</i>	
3.	Mundira Muneer	B.Sc. Chemistry	<i>[Signature]</i>	
4.	Kalidasan K.N.	"	<i>[Signature]</i>	
5.	Hirana Suresh	B.Com. (FAT)	<i>[Signature]</i>	
6.	Anna Ajay	B.A. Economics	<i>[Signature]</i>	
7.	Geethamma P.R.	B.Sc. Chemistry	<i>[Signature]</i>	
8.	UTARA T.J.	B.A. Economics	<i>[Signature]</i>	
9.	Kashan Suresh	B.Com. (FAT)	<i>[Signature]</i>	
10.	Arshad Suresh	B.Com. (FAT)	<i>[Signature]</i>	
11.	Arunabhavan N.N	B.A. English	<i>[Signature]</i>	
12.	A. Suresh Muneer	B.A. English	<i>[Signature]</i>	
13.	Sahana Sathesh	B.Sc. Physics	<i>[Signature]</i>	
14.	Sangeetha C.K.	B.Com. (FAT)	<i>[Signature]</i>	
15.	Meghana Nandakumar	B.Com. (FAT)	<i>[Signature]</i>	
16.	Vishnu A.B	B.Sc. Chemistry	<i>[Signature]</i>	
17.	Nayya Vijayakumar	B.Sc. Computer Science	<i>[Signature]</i>	
18.	I Vio	B.Sc. Computer Science	<i>[Signature]</i>	
19.	Akshay T	B.Sc. Computer Science	<i>[Signature]</i>	
20.	Abhinav P	"	<i>[Signature]</i>	

V.B. Vennarayana G. - Co-ordinator *[Signature]*

Dr. RADMA, B.  
PRINCIPAL IN CHARGE  
SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA  
PERUMBAVOOR - 686 558

Household Survey Report - Koorappady Village.

The base line household survey of Koorappady village by UBA team of SSV College was conducted on 27/2/2022. The survey started at 10:00 am after the introduction speech by the Co-ordinator, Sri. Vishnu. The inauguration was by Smt. Mini Baby, the President of Koorappady Panchayath. 20 Students worked hard as enumerators to collect data of the households. The Kadambari members and the ward member guided our team across the village and completed the survey of 129 houses. Auto-rickshaws and two wheelers were also used to cover long distances. The survey completed by 2:30 pm. The survey team was provided with refreshments and lunch at noon.

The survey helped to identify the felt need of the community at Koorappady village. The discussion with Panchayath officials and casual talks with villagers highlight the need of installation and maintenance of street lights and proper plastic waste management system in the village.

The Co-ordinator expressed gratitude of UBA towards the team members and dismissed the team by 3:30 pm.

*[Signature]*  
Vishnu M.S.  
Co-ordinator, UBA.

*[Signature]*  
Dr. RADMA, B.  
PRINCIPAL IN CHARGE  
SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA  
PERUMBAVOOR - 686 558

Principal



College Seal

*[Signature]*

PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
VALAYANCHIRANGARA PO  
(VIA) PERUMBAVOOR



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Social Outreach Programme - Fight Against Covid 19

Program Details in a nutshell	
<b>Name of the Event</b>	Social Outreach Programme - Fight against Covid - "Poruthidam Kovidinethire"
<b>Nature of the Event</b>	Extension Activity - Lecture Class
<b>Objectives</b>	The main points in preventing the spread in society are <b>hand hygiene, social distancing and quarantine</b> . With increased testing capacity, detecting more COVID-19 positive patients in the community will also enable the reduction of secondary cases with stricter quarantine rules.
<b>Resource person</b>	Anju Thomas, Samaritan College of Nursing.
<b>Date and Time</b>	2 <sup>nd</sup> March 2022, 8.00 pm
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Members from Local Community and Students and Teachers of SSV College
<b>Venue or Platform</b>	Google Meet
<b>Organizing dept./ Cell</b>	National Service Scheme Unit No. 49, SSV College
<b>Coordinator</b>	Sri. Jebin Jacob and Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	Health Club
<b>Name of the Scheme</b>	Public Services of W H O
<b>Outcome/ Benefit of the Program</b>	A safer way to build protection: Getting a COVID-19 vaccine is a <b>safer, more reliable way to build protection</b> than getting sick with COVID-19.

### PROGRAM REPORT

This Lecture Class on "Poruthidam Kovidinethire" as part of The Fight against



Covid Program for Members from Local Community and Students and Teachers of SSV College organized by College NSS and Health Club was conducted on 2<sup>nd</sup> March 2022.

## **Program Description in detail**

### FIGHT AGAINST COVID

College NSS Unit and Health Club conducted a class on 2/03/2022 based on the topic "PORUTHIDAM COVIDINETHIRE" to fight against Covid-19. The class is taken by Mrs. Anju Thomas, Lecturer, Samaritan College of Nursing, Pazhanganad. The class session was inaugurated by college Principal Dr. Padma. P. Members from Local Community and Students and Teachers totaling 90 volunteers were attended the session.

The webinar on the fight against COVID-19 provided a comprehensive overview of the pandemic and the ongoing efforts to combat it. The speaker covered a wide range of topics, including the science behind COVID-19, public health measures, vaccine development and distribution, healthcare capacity building, research and development, education and awareness, and global cooperation and collaboration.

The speakers provided accurate and up-to-date information about the pandemic, debunked common myths and misconceptions, and answered questions from the audience. They emphasized the importance of following public health guidelines, getting vaccinated, and supporting global efforts to combat the pandemic.

- COVID-19 is a highly contagious virus that spreads through respiratory droplets and can cause severe illness and death.
- Public health measures, such as mask mandates and social distancing guidelines, are effective in reducing the spread of COVID-19.
- Vaccines have been developed and distributed globally in record time, and are highly effective in reducing the spread and severity of COVID-19.
- Healthcare capacity building is crucial in the fight against COVID-19, including building new hospitals and increasing the availability of medical supplies and equipment.



- Research and development efforts are ongoing, including the development of new treatments and therapies for COVID-19.
- Education and awareness campaigns are important in preventing the spread of COVID-19, including information on how to recognize and treat symptoms.
- Global cooperation and collaboration are essential in the fight against COVID-19, including efforts to ensure equitable distribution of vaccines and resources.
- Overall, the webinar on the fight against COVID-19 was informative and engaging, and provided valuable insights into the ongoing efforts to combat the pandemic. It emphasized the importance of working together as a global community to overcome this unprecedented challenge.

### Photo Gallery



### Poster / Brochure



**SREE SANKARA VIDYAPEETOM, COLLEGE  
VALAYANCHIRANGARA**

**NATIONAL SERVICE  
SCHEME**

(UNIT NO. 1.01)

**"പൊരുതിടാം  
കോവിഡിനെതിരെ"**

**RESOURCE PERSON.**



**Mrs. Anju Thomas**  
MSc nursing.  
Lecturer  
(Samaritan College of Nursing,  
Pazhanganad )



**Time : 8:00 pm**  
**Date : 2/03/2022**

PROGRAM OFFICERS  
Dr. NEHA UNNIKRISHNAN  
JEBIN JACOB

PRINCIPAL  
Dr. PADMA P

STUDENT COORDINATORS  
SUJAI SUSEEL  
KRISHNAPRIYA E

### Participants Attendance

Sl No.	Name	Department
1	SAFREENA M.S	BCOM FINANCE & TAXATION
2	AKASH P MOHAN	BA HISTORY
3	ADITHYAN N S	BA HISTORY
4	MUHAMMED IQBAL B J	BA HISTORY
5	SABIRA P SIDHIQUE	BA ENGLISH
6	ALSIYA AZEES	BA ENGLISH
7	SREE VARNA BABU	BA ENGLISH
8	SIVAJA MURALEEDHARAN	BA ENGLISH
9	ASWANI C S	BSc MATHEMATICS
10	ARJUN A	BCOM COMPUTER APPLICATION
11	DEVADATHAN S	BCOM COMPUTER APPLICATION
12	LAKSHMI M	BCOM COMPUTER APPLICATION
13	VISMAYA VV	BCOM COMPUTER APPLICATION
14	SIDHARTH VENUGOPAL	BCOM COMPUTER APPLICATION
15	DEVIKRISHNA P	BVOC TOURISM AND HOSPITALITY MANAGEMENT





16	ARUNIMA MANI	BVOC TOURISM AND HOSPITALITY MANAGEMENT
17	LAKSHMIPRIYA PS	BVOC TOURISM AND HOSPITALITY MANAGEMENT
18	ANANYA KS	BVOC TOURISM AND HOSPITALITY MANAGEMENT
19	AISWARYA SUMESH	BSC MATHEMATICS
20	SREENAYANA LEJJU	BSC MATHEMATICS
21	ANAGHA PRINCE	BSC MATHEMATICS
22	PARVATHY PM	BSC CHEMISTRY
23	GOURI UNNIKRISHNAN	BSC CHEMISTRY
24	ADITHYAN BAIJU	BSC CHEMISTRY
25	SHIVAPRIYA KA	BSC CHEMISTRY
26	VISMAYA M	BA HINDI
27	SUGANDHY MURUKAN	BA HINDI
28	NIKHIL S	BA HINDI
29	DEEPA LINGESAN	BA HINDI
30	SANJU POULOSE	BA HISTORY
31	RAKHI LIJIN	BA HISTORY
32	RIZWANA SHAHUL	BA HISTORY
33	ANUPAMA RAJAN	BA HISTORY
34	AVANI VIJAYAN	BA HISTORY
35	TS SURAJ	BA HISTORY
36	MAHINSHA KI	BA HISTORY
37	VISHNU TJ	BA ENGLISH
38	MIDHUN PATTERY	BA ENGLISH
39	RAHSITHA PP	BA ENGLISH
40	KARTHIKA MANOJ	BCOM FINANCE & TAXATION
41	ANJANA PREMAN	BCOM FINANCE & TAXATION
42	ATHIRA V R	BCOM FINANCE & TAXATION
43	GOURI KRISHNA M	BCOM FINANCE & TAXATION
44	GOVIND VISHNU	BCOM FINANCE & TAXATION
45	EBRAHIM BADUSHA	BCOM FINANCE & TAXATION
46	AMALDEV V ANIL	BCOM FINANCE & TAXATION
47	AKHIL V M	BCOM FINANCE & TAXATION
48	ARJUN K SHAIJU	BCOM FINANCE & TAXATION
49	MIDHUN BINESH	BCOM FINANCE & TAXATION
50	MALAVIKA RAJESH	BSC COMPUTER SCIENCE
51	ABHIJITH K MANOJ	BSC COMPUTER SCIENCE
52	SIDHARTH V KRISHNAN	BSC COMPUTER SCIENCE
53	PM SUDEEP	BSC COMPUTER SCIENCE
54	NOYAL JOSHI	BSC COMPUTER SCIENCE
55	FREDDY JOY	BSC COMPUTER SCIENCE
56	SANJANA SATHEESAN	BSC COMPUTER SCIENCE
57	MANISHA KA	BSC COMPUTER SCIENCE
58	GOPIKA MV	BSC COMPUTER SCIENCE
59	SIVAKEERTHY JAYAKUMAR	BSC COMPUTER SCIENCE



60	ADITH KD	BCOM COMPUTER APPLICATION
61	PARTHIPAN S	BCOM COMPUTER APPLICATION
62	AKHIL NA	BCOM COMPUTER APPLICATION
63	AKSHAY VIJAYAKUMAR	BCOM COMPUTER APPLICATION
64	BESLIN MATHEW ALIAS	BCOM COMPUTER APPLICATION
65	ASHIK JOHNSON	BCOM COMPUTER APPLICATION
66	NADHIRSHA S	BVOC TOURISM AND HOSPITALITY MANAGEMENT
67	MUHAMMED SAHAL KP	BVOC TOURISM AND HOSPITALITY MANAGEMENT
68	DHANALAKSHMI AJ	BA ENGLISH

  
 PRINCIPAL  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR

Principal



College Seal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on "Swachhta and Sustainability Practices in the Colleges"

Programme Details in a nutshell	
<b>Name of the Event</b>	Swachhta and Sustainability Practices in the Colleges
<b>Nature of the Event</b>	Institutional workshop
<b>Objectives</b>	To Recognize and appreciate the best practices of Swachhta and Sustainability Practices in the college
<b>Resource person</b>	Santhosh Thannikat
<b>Date and Time</b>	04-03-2022, 2.00 pm- 4.00 pm
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Students
<b>Venue or Platform</b>	SSV College, Valayanchirangara
<b>Organising dept/ Cell</b>	Swachh Bharath Abhiyan, Youth Red Cross Society (YRCS)
<b>Coordinator</b>	Smt. Poornima M P
<b>Outcome/ Benefit of the programme</b>	Increased Awareness, Inspiration for Action, Knowledge Exchange, Commitment to Sustainability etc.

### Programme Description

The Institutional Workshop on "Swachhta and Sustainability Practices in the Colleges" jointly organized by the Swachh Bharat Abhiyan and Youth Red Cross Society (YRCS) at Sree Sankara Vidyapeetom College, Valayanchirangara, Perumbavoor on March 4, 2022, from 2:00 PM to 4:00 PM, aimed to recognize and appreciate the best practices of Swachhta (cleanliness) and sustainability in the college. The primary objective of the workshop was to raise awareness among students about the importance of practicing sustainability on campus.



### **Key Focus Areas:**

- **Recognition of Best Practices:** The workshop aimed to identify and acknowledge the initiatives and practices taken by the college in promoting Swachhta and sustainability. It sought to highlight and appreciate efforts made by students, faculty, and staff towards a cleaner and greener campus.

- **Awareness Creation:** Creating awareness among students about the significance of sustainable practices was a primary focus of the program. By educating students about sustainable behaviors and actions, the organizers aimed to foster a sense of responsibility towards the environment and encourage sustainable habits.

### **Workshop Activities:**

- **Presentations and Case Studies:** The workshop featured presentations and case studies showcasing successful examples of Swachhta and sustainability practices within the college. These presentations highlighted the positive impact of these initiatives on the campus environment and the community.

- **Interactive Discussions:** The attendees actively engaged in interactive discussions, where they could share their ideas and experiences related to sustainability on campus. This encouraged a participatory approach and allowed participants to learn from each other's insights.

**Expert Talks:** Experts in the field of sustainability and environmental conservation were invited to deliver talks and share their knowledge and experiences. Their expertise provided valuable guidance to the participants on how to implement sustainable practices effectively.

- **Recognition and Appreciation:** Outstanding contributions and efforts made by individuals, groups, or departments towards Swachhta and sustainability were recognized and appreciated during the workshop. This served as motivation and encouragement for others to follow suit.

### **Outcomes:**

- **Increased Awareness:** The workshop successfully raised awareness among students about the importance of sustainability and Swachhta practices in the college campus. Participants gained insights into the positive impact of such initiatives on the environment and the well-being of the college community.

- **Inspiration for Action:** The recognition of best practices and success stories served as inspiration for others to take up similar initiatives. It motivated students and faculty to contribute



actively to a sustainable and clean campus.

- Knowledge Exchange: The interactive discussions and expert talks facilitated the exchange of knowledge and ideas on sustainable practices, promoting a culture of learning and innovation.
- Commitment to Sustainability: The workshop instilled a sense of responsibility and commitment to sustainability in the college community. Students and staff became more conscious of their actions and their role in creating a greener and cleaner campus.

The Institutional Workshop on "Sustainability In Campus" organized by the Swachh Bharat Abhiyan and Youth Red Cross Society at Sree Sankara Vidyapeetom College proved to be a successful endeavor. By recognizing and appreciating the best practices of Swachhta and sustainability, the workshop not only acknowledged the efforts of individuals and groups but also created awareness and inspired action towards building a sustainable future on the college campus. The event's positive outcomes signify the importance of promoting sustainable practices in educational institutions to create a more environmentally conscious generation.

### Photo Gallery



### Participants Attendance





SREE SANKARA VIDYAPEETOM COLLEGE

Valayanchirangara (P.O.), Perumbavoor,  
Affiliated to Mahatma Gandhi University NAAC Accredited at the 'A' level

Programme Name: Institutional Workshop - Sustainability  
in Campus.

Date: 04/03/2020

Organised By: YRCS and VBA.

Attendance Sheet

Sl.No.	Name	Course	Signature
1.	Pisunarya Suresh	Bsc. Maths	Pisunarya
2.	DEEPA . L	BA. HINDI	Deepa
3.	Parvathy Biju	B.com Tax.	Parvathy
4.	Radithya . K.S	B.com Tax.	Radithya
5.	Abhijith Adil	B.A Hindi	Abhijith
6.	Adard Raj	Bsc cs	Adard
7.	Siddarth . S.	Bcom tax	Siddarth
8.	Jobin Biju	B.com comp	Jobin
9.	Vismaya M	B.A Hindi	Vismaya
10.	Varsha	B.A Economics	Varsha
11.	Arya Ashok	B.A English	Arya
12.	Sugandh Mukeshan	B.A Hindi	Sugandh
13.	RAKHI	B.A HISTORY	Rakhi
14.	Sreelakshmi	B.A. Economics.	Sreelakshmi

Dr. PADMA. P.  
PRINCIPAL IN CHARGE  
SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA  
PERUMBAVOOR - 683 556



Poornima M.P.H

*[Handwritten Signature]*

PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
VALAYANCHIRANGARA P.O  
(VIA) PERUMBAVOOR

Principal



College Seal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Extension Activity - First Aid Training Camp

Program Details in a nutshell	
<b>Name of the Event</b>	First Aid training camp
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	The aims of First Aid Training include <b>preserving life, preventing injury from getting worse, aiding recovery, relieving pain, and protecting the unconscious</b> . The main objective is to save lives. And first aid training is key to doing that if properly implemented.
<b>Resource person</b>	Senior Volunteers of Kerala Voluntary Youth Action Force (KVYAF)
<b>Date and Time</b>	5 <sup>th</sup> March 2022
<b>Duration</b>	One Day
<b>Beneficiaries</b>	Students of SSV College and Members of Kudumbasree Unit, Mazhuvannoor Panchayath
<b>Venue or Platform</b>	PNN Hall
<b>Organising dept/ Cell</b>	National Service Scheme Unit No. 49
<b>Coordinator</b>	Sri. Jebin Jacob and Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	Kerala Voluntary Youth Action Force
<b>Name of the Scheme</b>	Indian Red Cross Society
<b>Outcome/ Benefit of the Program</b>	First Aid knowledge is invaluable for both you as the individual and for your community. It enables you to assist persons who become injured in the event of an accident or emergency situation until help arrives. First Aid skills can be applied in the home, the workplace or in public locations, therefore the more First Aid certified people there are in a community the safer that community becomes.

### PROGRAM REPORT



NSS unit conducted a first aid class on 05/03/2022 at college campus in association with KVYAF (Kerala Voluntary Youth Action Force). The class was taken by the senior volunteers in KVYAF. The session was inaugurated by college Principal Dr. Padma. P. About 70 participants including Students of SSV College and Members of Kudumbasree Unit, Mazhuvannoor Panchayath attended the program.

### **Program Description in detail**

The First Aid Training Camp was organized by NSS SSV College and KVYAF to educate participants on the basic principles of providing first aid in emergency situations. The event took place over the course of one day, and featured expert trainers who provided participants with practical knowledge and skills related to first aid.

The event began with an introduction to the importance of first aid and its role in saving lives. Trainers then provided an overview of the basic principles of first aid, including how to identify and prioritize injuries and medical emergencies, as well as how to provide effective care while waiting for medical professionals to arrive.

Participants were then divided into groups for hands-on training sessions, which covered a range of first aid techniques and scenarios. Trainers demonstrated how to perform CPR, how to bandage wounds and fractures, how to splint broken bones, and how to recognize and treat various medical emergencies, such as seizures and allergic reactions.

Throughout the event, trainers emphasized the importance of maintaining a calm and confident demeanor while providing first aid, and the need to communicate effectively with both the injured person and emergency responders.

#### **Key Takeaways:**

- First aid can save lives and reduce the severity of injuries in emergency situations.
- Basic principles of first aid include identifying and prioritizing injuries, providing effective care while waiting for medical professionals to arrive, and maintaining a calm and confident demeanor.
- Hands-on training in first aid techniques is essential for developing practical skills





and confidence in emergency situations.

- Effective communication is crucial when providing first aid, both with the injured person and emergency responders.

The First Aid Training Camp organized by NSS SSV College and KVYAF was a successful event that provided participants with practical knowledge and skills related to first aid. The hands-on training sessions were particularly valuable, allowing participants to develop confidence and proficiency in performing a range of first aid techniques. The event was well-organized and conducted in a professional and engaging manner, and is likely to have a positive impact on the safety and well-being of participants and the community.

### PHOTO GALLERY





### First aid Training Sessions



**SREE SANKARA VIDYAPEETOM COLLEGE**  
Valayanchirangara  
**NATIONAL SERVICE SCHEME**  
UNIT NO : 49



**KERALA VOLUNTARY YOUTH ACTION FORCE  
FIRST AID TRAINING CAMP**



**Date : 5/03/2022**  
**Time: 10.00 am - 3.00 pm**  
**Venue: College Campus**

<b>PROGRAM OFFICERS</b>	<b>PRINCIPAL</b>	<b>STUDENT COORDINATORS</b>
Dr. Nisha Unnikrishnan Jebin Jacob	Dr. Padma P	Krishna priya S Sujai Suseel





SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA  
**NATIONAL SERVICE SCHEME**



UNIT NO. 49



**KERALA VOLUNTARY YOUTH ACTION FORCE  
FIRST AID TRAINING CAMP**

**05/03/2022**



PARTICIPANTS (ATTENDANCE REGISTER)



1	Amal K Raj	B.Com Computer Application	
2	Aravind Raja	BA Economics	
3	Aravind Raja	B.Com Tax	
4	Aravind Raja	B.Com	
5	Aravind Raja	BA Economics	
6	Aravind Raja	B.Sc Maths	
7	Aravind Raja	BA English	
8	Aravind Raja	B.A English	
9	Aravind Raja	B.A English	
10	Aravind Raja	B.Com CA	
11	Aravind Raja	B.Sc Chemistry	
12	Aravind Raja	B.Com CA	
13	Aravind Raja	B.Com CA	
14	Aravind Raja	B.Sc Physics	
15	Aravind Raja	B.Com Tax	
16	Aravind Raja	B.Com Tax	
17	Aravind Raja	B.Com Tax	
18	Aravind Raja	B.A English	
19	Aravind Raja	B.Com Computer Application	
20	Aravind Raja	B.Sc Maths	
21	Aravind Raja	B.A English	
22	Aravind Raja	B.A English	
23	Aravind Raja	B.Com Computer Application	
24	Aravind Raja	B.Com CA	
25	Aravind Raja	B.Com CA	
26	Aravind Raja	B.Com CA	
27	Aravind Raja	B.A History	
28	Aravind Raja	B.A English	
29	Aravind Raja	B.Com Tax	
30	Aravind Raja	BA Hindi	
31	Aravind Raja	B.Com Computer Application	
32	Aravind Raja	B.Sc Physics	

33	Aravind Raja	B.Sc Chemistry	
34	Aravind Raja	B.Sc Physics	
35	Aravind Raja	B.Sc Chemistry	
36	Aravind Raja	BA English	
37	Aravind Raja	B.Com CA	
38	Aravind Raja	B.Com CA	
39	Aravind Raja	BA History	
40	Aravind Raja	B.A English	
41	Aravind Raja	B.A English	
42	Aravind Raja	B.Sc Maths	
43	Aravind Raja	B.A Hindi	
44	Aravind Raja	B.A English	
45	Aravind Raja	B.A Economics	
46	Aravind Raja	B.Sc Chemistry	
47	Aravind Raja	B.Com Tax	
48	Aravind Raja	B.Com CA	
49	Aravind Raja	B.A English	
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65	Aravind Raja	B.Com Computer Application	
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90	Aravind Raja	B.Com Computer Application	



Principal's signature and name.



College Seal

PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
VALAYANCHIRANGARA P.O  
(VIA) PERUMBAVOOR

Principal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Medical Camp for Assessing Lifestyle Diseases

<b>Program Details in a nutshell</b>	
<b>Name of the Event</b>	Medical Camp for Assessing Lifestyle Diseases
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	Modest but achievable adjustments to lifestyle behaviors are likely to have a considerable impact at the individual and population level.
<b>Resource Person</b>	Doctors and Health Workers
<b>Date and Time</b>	7 <sup>th</sup> March 2022
<b>Duration</b>	One Day
<b>Beneficiaries</b>	Residents of Ward II of Mazhuvannoor Grama Panchayath
<b>Venue or Platform</b>	SSV College
<b>Organizing dept/ Cell</b>	National Service Scheme Unit No. 49
<b>Coordinator</b>	Sri. Jebin Jacob & Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	MUTHOOT - SNEHASRAYA
<b>Name of the Scheme</b>	Health Awareness
<b>Outcome/ Benefit of the Program</b>	A lifestyle assessment also <b>gives a healthcare provider a better understanding of what has caused certain disorders or diseases.</b> Oftentimes, laboratory tests may not cover all possible health issues, and lifestyle choices might have a larger impact on the patient's issues that may not be detected during a routine exam.



## PROGRAM REPORT

The Camp for Assessment of Lifestyle Diseases as part of the Health Awareness Program for Public organized by NSS was conducted on 7<sup>th</sup> March 2022. NSS unit conducted a medical camp for assessing lifestyle diseases in association with Muthoot Snehashraya (Medical Camp for Assessing Lifestyle Diseases). The camp was inaugurated by Prof. S. K. Krishnan, Manager, SSV College. The camp was conducted for the residents in Mazhuvannoor Grama Panchayath. More than 100 people participated in the medical camp and availed the benefits.

### **Program Description in detail**

The Medical Camp for assessing Lifestyle Diseases was organized by National Service Scheme Unit No. 49 of SSV College in association with Muthoot Snehashraya to create awareness about lifestyle diseases and their prevention. The program aimed to provide participants with access to medical professionals and health resources to assess their risk for lifestyle diseases.

The program began with an introductory session on the importance of a healthy lifestyle and the risks associated with lifestyle diseases such as diabetes, hypertension, and heart disease. This was followed by a health check-up conducted by medical professionals, which included measuring blood pressure, blood sugar levels, body mass index (BMI), and cholesterol levels.

Participants were also provided with individual counseling sessions with medical professionals, who discussed their results and provided guidance on lifestyle changes to prevent and manage lifestyle diseases. Informational materials and resources were provided on healthy eating habits, exercise, and stress management.

#### Key Takeaways:

Lifestyle diseases such as diabetes, hypertension, and heart disease can be prevented and managed through lifestyle changes.

Regular health check-ups and monitoring of key health indicators such as blood pressure, blood sugar levels, BMI, and cholesterol levels is important in assessing the risk of lifestyle diseases.

Individual counseling sessions with medical professionals can provide valuable guidance on lifestyle changes to prevent and manage lifestyle diseases.

Informational materials and resources can be valuable in promoting healthy lifestyle habits.



## PHOTO GALLERY



SSV College NSS Team with Muthoot Snehashraya



Consultation

POSTER / BROCHURE





**ശ്രീ ശങ്കര വിദ്യാപീഠം കോളേജ്**  
 (NAAC Re-accredited with 'A' Grade)  
 വളയൻചിറങ്ങര , പെരുമ്പാവൂർ



**UBA Cell, NSS & YRCS**

സംയുക്തമായി

മുത്തുറ്റ് സന്നേഹാശ്രയ സഹകരണത്തോടെ



മുത്തുറ്റ് സന്നേഹാശ്രയയുടെ സഹകരണത്തോടെ

**സൗജന്യ ജീവിതശൈലി രോഗനിർണയ ക്യാമ്പ്**



ഉദ്ഘാടനം: പ്രൊഫി.എസ്.കെ.കൃഷ്ണൻ  
 (മാനേജർ, SSV COLLEGE)

2022 മാർച്ച് 7  
 രാവിലെ 7.30 മുതൽ 9.30 വരെ  
 SSV കോളേജിൽ

For Registration contact: 7994645058, 9495567216

**PARTICIPANTS (ATTENDANCE REGISTER)**

23

50	R. Santha Manasa	B.A English	Asai
51	Riya Thomas	B.A Economics	Asai
52	Saifudheen Ms	B.A English	Asai
53	Anvitha K A	B.D.Economics	Asai
54	Anus Krishna C S	Tharuvithal, Kizhithal	Asai
55	Aksh Anshul	Cherukaravadi, Muzhuvannur	Asai
56	Ashay K.S	B.Com, CA	Asai
57	Sathish K.S	B.com Computer Applications	Asai
58	Syama kishna M.M	Pottalath, Kizhithal	Asai
59	Subodhyga Siddique	Patturukoduvu, Muzhuvannur	Asai
60	Shalini T. Sathish	"	Asai
61	Sardha Sarathesh	B.com Anna University	Asai
62	Aashikababu M.S	B.com C.A	Asai
63	Anoop D	B.Sc Chemistry	Asai
64	Anuradha N S	B.com CA	Asai
65	Anzal Zubair As	B.Sc Maths	Asai
66	Bethina P S	B.Sc Maths	Asai
67	Fazla Nazim	B.A English	Asai
68	Fazara K S	"	Asai
69	Fathima Tasvira	"	Asai
70	Fathima H Zahra	"	Asai
71	Asvina Sunay	B.A History	Asai
72	Adithya P	B.A Economics	Asai
73	Anita Bincy	B.A History	Asai
74	Anusha Poodeep	"	Asai
75	Asvina K.S	B.com Tax	Asai
76	E. Hasinowali	B.Sc Chemistry	Asai
77	Diyana Fernandez	"	Asai
78	Dhara Jabbar	"	Asai
79	Charithanya shaji	B.A Economics	Asai
80	Arund Vijayan	"	Asai
81	Anvitha Asvina	B.Voc	Asai

24

82	Anvitha Biju	B.com Tax	Asai
83	Anvitha Raja	B.A Economics	Asai
84	Anil K Raj	B.A History	Asai
85	Bharitha Varadachari	B.com Computer Application	Asai
86	Bharath P Binu	"	Asai
87	Basil Varghese	B.com computer applications	Asai
88	Anand P A	B.A Hindi	Asai
89	Anvitha S	B.A History	Asai
90	Anvitha G	B.A History	Asai
91	Anvitha P Saju	B.A History	Asai
92	Athul Sivas	B.com Tax	Asai
93	Aparna Suresh	"	Asai
94	Alex Varghese	B.A History	Asai
95	Asvitha Binay	B.com CA	Asai
96	Chandana Krishna PR	B.Sc Chemistry	Asai
97	Chandana PR	"	Asai
98	Charish Raji	"	Asai
99	Chithra Harikrishnan Ramani	"	Asai
100	Chitra Vinod	"	Asai
101	Chitra Jayakumar	B.com Computer Application	Asai
102	Jasna Hussain	B.Sc Maths	Asai
103	Jayashree	B.com CA	Asai
104	Krishna K N	B.Sc Chemistry	Asai
105	Krishna Priya Viji	B.A History	Asai
106	Krishna Priya P B	"	Asai
107	K. Anshul	B.A History	Asai
108	Mubarek Javed N L	B.com Computer Application	Asai
109	Murugesh Saji	"	Asai
110	Murugesh Saji	BA ECONOMICS	Asai
111	Murugesh Saji	"	Asai
112	Murugesh Saji	"	Asai
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120	Murugesh Saji	"	Asai



50	R. Smita Masar	B.A English	<i>[Signature]</i>
51	Riya Thomas	B.A Economics	<i>[Signature]</i>
52	Satishree Ms	B.A English	<i>[Signature]</i>
53	Anvitha K A	B.D. Economics	<i>[Signature]</i>
54	Anus Kishore K S	Marathi, Hindi, English	<i>[Signature]</i>
55	Aksh Abhast	Cherokarabadi, Maharashtra	<i>[Signature]</i>
56	Ashay K S	B.Com. CA	<i>[Signature]</i>
57	Sasmita K S	B.Com Computer Application	<i>[Signature]</i>
58	Syama Harisha M.M	Potkalath, Kuttanur	<i>[Signature]</i>
59	Satabdhyia Sathya	PANIKKONNADI, KANNUR	<i>[Signature]</i>
60	Shrutha T Shubha	"	<i>[Signature]</i>
61	Sandya Saravasth	B.Com Anna College	<i>[Signature]</i>
62	Manjushree M S	B.COM C.A	<i>[Signature]</i>
63	Anoop D	B.Sc Chemistry	<i>[Signature]</i>
64	Anasambhara N S	B.Com CA	<i>[Signature]</i>
65	Anand Zubair As	B.Sc Maths	<i>[Signature]</i>
66	Shrutha P S	B.Sc Maths	<i>[Signature]</i>
67	Tezla Nazim	B.A English	<i>[Signature]</i>
68	Fazara K S	"	<i>[Signature]</i>
69	Fatima Perveen	"	<i>[Signature]</i>
70	Fatima H Zubair	"	<i>[Signature]</i>
71	Anvitha Sunny	B.A History	<i>[Signature]</i>
72	Aditya P	B.A Economics	<i>[Signature]</i>
73	Anvitha Bibi	B.A History	<i>[Signature]</i>
74	Anvitha Paardeep	"	<i>[Signature]</i>
75	Anvitha K S	B.Com Tax	<i>[Signature]</i>
76	E Harinoweth	B.Sc Chemistry	<i>[Signature]</i>
77	Diyana Fernandez	"	<i>[Signature]</i>
78	Dheera Jabbar	"	<i>[Signature]</i>
79	Charitanya shaji	B.A Economics	<i>[Signature]</i>
80	Aravind vijayan	"	<i>[Signature]</i>
81	Anvitha Anvitha	B.Voc	<i>[Signature]</i>

82	Anvitha Biji	B.Com Tax	<i>[Signature]</i>
83	Anvitha Raju	B.A Economics	<i>[Signature]</i>
84	Anand K Raj	B.Com Computer Application	<i>[Signature]</i>
85	Brishba Vaidya	B.A HISTORY	<i>[Signature]</i>
86	Brishba P Broa	B.Com Computer Application	<i>[Signature]</i>
87	Basil Vaidya	B.Com Computer Application	<i>[Signature]</i>
88	Anvitha P A	B.A Hindi	<i>[Signature]</i>
89	Anvitha S	B.A History	<i>[Signature]</i>
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91	Anvitha P Sage	B.A History	<i>[Signature]</i>
92	Anvitha Sivas	B.Com Tax	<i>[Signature]</i>
93	Anvitha Suresh	"	<i>[Signature]</i>
94	Alex Vaidya	B.A History	<i>[Signature]</i>
95	Anvitha Bibi	B.Com CA	<i>[Signature]</i>
96	Anvitha Kishore PR	B.Sc Chemistry	<i>[Signature]</i>
97	Anvitha P R	"	<i>[Signature]</i>
98	Anvitha Reji	"	<i>[Signature]</i>
99	Anvitha Kishore Ramesh	"	<i>[Signature]</i>
100	Anvitha Vinod	"	<i>[Signature]</i>
101	Anvitha Jayakumar	B.Com Computer Application	<i>[Signature]</i>
102	Anvitha Manoj	B.Sc Maths	<i>[Signature]</i>
103	Anvitha Manoj	B.COM CA	<i>[Signature]</i>
104	Anvitha K N	B.Sc Chemistry	<i>[Signature]</i>
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200	Anvitha Manoj	"	<i>[Signature]</i>



College Seal

Dr. Padma  
Principal in Charge

Principal  
Sree Sankara Vidyaapeetom  
Valayanchirangara P.O  
(VIA) PERUMBAVOOR

Principal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on “Gender Sensitization - Awareness on Legal Rights of Women”

Program Details in a nutshell	
<b>Name of the Event</b>	Gender Sensitization - Awareness on Legal Rights of Women
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	<b>To sensitize Women and Girls about their Rights</b> as provided under the various laws including the Indian Penal Code, 1860; the Dowry Prohibition Act, 1961; the Prevention of Domestic Violence to Women Act, 2005 etc.
<b>Resource person</b>	Adv. C. P. Thomas KELSA panel advocate Kolenchery.
<b>Date and Time</b>	8 <sup>th</sup> March 2022 2.00 pm
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Students & Public
<b>Venue or Platform</b>	Google meet
<b>Organizing dept. / Cell</b>	National Service Scheme Unit No. 49 and Women Cell
<b>Coordinator</b>	Sri. Jebin Jacob & Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	Women’s Forum
<b>Name of the Scheme</b>	Gender Sensitisation
<b>Outcome/ Benefit of the Program</b>	This Program helps to impart practical knowledge about legal rights and remedies provided under various women-related laws.

### PROGRAM REPORT



Sree Sankara Vidyapeetom College NSS Unit No. 49 celebrated Women's Day and Awareness Class & Programs on 8/03/2022. As a part of the celebration NSS unit conducted a class based on the topic "Gender sensitization: Awareness on legal rights of women". The class was taken by Adv. C. P. Thomas KELSA panel advocate Kolenchery. The session was inaugurated by college Principal Dr. Padma. P. Students and public totaling to 95 attended the session. And as a part of the celebration NSS volunteers presented a street play and flash mob.

### **Program Description in detail**

The Extension Program on "Gender Sensitisation - Awareness on Legal Rights of Women" was organized by NSS SSV College and Women Cell to create awareness about gender sensitization and the legal rights of women. The program aimed to educate participants about the issues faced by women and the need to promote gender equality and women's empowerment.

The program began with an introductory session on gender sensitization, which provided an overview of the concept and its importance in promoting gender equality. This was followed by a discussion on the legal rights of women, which covered topics such as domestic violence, sexual harassment, and discrimination against women in the workplace.

The program also featured a panel discussion with experts from various fields, including law, social work, and activism. The panelists shared their experiences and insights on the issues faced by women and discussed strategies for promoting gender equality and women's empowerment.

Throughout the program, participants were encouraged to ask questions and share their own experiences and perspectives. The organizers provided informational materials and resources on gender sensitization and legal rights of women, which participants could take home and refer to in the future.

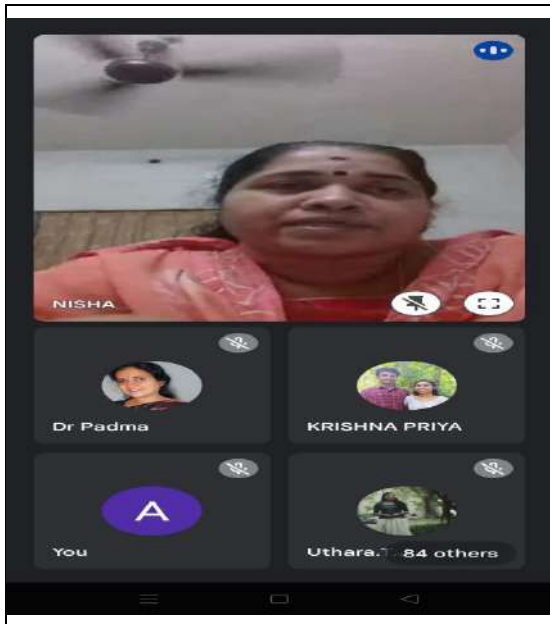
#### **Key Takeaways:**

- Gender sensitization is important in promoting gender equality and women's empowerment.
- Women face a range of issues, including domestic violence, sexual harassment, and discrimination in the workplace.
- Knowledge of legal rights and resources is important in addressing these issues and promoting women's rights.
- Panel discussions with experts can provide valuable insights and strategies for promoting gender equality and women's empowerment.



Overall, the Extension Program on "Gender Sensitization - Awareness on Legal Rights of Women" was a successful event that provided participants with valuable information and insights on gender sensitization and legal rights of women. The program was well-organized and conducted in an engaging and informative manner, and is likely to have a positive impact on the participants' awareness and attitudes towards gender equality and women's empowerment.

### **PHOTO GALLERY**





**POSTER / BROCHURE**


**SREE SANKARA VIDYAPEETOM, COLLEGE  
VALAYANCHIRANGARA**



**NATIONAL SERVICE  
SCHEME**

UNIT NO : 49

**IN ASSOCIATION WITH WOMENS FORUM &  
KUNNATHUNADU THALUK LEGAL SERVICE COMMITTEE**

**" GENDER SENSITISATION : AWARENESS  
ON LEGAL RIGHTS OF WOMEN "**

**RESOURCE PERSON**



**Adv.C.P.Thomas,  
KELSA Panel  
Advocate  
Kolenchery**

**Place :**  
**PN Namboothiri Hall**

**Time : 2:00 pm  
Date : 8/03/2022**

**PROGRAM OFFICERS**  
Dr. NISHA UNNIKRISHNAN  
JEBIN JACOB

**PRINCIPAL**  
Dr. PADMA P

**WOMENS FORUM CONVENER**  
Dr.SREEKALA S SHARMA


**Participants Attendance**



Gender Sensitization - Awareness on Legal Rights of Women			
Sl No.	Name	Course	Mobile No
1	Aakash P R	Bsc Physics	9539506249
2	Abhila Manoharan	B Com Finance & Tax	8086756663
3	Adharsh p s	B Com Finance & Tax	7510518934
4	Adhila A A	B Com Finance & Tax	9539099873
5	Adith kanman	B Com Finance & Tax	9539679020
6	Adithya As	BA Economics	7558955415
7	Ajeeshma Thankappan	BA Economics	7594014705
8	Akshay vijayan	BA Economics	8129897376
9	Akshaya mol. S	Bsc Chemistry	9495970603
10	Akshaysathyan	B Com Finance & Tax	9072553771
11	Amal Bhaskar	Bsc Physics	8606571790
12	Ambady Santhosh	B Com Finance & Tax	8592846618
13	Anandakrishnan A	Bsc Computer Science	8547071938
14	Anandakrishnan cj	Bsc Computer Science	8289960462
15	ANANDHU SABU	B Com Finance & Tax	9072056933
16	Ananthakrishnan KV	Bsc Computer Science	9778129891
17	Anilamol Santhosh	B Com Finance & Tax	8590837460
18	Anjana Ashok	Bsc Chemistry	9947114710
19	Anjana Rajan	B Com Finance & Tax	7510621237
20	ANJITHA P A	BA English	9446851359
21	Anuja Rajan	B Com Finance & Tax	7902543493
22	Arathi.EA	BA Economics	8138091536
23	Arun p	Bsc Chemistry	9072158546
24	Arunima murukan	Bsc Chemistry	9446276765
25	Arunima Reji	B Com Finance & Tax	7994847397
26	Aswani Raju	BA Economics	9745587724
27	ASWATHY . T . PEETHAMBARAN	Bsc Chemistry	9188718253
28	Aswathy Jayakumar	B Com Finance & Tax	9495628729
29	Aswathy Raj	Bsc Computer Science	9895547621
30	Aswin vidhyadharan	BA Hindi	8592079564
31	Athira km	Bsc Physics	9048810458
32	Athul Mohan	B Com Finance & Tax	7736610483
33	BASIL ELDHO	Bsc Chemistry	9400378089
34	Basil Saji	BA English	9207593160
35	Ben Paul Varghese	Bsc Chemistry	9961493857
36	BHAGYALAKSHMI V NAIR	Bsc Chemistry	7012178264
37	Christo Paul	B Com Finance & Tax	9567901783
38	Devakrishnan T A	B Com Finance & Tax	7994686254
39	Diljith Suresh	B Com Finance & Tax	8590689034



40	Elma John	B Com Finance & Tax	8590689034
41	Gayathri Neelakandhan	B Com Finance & Tax	8606240171
42	Geethu Gireesh	B Com Computer Application	8301967962
43	Gopika K Nair	Bsc Computer Science	9947702748
44	Greeshma R Pillai	B Com Finance & Tax	6282868080
45	HARIKRISHNAN TS	BA Economics	7025762087
46	Harishankar babu	Bsc Chemistry	8137954629
47	Hridya e manoj	B Com Finance & Tax	9846137324
48	Josna K.J	BA Hindi	7510124373
49	Kadeeja Muhammed	Bsc Computer Science	7510299030
50	KASHINATH A	B Com Computer Application	9778064087
51	KRISHNA PRIYA S	Bsc Maths	7736953201
52	Malavika Kaladharan	B Com Finance & Tax	7559986179
53	Maybel Margrete Alex	Bsc Physics	9497099454
54	Ms ANANDHAKRISHNAN	B Com Computer Application	9778240052
55	Neeraja surendran	Bsc Chemistry	9188608728
56	Niranjana K M	Bsc Computer Science	7306035673
57	Parvathy S	BA English	9188194447
58	Pranav Edappattu	Bsc Computer Science	9447309091
59	Remith Unnikrishnan K	Bsc Physics	9946416947
60	Roshan k Roy	BA Economics	8589875814
61	Sandeep c s	B Com Finance & Tax	7736755638
62	SANDRA KRISHNA M	Bsc Computer Science	9633269907
63	Sharafiya K N	BA English	9207592760
64	Shilpa B	BA English	6282369106
65	Sobin Shajan	BA Economics	9188363538
66	Sreelakshmi K R	Bsc Chemistry	9061135292
67	Sreelakshmi Ms	Bsc Chemistry	9061299380
68	SREELAKSHMI P H	Bsc Computer Science	8111900315
69	Sruthy C. U.	Bsc Chemistry	9947355228
70	Sujai Suseel	BA English	9072706565
71	Swathisha Subran	B Com Finance & Tax	9061604871
72	SYAMILY TS	BA Economics	7012062539
73	Vandana Rajeev	BA Economics	7510836911
74	Vishnu T S	B Com Finance & Tax	8129793647
75	Viswanath S	B Com Computer Application	9645901641
76	Viswajith	Bsc Physics	7736998625
77	Kadeeja Muhammed	Bsc Computer Science	9778064087
78	Nidhuna Paul	BA English	9745073849
79	anandkrishnan cj	Bsc Computer Science	8289960462
80	Anandakrishnan A	Bsc Computer Science	8547071938
81	Ms ANANDHAKRISHNAN	B Com Computer Application	9188608728
82	Malavika Kaladharan	B Com Finance & Tax	9497099454
83	Athira km	Bsc Physics	9048810458
84	Sreelakshmi MM	B Com Finance & Tax	7034073523
85	Yadhukrishnan MR	Bsc Computer Science	9496645374
86	Sharafiya K N	BA English	6282369106
87	BASIL ELDHO	Bsc Chemistry	9400378089
88	Sreelakshmi P H	Bsc Computer Science	9947355228
89	Gayathry G	Bsc Physics	7736971365
90	Anantha Krishnan.K.V	Bsc Computer Science	9840575166
91	Swathisha Subran	B Com Finance & Tax	8590918938
92	REMITH UNNIKRIISHNAN K	Bsc Physics	8589875814
93	Amal Bhaskar	Bsc Physics	8606571790
94	Athulya Reji	BA Economics	7592030901
95	Gayathri Neelakandhan	B Com Finance & Tax	8301967962
96	Adhila A A	B Com Finance & Tax	9539099873

  
 PRINCIPAL  
 SREE SANKARA VIDYAPEETOM  
 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR

Principal



College Seal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Social Outreach Programme - Blood Donation Camp

Program Details in a nutshell	
<b>Name of the Event</b>	Blood Donation Camp
<b>Nature of the Event</b>	Social Outreach Programme
<b>Objectives</b>	To provide support to the underprivileged by collecting blood donations for those in need. To raise awareness about the significance of blood donation within the adopted village community. To foster a culture of voluntary blood donation among students and villagers
<b>Date and Time</b>	30/03/2022
<b>Duration</b>	1/2 Day
<b>Venue or Platform</b>	Advaita Hall, SSV College
<b>Organising dept/ Cell</b>	Unnath Bharath Abhiyan, National Service Scheme Unit 49 & Blood Donors Club
<b>Coordinator</b>	Sri. Viswan M G, Asst. Professor, Dept. of Commerce
<b>Associating Agency</b>	District Hospital, Aluva, Ernakulam
<b>Name of the Scheme</b>	Blood Donation
<b>Outcome/ Benefit of the Program</b>	Created awareness about the importance of blood donation and the benefits of donating blood.





## PROGRAM REPORT

The Blood Donation Camp was jointly organized by Unnat Bharat Abhiyan (UBA), National Service Scheme (NSS), and the Blood Donors Club of the college in association with the District Hospital, Aluva. The camp aimed to extend a helping hand to the poor people in need of blood while spreading the message of the importance of blood donation among the adopted village. Brochures and messages were disseminated in advance to student and village groups to create awareness about the event. The Blood Donation Camp took place on 30/03/2022, at SSV College, Valayanchirangara. The camp was set up in cooperation with the District Hospital, Aluva, ensuring professional assistance in handling the blood donation process.

### Objectives:

- To provide support to the underprivileged by collecting blood donations for those in need.
- To raise awareness about the significance of blood donation within the adopted village community.
- To foster a culture of voluntary blood donation among students and villagers.

### Event Details:

**Preparation and Promotion:** In preparation for the camp, UBA, NSS, and the Blood Donors Club worked together to organize the event. Brochures and messages were distributed among student groups and villagers to inform them about the upcoming blood donation camp.

**Blood Bank Team Arrival:** The blood bank team from the District Hospital, Aluva, arrived at the college at 9:30 AM. They set up the necessary facilities and equipment to conduct the blood donation process smoothly.

**Blood Donation Process:** The camp commenced with the participation of office staff, volunteers, students, and villagers. The blood donation process began, and donors were guided through the procedure by the trained medical personnel present at the camp.

**Provision for Donors:** All donors were provided with refreshments such as juice



and snacks after the blood donation process to ensure their well-being.

**Number of Donors:** A total of 51 students and villagers volunteered to donate their blood during the camp. This significant turnout demonstrated the success of the awareness campaign and the willingness of the college community to contribute to the cause.

**Conclusion of the Camp:** The Blood Donation Camp concluded by 2:00 PM. The blood collected during the event would be sent to the District Hospital, Aluva, for further processing and distribution to those in need.

**Outcomes:**

**Humanitarian Support:** The Blood Donation Camp served as a helping hand for the poor and needy by collecting blood donations that can save lives.

**Community Awareness:** The camp successfully spread the message of the importance of blood donation among both students and villagers, fostering a sense of responsibility towards the health and well-being of others.


**Collaborative Effort:** The joint efforts of UBA, NSS, and the Blood Donors Club, along with the cooperation of the District Hospital, Aluva, resulted in a well-organized and successful blood donation camp.

**Voluntary Participation:** The significant number of donors who voluntarily participated in the camp highlighted the positive response from the college community towards the noble cause of blood donation.

The Blood Donation Camp organized by UBA, NSS, and the Blood Donors Club in association with the District Hospital, Aluva, was a commendable initiative that brought together students and villagers to contribute to the welfare of the community. The event not only provided support to those in need but also instilled a sense of social responsibility and empathy among the participants. The success of the camp encourages the organizers to continue such humanitarian activities to make a positive impact on society.



## Brochure

 **Sree Sankara Vidyapeetom  
College, Valayanchirangara**

# **BLOOD DONATION PROGRAM**

Organised by  
National Service Scheme Unit No. 49

**30/03/2022  
9.30 A. M  
Advaitha Hall**

## PHOTO GALLERY



## Participants Attendance



Attendance

Sl. No.	Name & Class	Mob No.	Signature
1	Jithin Lorian & Brian C.A	7326612904	<i>Jithin</i>
2	Abhishek K Sree Kumar	9718246275	<i>Abhishek</i>
3	Aswanth K-R	9497034363	<i>Aswanth</i>
4	Dhanesh M	8540337409	<i>Dhanesh M</i>
5	Akash Babu	7356439377	<i>Akash</i>
6	Eldho Baby	7994997835	<i>Eldho</i>
7	Navaneeth Krishnan. m.k	8592053918	<i>Navaneeth</i>
8	Anand Prasad	7356960028	<i>Anand</i>
9	M S Anandhakarsharan	9188608728	<i>M S Anandhakarsharan</i>
10	Ashay m. Sejan	8089726609	<i>Ashay</i>
11	R. Praveen	8075772905	<i>R. Praveen</i>
12	Aswin Jashy	8590306151	<i>Aswin</i>
13	Kashmal A	7136757201	<i>Kashmal</i>
14	Gokul Surenthran	7736457188	<i>Gokul</i>
15	Ajay Chacko	9733669289	<i>Ajay</i>
16	Vasim M.R	9544562336	<i>Vasim</i>
17	Parvathy Reji	8547802615	<i>Parvathy</i>
18	Lithora T.J	9448557009	<i>Lithora</i>
19	Eino Job	8606240171	<i>Eino</i>

Sl. No.	Name & class	Mobile	Signature
20	Ancy Lisa George	9705498805	<i>Ancy</i>
21	Chandh	9495643148	<i>Chandh</i>
22	Pranav Varachan	0888188443	<i>Pranav</i>
23	Aswin Suresh History	7326786296	<i>Aswin</i>
24	Elkha Mathew -> Maths	8590827064	<i>Elkha</i>
25	Anshod Boshien	71146330950	<i>Anshod</i>
26	Manu Benny	97751030329	<i>Manu</i>
27	Aswin Suresh	7136973188	<i>Aswin</i>
28	Anandhakarsharan S	907710051	<i>Anandhakarsharan</i>
29	Saranga P.S	9749132935	<i>Saranga</i>
30	Ben paul vasquez	946402157	<i>Ben paul</i>
31	Radhika Nela	8443000995	<i>Radhika</i>
32	Ahmed Ajayakumar	70203006951	<i>Ahmed</i>
33	Santhya Jish	802510040	<i>Santhya</i>
34	Prashant Masrin	9995943629	<i>Prashant</i>
35	Saba Siddique	9947069242	<i>Saba</i>
36	Harri Suresh	960184824	<i>Harri</i>
37	Anjana Arick	994114710	<i>Anjana</i>
38	Karthika pothiya S	7659386174	<i>Karthika</i>
39	Akhila Babu	9778836215	<i>Akhila</i>
40	Aleena Madin	7561826921	<i>Aleena</i>
41	Sivachakrini M.S	811300315	<i>Sivachakrini</i>
42	Bhagyashaktini V. Nair	701278244	<i>Bhagyashaktini</i>
43	Aksinaya mool S	9495970603	<i>Aksinaya</i>
44	Aswathy Paul	76547735560	<i>Aswathy</i>
45	Arya Biju	9446207369	<i>Arya</i>
46	ARUNIMA MURTHAN	7946276765	<i>Arunima</i>
47	Akhana Hazi	7072435019	<i>Akhana</i>
48	Shardha K N	8282369106	<i>Shardha</i>
49	Ardhura Paul	1074174763	<i>Ardhura</i>
50	Sree Lakshmi K.R	9061247280	<i>Sree Lakshmi</i>
51	Nikhitha M.S	9998906475	<i>Nikhitha</i>

Blood Donation Camp - 30-3-2022 9:30 AM  
Venue: Aulvatha Hall.

USA in association with NSS, blood donors club of the college has organised a blood donation camp with the cooperation of District Hospital, Aluva. The camp was organised as a help hand for the poor people as well as to spread the message of the importance of blood donation among the adopted villages. Brochures and messages were spread among student groups and village in advance of the camp. The blood bank team arrived college at 9:30 am and started the camp with our office staff and volunteers. All donors were provided with juice and snacks. 51 (fifty one) students and villagers donated their blood in the camp.

The camp concluded by 2 pm.

Witness  
Witness M.G. *Jithin*  
*John Jacob*




College Seal

Principal

*[Signature]*  
PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
VALANCHIRANGARA P.O  
(VIA) PERUMBAVOOR



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Student Voluntered Socio-Economic Survey at Rayamangalam Village

Program Details in a nutshell	
Name of the Event	Student Voluntered Socio-Economic Survey at Rayamangalam Village
Nature of the Event	Extension Activity
Objectives	To gather basic Socio-Economic data from the Keezhillam cluster in Rayamangalam village through students. To identify the socio-economic problems and challenges faced by the households in the cluster. To assess the potential solutions and opportunities to overcome these problems.
Date and Time	22/04/2022, 10.00 am
Duration	1 Day
Venue or Platform	Rayamangalam Village
Organising dept/ Cell	National Service Scheme Unit No. 49 & Unnath Bharth Abhiyan of SSV College
Coordinator	Sri. Viswan M G, Asst. Professor, Dept. of Commerce
Outcome/ Benefit of the Program	Comprehensive Data Collection, Identification of Problems, Potential Solutions, Positive Response

#### PROGRAM REPORT

The primary need for conducting the Socio-Economic survey in Rayamangalam village was to collect basic socio-economic data. The survey aimed to understand the living conditions, needs, and challenges faced by the households in the Keezhillam cluster of the village. The survey in Rayamangalam village took place on April 22, 2022.



### **Objectives of the Program:**

- To gather basic Socio-Economic data from the Keezhillam cluster in Rayamangalam village.
- To identify the problems and challenges faced by the households in the cluster.
- To assess the potential solutions and opportunities to overcome these problems.

### **Program Description:**

**Survey Coordination:** The Socio-Economic survey was conducted by the UBA cell of SSV College in collaboration with the NSS unit No. 49 and the support of the ward member, Mr. Subin N S. The survey coordinator and the ward member provided guidance for the smooth execution of the survey.

**Volunteer Participation:** Nineteen volunteers from the NSS unit actively participated in the survey. They were joined by the UBA coordinator and the ward member, Mr. Subin N S. Additionally, a member from the Community Development Society (CDS), Smt. Sobhana Unni, also contributed to the survey.

**Survey Coverage:** The survey aimed to cover 112 houses in the Keezhillam cluster of Rayamangalam village. The volunteers diligently visited each households to gather the necessary data.

**Data Collection and Management:** The data collected during the survey were pooled together and organized for uploading on the UBA website. This data would serve as a valuable resource for identifying the challenges and potential solutions in the village.

**Survey Duration:** The survey activities commenced at 10:00 AM and concluded by 2:00 PM.

### **Outcomes:**

**Comprehensive Data Collection:** The Socio-Economic survey in Rayamangalam village resulted in the comprehensive collection of basic socio-economic data from 112 houses. This data would be essential in understanding the living conditions and needs of



the households in the Keezhillam cluster.

**Identification of Problems:** The survey helped in identifying the problems and challenges faced by the households in the village. Understanding these issues is crucial for implementing targeted development initiatives.

**Potential Solutions:** The data collected through the survey would assist in assessing potential solutions and opportunities to overcome the identified problems. This would aid in planning and implementing effective development projects.

**Positive Response:** The survey team received a positive response from the households in the Keezhillam cluster, which reflects the cooperative spirit of the community towards development initiatives.

### **Conclusion:**

The Socio-Economic survey conducted by the UBA cell of SSV College, along with the NSS unit and the support of the ward member, in Rayamangalam village, was successful in collecting essential Socio-Economic data. The data gathered will play a significant role in identifying the challenges and potential solutions to address the needs of the households in the Keezhillam cluster. The survey reflects the college's commitment to community welfare and development through its participation in the Unnat Bharat Abhiyan initiative.

### **PHOTO GALLERY**



## **Survey by Students of SSV College at Rayamangalam Village**

### **Participants Attendance**



Household Survey - Rayamangalam V

22-04-2022 Friday - 10<sup>00</sup>

Ward - 9.  
Block - Govappally  
District - Erode  
State - Kerala

Households covered - 112

List of Enumerators

No	Name	Class	Signature	Number of Households
1	Krishna priya S	B.Sc Maths II yr	<i>[Signature]</i>	7
2	Sethuraj Kumar Suresh	B.Com Tax I yr	<i>[Signature]</i>	7
3	Mandira Mahan	B.Com Tax I yr	<i>[Signature]</i>	6
4	Ananya Wilton	B.Com Tax I yr	<i>[Signature]</i>	7
5	Krishna Priya M	B.Com Tax I yr	<i>[Signature]</i>	6
6	Nandana Ramana	B.Com Tax I yr	<i>[Signature]</i>	6
7	Ajith M Y	B.Com Tax I yr	<i>[Signature]</i>	5
8	Ashwin Raj	B.Com Tax I yr	<i>[Signature]</i>	5
9	Abhirath Suresh	B.Com Tax I yr	<i>[Signature]</i>	6
10	Rishi Rajesh	"	<i>[Signature]</i>	"
11	Bhuvan Joseph	I B.Com Self	<i>[Signature]</i>	"
12	Muhammed Hashim	I B.Com Self	<i>[Signature]</i>	"
13	Thulasi P Vijayar	"	<i>[Signature]</i>	"
14	Sajitha Thampi	B.Com (FBI)	<i>[Signature]</i>	"
15	Anu N S	B.Com (Self)	<i>[Signature]</i>	"
16	Lakshmi priya S	"	<i>[Signature]</i>	"
17	Aparna Suresh	I B.Com (FBI)	<i>[Signature]</i>	"
18	Kalidas M N	B.Com Self	<i>[Signature]</i>	"

Viswas M G - Co-ordinator *[Signature]*

Household Survey Report - Rayamangalam Village

Vert Cell, SSU college has conducted its fourth household survey at Keezhilam west CL in Rayamangalam Panchayat. The survey was with the NSS unit of the college and the member Smt. Subra. N.S. 19 NSS volunteers participated in the survey along with the Co- and CDS member Smt. Sathya Devi. The started at 10 am after the introductory speech. The volunteers had given the survey training at the beginning. The team was able to cover houses in the village so as to get sufficient information about the households.

The survey concluded by 2 p.m. after the lunch, the team disbanded by 2 p.m. The survey helped to identify the problems and the potential to overcome these problems.

Viswas M G  
Co-ordinator, U.S.A



Dr. Rajesh D  
Principal in Charge  
Sree Sankara Vidyaapeetom College  
Valanchirangara P.O.,  
Perumbavoor - 621 007

Principal



College Seal

*[Signature]*  
PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
VALANCHIRANGARA P.O.  
(VIA) PERUMBAVOOR





**SREE SANKARA VIDYAPEETOM COLLEGE,  
VALAYANCHIRANGARA**

**Report on World Earth Day - Drawing Competition for School Students**

<b>Programme Details in a nutshell</b>	
<b>Name of the Event</b>	World Earth Day - Drawing Competition for School Students
<b>Nature of the Event</b>	Extension Activity of Poster Presentation.
<b>Objectives</b>	Earth Day is an annual celebration that <b>honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations.</b>
<b>Date and Time</b>	22 <sup>nd</sup> April 2022
<b>Duration</b>	3 Hrs.
<b>Beneficiaries</b>	Students nearby Schools and Students of SSV College
<b>Venue or Platform</b>	College Campus
<b>Organising dept/ Cell</b>	National Service Scheme Unit No. 49
<b>Coordinator</b>	Sri. Jebn Jacob & Dr. Nisha Unnikrishnan
<b>Associating Agency</b>	Nature Club
<b>Name of the Scheme</b>	World Earth day Celebration
<b>Outcome/ Benefit of the programme</b>	<b>Earth Day</b> is an <b>international</b> day devoted to our planet. It draws attention to the environment and promotes conservation and sustainability.

PROGRAMME REPORT

National Service Scheme Unit No. 49 celebrated World Earth Day on April 22. As a part of the celebration NSS unit conducted a drawing competition at SSV College for the college students and students from nearby schools. The topic of the competition was deforestation. About 20 participants showed their talent.

**Programme Description in detail**



The World Earth Day Drawing Competition was organized by NSS SSV College to celebrate Earth Day and create awareness about environmental issues. The competition aimed to provide an opportunity for participants to express their creativity and showcase their ideas about protecting the environment.

The competition was open to students from various schools and colleges, and participants were required to submit a drawing related to the theme of Earth Day. The submissions were judged by a panel of judges, consisting of artists and environmentalists, who evaluated the drawings based on creativity, originality, and relevance to the theme.

The winners were announced at a prize distribution ceremony, where they were awarded certificates and prizes. The organizers also displayed the winning drawings at an exhibition, which was open to the public, to showcase the participants' talent and ideas about protecting the environment.

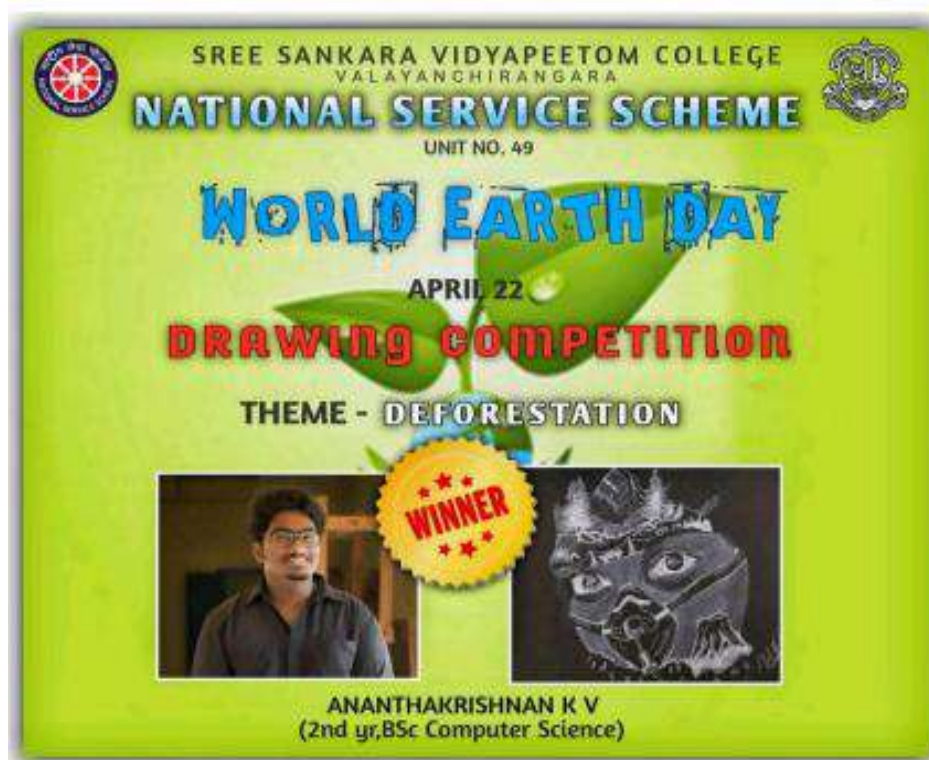
#### Key Takeaways:

- Drawing competitions can provide an opportunity for participants to express their creativity and showcase their ideas.
- Environmental themes can be used to create awareness about environmental issues and promote sustainable behavior.
- Judging criteria based on creativity, originality, and relevance to the theme can ensure that the competition is fair and meaningful.
- Public exhibitions can be a valuable way to showcase the participants' talent and ideas to the wider community.

Overall, the World Earth Day Drawing Competition organized by NSS SSV College was a successful event that provided participants with an opportunity to express their creativity and showcase their ideas about protecting the environment. The competition was well-organized and conducted in an engaging and informative manner, and is likely to have a positive impact on the participants' awareness and attitudes towards environmental issues and sustainability.

## PHOTO GALLERY





POSTER / BROCHURE



Participants Attendance



World Earth Day - Drawing Competition			
Sl. No.	Name	Institution /Department	E Mail ID
1	Akhila Valsan	Ssv	valsanakhila123@gmail.com
2	MUHAMMED NASSAL	Ssv college Ayirapuram	nessalnechu11@gmail.com
3	Viswan M G	Sree Sankara Vidyapeetom College Valayanchirangara	viswanmg@gmail.com
4	Akhila Valsan	Ssv College	valsanakhila123@gmail.com
5	DEVIKA PRASAD	AL AMEEN COLLEGE EDATHALA	devikaprasadpzm@gmail.com
6	Medha G Nair	Naipunya Institute of Management And Information Technology	medhagnair1@gmail.com
7	Indrajith P C	Naipunya Institute Of Management and Information Technology, Pongam	indrajith0g5@gmail.com
8	Jayasankar G	Sree Sankara Vidhya Peetom college Airapuram	blackmagic360d@gmail.com
9	Divya philip	St.George TTI vazhakulam	divyaphilp680@gmail.com
10	ABIRAM	Matha collage of technology Manakkapady North paravur	abirantr57@gmail.com
11	DEVIPRIYA .K.S	UC COLLEGE ALUVA	devipriyadevutty09052019@gmail.com
12	SANDRA SASI	Sree Sankara Vidyapeetom College, Valayanchirangara	sandrasasi2004@gmail.com
13	SHIKHA T SHIJU	SNDPHSS PALISSERY	jessyshiju27@gmail.com
14	Ranjith P R	Al-Ameen College Edathala	pranjith609@gmail.com
15	Sharon T shiju	MES College Marampally	sharonshiju1027@gmail.com
16	ARCHANA RAVI	MA COLLEGE KOTHAMANGALAM	mail2umni3610@gmail.com
17	Vyshnav K B	Naipunya Institute of Management and Information Technology	vyshnavkb648@gmail.com
18	Ann Baby Christly Das	Naipunya	christlydas@gmail.com
19	ANANTHAKRISHNAN K V	Ssv college Valayanchirangara	ananthakrishnan@gmail.com
20	Nihal Shirin	MES College Marampally	nihalshirin12@gmail.com
21	Hanana M.A	MES College Marampally	hananaanu16@gmail.com
22	SILPA CHANDRAN	SREE SANKARA VIDYAPEETOM COLLEGE VALAYANCHIRANGARA	silpasiluchandran@gmail.com
23	FAMIDHA T A	MAR ATHANASIVS (AUTONOMOUS) COLLEGE, KOTHAMANGALAM	famidhata@gmail.com
24	Athira vijayan	M. A College, Kothamangalam	athiravijayan046@gmail.com
25	Soosan P Issac	Mar Athanasius College Kothamangalam	soosanpissac@gmail.com
26	RINY CHACKO	MES COLLEGE MARAMPALLY	chackoriny98@gmail.com
27	JOEL SHAJU	Vimalagiri Public School .Kothamangalam	joelkuttan9@gmail.com
28	Liya Babu	Nirmala College, Muvattupuzha	liyababujessy@gmail.com



College Seal

  
PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
VALAYANCHIRANGARA P.O  
(VIA) PERUMBAVOOR

Principal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on One Day Medical Camp - Free Ascertainment of Lifestyle Diseases

Program Details in a nutshell	
<b>Name of the Event</b>	Free Ascertain of lifestyle diseases
<b>Nature of the Event</b>	One day Medical Camp
<b>Objectives</b>	The objective of the program was to create awareness among people about the importance of maintaining a healthy lifestyle and to encourage them to take proactive steps towards preventing lifestyle diseases
<b>Date and Time</b>	27-04-2022, 7.30 am to 9.30 am
<b>Duration</b>	2 Hours
<b>Beneficiaries</b>	Public
<b>Venue or Platform</b>	Public Library, Keezhillam
<b>Organizing Dept./ Cell</b>	Public Library, Keezhillam, Unnath Bharath Abhiyan(UBA), National Service Scheme(NSS) and Youth Red Cross Society (YRCS)
<b>Coordinator</b>	Sri.Viswan M G, Dr. Nisha Unnikrishnan, Sri.Jebin Jacob and Smt. Poornima M P
<b>Associating Agency</b>	Muthoot Snehasraya Foundation
<b>Outcome/ Benefit of the Program</b>	The free ascertainment program on lifestyle diseases was a beneficial initiative that helped to create awareness, educate people, and encourage healthy living practices, which can have long-term benefits in terms of preventing and managing lifestyle diseases.



## **PROGRAM REPORT**

### **Program Description in detail**

On 27-04-2022, from 7.30 am to 9.30 am, a free ascertainment program on lifestyle diseases was organized by National Service Scheme (NSS), Youth Red Cross Society (YRCS) Unnath Bharath Abhiyan (UBA), SSV College in association with Public Library, Keezhillam and Muthoot Snehasraya Foundation. The event took place at the Public Library in Keezhillam. The coordinators for this event were Sri. Viswan M G, Dr. Nisha Unnikrishnan, Sri. Jebin Jacob, and Smt. Poornima M P. The event aimed to raise awareness among people about the lifestyle diseases that affect them and to provide free checkups to ascertain the prevalence of these diseases.

The program was well-received, and a large number of people turned up to avail themselves of the free checkups. The organizers provided various facilities such as blood sugar testing, blood pressure monitoring, BMI calculation, and cholesterol level checkups. Experts were present to guide the attendees and to provide them with the necessary information about their health.

The event was successful in creating awareness among people about the importance of maintaining a healthy lifestyle to prevent lifestyle diseases. It also helped people to understand the risk factors and the preventive measures that they could take to reduce the incidence of these diseases.

Overall, the free ascertainment program on lifestyle diseases was a great initiative by UBA, NSS, YRCS SSV College, in association with the Public Library, Keezhillam and Muthoot Snehasraya Foundation. The event helped to promote healthy living practices among people and create awareness about the importance of regular health checkups to prevent and manage lifestyle diseases.

## **POSTER**



**കിഴിപ്പം ഗ്രാമോദ്ധാരണ വായനശാലയും ഐരാപുരം ശ്രീ ശങ്കര വിദ്യാ പിഠം കോളേജ് UBA Cell, NSS, YRCS എന്നിവയുടെ നേതൃത്വത്തിൽ മുത്തുറ്റ് സ്നേഹാശ്രയയുമായി ചേർന്ന് സംഘടിപ്പിക്കുന്ന**

**സൗജന്യ ജീവിത ശൈലി രോഗ നിർണ്ണയ ക്യാമ്പ്**

**ഏപ്രിൽ 27 ബുധൻ**

**കിഴിപ്പം ഗ്രാമോദ്ധാരണ വായനശാലയിൽ**

**ടെസ്റ്റുകൾ**

<b>ബ്ലഡ്</b>	<b>യൂറിൻ</b>
ഷുഗർ കൊളെസ്റ്ററോൾ ക്രയാറ്റിനിൻ എച്ച് ബി എസ് എ ജി	ഷുഗർ അൽബുമിൻ

**രാവിലെ 7:30 മുതൽ 9:30 വരെ**

**ബ്ലഡ് ടെസ്റ്റിന് വരുന്നവർ പ്രഭാത ഭക്ഷണം കഴിക്കാതെ വരുക**

**യൂറിൻ ടെസ്റ്റ് ചെയ്യാനെന്നതു നവർ വൃത്തിയുള്ള കുപ്പിയിൽ കൊണ്ടുവരിക**

**ഫോൺ: 9447914689 ,9946533376**

**PHOTO GALLERY**





3G5F+WGR, Keezhillam, Kerala 683541, India  
 Keezhillam  
 Kerala  
 India  
 2022-04-27(Wed) 09:26(am)  
 29°C  
 84°F

**Program Coordinator at Public Library, Keezhillam**

**Participants Attendance**

S.No	Name	Course	Signature
1.	Kavya Sivan	2 <sup>nd</sup> Bcom Tax	[Signature]
2.	Anurida ON	"	[Signature]
3.	Abhisami Rajan	"	[Signature]
4.	Devika R Nair	"	[Signature]
5.	Aparna Ajith	2 <sup>nd</sup> Bsc CS	[Signature]
6.	Heenakshi Rajesh	"	[Signature]
7.	Abhishek Rajikumar	2 <sup>nd</sup> Bsc Chem	[Signature]
8.	Hemachandran K.R	"	[Signature]
9.	Rahul Raj	2 <sup>nd</sup> Bcom Tax	[Signature]
10.	Nasirah	2 <sup>nd</sup> Bsc Maths	[Signature]
11.	Aparna Anish	2 <sup>nd</sup> Bcom Tax	[Signature]
12.	Hanna V paul	"	[Signature]
13.	Evon B	"	[Signature]
14.	Keezhilam Lal	"	[Signature]
15.	Anitha pathrose	2 <sup>nd</sup> Bsc Maths	[Signature]

16	Anisha Babu	2 <sup>nd</sup> Bsc Maths	[Signature]
17	Lakshmi Vasanthan	2 <sup>nd</sup> Bsc Algebra	[Signature]
18	Concha Theya	2 <sup>nd</sup> Bcom CA	[Signature]
19	Lakshmiyaji S	"	[Signature]
20	Aparna PM	"	[Signature]
21	Basil Saju	"	[Signature]
22	Arjun Babu	2 <sup>nd</sup> Bsc Computer Science	[Signature]
23	Sane Haris	2 <sup>nd</sup> Bsc Maths	[Signature]
24	Divya KM	2 <sup>nd</sup> Bcom CA	[Signature]
25	Mona Mathan	2 <sup>nd</sup> B.A Hindi	[Signature]
26	Shyama PB	1 <sup>st</sup> Asst. Maths	[Signature]
27	AKHIL KUZIAM	2 <sup>nd</sup> BSc Eco	[Signature]
28	Hari Krishnan	2 <sup>nd</sup> Bsc Comp Science	[Signature]
29	Sudha Devi	"	[Signature]
30	Vishnu H. Nair	3 <sup>rd</sup> BSc Chemistry	[Signature]
31	Aswathy Musthahan	"	[Signature]
32	Sarada Kumaran	"	[Signature]
33	Manojkumar TA	"	[Signature]
34	Aswathy K.R	2 <sup>nd</sup> BA Hindi	[Signature]
35	Alvina Vijayan	2 <sup>nd</sup> BSc Chemistry	[Signature]
36	Rishi Manojkumar	2 <sup>nd</sup> Bsc Maths	[Signature]
37	Arjana S	2 <sup>nd</sup> BA Economics	[Signature]
38	Pranav Suresh	"	[Signature]
39	Manjuka Manoj	2 <sup>nd</sup> Bcom Tax	[Signature]
40	Krishnapriya E.H	2 <sup>nd</sup> BA Hindi	[Signature]
41	Lakshmi Priya K.S	2 <sup>nd</sup> Bsc Chemistry	[Signature]
42	Ana KS	"	[Signature]
43	Adhithyan B	2 <sup>nd</sup> Bsc Maths	[Signature]
44	Aparna parvatharaj	2 <sup>nd</sup> B.A Economics	[Signature]
45	Anushka Romanas	"	[Signature]
46	Madhavan KP	"	[Signature]
47	Divyansha cis	"	[Signature]
48	Melvinson Velayudhan	"	[Signature]
49	Karthika Shoban	2 <sup>nd</sup> BA English	[Signature]





50	R. Sowthi Menon	B.A English	<i>Sowthi</i>
51	Riya Thomas	B.A Economics	<i>Riya</i>
52	Saifudheen Ms	B.A English	<i>Saifudheen</i>
53	Anavind K A	B.D Economics	<i>Anavind</i>
54	Anas Kishor C S	Theruthukudi, <i>Mengdathudam</i>	<i>Anas</i>
55	Akshay A	Cherukarakudi, <i>Mazhuzharam</i>	<i>Akshay</i>
56	Akshay K S	B.Com C.A	<i>Akshay</i>
57	Sacnan K S	B.Com Computer Application	<i>Sacnan</i>
58	Syamskrisna M M	Pakkalath, <i>Kilikulam</i>	<i>Syamskrisna</i>
59	Subadhyga Siddique	PANIKKARAKUDI, <i>PERUMBAVOOR</i>	<i>Subadhyga</i>
60	Subash T Shukasa	"	<i>Subash</i>
61	Sardana Sarthasath	B.com Anand Gudamini	<i>Sardana</i>
62	Arunthalabini M S	B.COM C.A	<i>Arunthalabini</i>
63	Anoop D	B.Sc Chemistry	<i>Anoop</i>
64	Anusandhara N S	B.Com C.A	<i>Anusandhara</i>
65	Anzal Zubair As	B.Sc Maths	<i>Anzal</i>
66	Hethima P S	B.Sc Maths	<i>Hethima</i>
67	Fazila Nazam	B.A English	<i>Fazila</i>
68	Fazrara K S	"	<i>Fazrara</i>
69	Fathima Rasvir	"	<i>Fathima</i>
70	Fathima H Zubra	"	<i>Fathima</i>
71	Aswini Sunny	B.A History	<i>Aswini</i>
72	Adithya P	B.A Economics	<i>Adithya</i>
73	Aswini Binoy	B.A History	<i>Aswini</i>
74	Anjusha Poodeep	"	<i>Anjusha</i>
75	Aswini P S	B.Com Tax	<i>Aswini</i>
76	E Harimurali	BSC Chemistry	<i>Harimurali</i>
77	Diyasa Fernandez	"	<i>Diyasa</i>
78	Dheera Jibhan	"	<i>Dheera</i>
79	Charithanya Shaji	B.A Economics	<i>Charithanya</i>
80	Anand Vijayaraj	"	<i>Anand</i>
81	Anasthita Aswini	B.Voc	<i>Anasthita</i>

Althi Ajith	B.Sc Chemistry	<i>Althi</i>
Althi Anand S A	B.Sc Chemistry	<i>Althi</i>
Adarsh Prakash	B.Com Computer	<i>Adarsh</i>
Adarsh M M	B.Com Tax	<i>Adarsh</i>
Adarsh S	B.Sc Chemistry	<i>Adarsh</i>
Adarsh K S	B.A Hindi	<i>Adarsh</i>
Adarsh Vasudhara	B.Com Tax II	<i>Adarsh</i>
Adarsh Dhileep	"	<i>Adarsh</i>
Adarsh M	II nd B.Com Tax	<i>Adarsh</i>
Adarsh P S	"	<i>Adarsh</i>
Vishnuvijaya S. Kumar	"	<i>Vishnu</i>

DR. NISHA UNIKRISHNAN, Nisha  
Nisham. M.G. Visions

Dr. Padma P  
PRINCIPAL IN CHARGE  
SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA  
PERUMBAVOOR - 683 556

NATIONAL SERVICE SCHEME  
UNIT NO. 49

SREE SANKARA VIDYAPEETOM  
VALAYANCHIRANGARA  
PERUMBAVOOR



College Seal

*Principals*  
PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
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(VIA) PERUMBAVOOR

Principal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Student Voluntered Socio-Economic Survey at Valakam Village

Program Details in a nutshell	
Name of the Event	Student Voluntered Socio-Economic Survey at Valakam Village
Nature of the Event	Extension Activity
Objectives	To gather basic Socio-Economic data from the third ward of Valakam village through students To identify the problems and challenges faced by the households in the ward. To assess the potential solutions and opportunities to address the identified issues.
Date and Time	29/04/2022, 10.00 am
Duration	1 Day
Venue or Platform	Valakam Village
Organising dept/ Cell	Unnath Bharath Abhiyan, National Service Scheme - SSV College
Coordinator	Sri. Viswan M G, Asst. Professor, Dept. of Commerce
Outcome/ Benefit of the Program	Comprehensive Data Collection, Identification of Problems, Potential Solutions, Positive Engagement, Interaction with Panchayat President

### PROGRAM REPORT

The primary need for conducting the Socio-Economic survey in Valakam village was to collect basic Socio-Economic data. The survey aimed to understand the living conditions, needs, and challenges faced by the households in the third ward of the village. The Socio-Economic survey in Valakam village took place on April 29, 2022.

### Objectives of the Program:



- To gather basic Socio-Economic data from the third ward of Valakam village.
- To identify the problems and challenges faced by the households in the ward.
- To assess the potential solutions and opportunities to address the identified issues.

### **Program Description:**

**Survey Coordination:** The Socio-Economic survey was conducted as part of UBA 2.0 of SSV College. The survey started at 10:00 AM with an introduction speech by the survey coordinator, Viswan M G. The ward member and the president of the panchayat, Sri. Jollymon C.Y., were present during the survey kickoff.

**Volunteer Participation:** Sixteen students actively participated in the survey, and they were guided by the ward member and kudumbasree members. These experienced members provided valuable insights and directions to the enumerators.

**Survey Coverage:** The survey aimed to cover 126 houses in the third ward of Valakam village. The volunteers diligently visited each household to gather the necessary data.

**Data Collection and Management:** The data collected during the survey were compiled and organized for further analysis. The data would be used to identify the specific needs and challenges faced by the households in the ward. The survey activities concluded by 2:30 PM.

### **Outcomes:**

**Comprehensive Data Collection:** The Socio-Economic survey in Valakam village resulted in the comprehensive collection of basic Socio-Economic data from 126 houses in the third ward. This data would be essential in understanding the living conditions and needs of the households in the specific area.

**Identification of Problems:** The survey helped in identifying the problems and challenges faced by the households in the third ward of Valakam village. Understanding these issues is crucial for implementing targeted development initiatives.

**Potential Solutions:** The data collected through the survey would assist in assessing potential solutions and opportunities to address the identified problems. This would aid in planning and implementing effective development projects.



**Positive Engagement:** The survey team received a positive response from the households in the third ward, reflecting the cooperative spirit of the community towards development initiatives.

**Interaction with Panchayat President:** The president of the panchayat discussed with the survey team about the response of the survey, indicating the significance and relevance of the data collected.

**Conclusion:**

The Socio-Economic survey conducted by UBA 2.0 of SSV college in Valakam village successfully achieved its objectives of collecting essential Socio-Economic data, identifying the needs and challenges of the third ward, and engaging with the local community. The data gathered will play a significant role in designing and implementing development projects that cater to the specific requirements of the households in the area. The survey demonstrates the college's commitment to community welfare and development through its participation in the Unnat Bharat Abhiyan initiative.

**PHOTO GALLERY**





**Survey by Students of SSV College at Valakam Village**



## Participants Attendance

House hold Survey - Valakam Village

29-4-2022

UBA cell, SSV college has conducted its fifth household survey at Valakam Village. The survey aimed to understand the living conditions, needs, and challenges faced by the households in the third ward of the village.

Sl. No.	Name	Class	Signature	Month/Day	Remarks
1.	Krishnapriya S	Bsc IT			
2.	Sethulakshmi Suresh	Bcom Tax I			
3.	Manjima Mahanan	Bcom Tax I			
4.	Ananya Wilson	Bcom Tax I			
5.	Krishna Priya MS	Bcom Tax I			
6.	Naralana Permesan	Bcom Tax I			
7.	Abhinav V	Bcom Tax I			
8.	Shweta P	Bcom Tax I			
9.	Ajmal M.Y	Bcom			
10.	Sreedev V.S	Bsc Physist			
11.	Aradhya Raj	Bcom (H.S. 5th)			
12.	Kalidasan	Bsc Chem Edgn			
13.	Mandaleebhanan CS	Bsc CS			
14.	Vishnu P.S	Bcom Pak			
15.	Anantha Krishnan KV.	Bsc Computer Science			
16.	P				
18.	Ben paul varghese	Bsc Chemistry			

  
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 VALAYANCHIRANGARA P.O  
 (VIA) PERUMBAVOOR

Principal



College Seal



## SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

### Report on Community Awareness Program - “Mental health in Young People”

<b>Program Details in a nutshell</b>	
<b>Name of the Event</b>	“Mental health in young people” (MAY 31 - ANTI TOBACCO DAY )
<b>Nature of the Event</b>	Extension Activity - Community Awareness Program
<b>Objectives</b>	The objective of programme is to create awareness about the harmful effects of tobacco use and to encourage individuals and communities to take action to promote tobacco-free lifestyles and prevent the spread of tobacco-related illnesses in the backdrop of Anti-Tobacco Day
<b>Resource Person</b>	Bibin George, Psychiatric Social Worker, Vimukthi De- Addiction Centre, General Hospital, Muvattupuzha
<b>Date and Time</b>	31/05/2022 ; 11 a.m
<b>Duration</b>	2 Hours
<b>Beneficiaries</b>	Students and the Public
<b>Venue or Platform</b>	PNN Hall, SSV College
<b>Organizing dept/ Cell</b>	National Service Scheme Unit No. 49
<b>Coordinator</b>	Sri. Jebin Jacob and Dr. Nisha Unnikrishnan
<b>Outcome/ Benefit of the Program</b>	The Community Awareness Program on Anti-Tobacco Day have a significant impact on reducing tobacco use and promoting tobacco



	control, which can lead to improved health outcomes and create a healthier environment for individuals, families, and communities.
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### **Program Report**

On May 31, 2022, an Extension Program on "Mental health in young people" was organized by the NSS Unit of SSV College in conjunction with Anti-Tobacco Day. The program aimed to raise awareness about mental health issues among young people and promote the importance of maintaining good mental health.

The program was held at the PNN Hall in SSV College and began at 11 a.m. The resource person for the program was Bibin George, a Psychiatric Social Worker at Vimukthi De-Addiction Centre, General Hospital, Muvattupuzha. The Resource Person gave a comprehensive talk on the importance of mental health and the challenges faced by young people in maintaining good mental health. He also spoke about the link between mental health and tobacco use, highlighting the negative impact of tobacco use on mental health.

The program was coordinated by Sri. Jebin Jacob and Dr. Nisha Unnikrishnan. In addition to the talk, a rally was conducted to raise awareness about the harmful effects of tobacco use and to promote the importance of maintaining good mental health. The rally was well-attended by students, faculty, and staff from the college, as well as members of the local community.

Overall, the Extension Program on "Mental health in young people" was a success. The program provided valuable information about mental health and the importance of maintaining good mental health, and it helped raise awareness about the negative impact of tobacco use on mental health. The rally was also successful in raising awareness about the harmful effects of tobacco use and promoting the importance of maintaining good mental health.

### **Poster**







**SREE SANKARA VIDYAPEETOM, COLLEGE  
VALAYANCHIRANGARA**



**NATIONAL SERVICE SCHEME**

Unit no : 49

**Anti - Tobacco Day**

MAY 31

Seminar on,

**"മാനസിക ആരോഗ്യം  
യുവജനങ്ങളിൽ"**

**RESOURCE PERSON**



**Bibin George**  
Psychiatric Social worker,  
Vimukthi De- addiction centre,  
General Hospital, Muvattupuzha

**Place :  
PN Namboothiri Hall**

**Time : 11:00 am  
Date : 31/5/2022**

PROGRAM OFFICERS  
Dr. NISHA UNNIKRIISHNAN  
JEBIN JACOB

PRINCIPAL  
Dr. PADMA P

STUDENT COORDINATORS  
SUJAI SUSEEL  
KRISHNAPRIYA S

Photo Gallery





SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA  
**NATIONAL SERVICE SCHEME**



UNIT NO. 49

# ANTI - TOBACCO DAY, MAY 31



Participants Attendance





### SREE SANKARA VIDYAPEETOM COLLEGE

Valayanchirangara (P.O.), Perumbavoor,  
Affiliated to Mahatma Gandhi University NAAC Accredited at the 'A' level

Programme Name: "Mental Health in Young people"  
Date: 31/05/22. (May 31 - anti tobacco day)  
Organised By: NSS, SSV College

#### Attendance Sheet

SL.No.	Name	Course	Signature
1	SABIRA P SIDHIQUE	1st year BA ENGLISH	[Signature]
2	ARTUN A	1st year BCOM COMPUTER APPLICATION	[Signature]
3	DEVIKRISHNA P	1st year BVOC TOURISM AND HOSPITALITY MANAGEMENT	[Signature]
4	SREENAYANA LEIJU	1st year BSC MATHEMATICS	[Signature]
5	SHIVAPRIYA K.A	1st year BSC CHEMISTRY	[Signature]
6	SANJU POULOSE	1st year BA HISTORY	[Signature]
7	AKASH P MOHAN	1st year BA HISTORY	[Signature]
8	MUHAMMED IQBAL B-I	1st year BA HISTORY	[Signature]
9	ALSIYA AZEES	1st year BA ENGLISH	[Signature]
10	SIVAJI MURALEEDHARAN	1st year BA ENGLISH	[Signature]
11	LAKSHMI M	1st year BCOM COMPUTER APPLICATION	[Signature]
12	SIDHARTH VENUGOPAL	1st year BCOM COMPUTER APPLICATION	[Signature]
13	ARUNIMA MANI	1st year BVOC TOURISM AND HOSPITALITY MANAGEMENT	[Signature]
14	ANANYA K S	1st year BVOC TOURISM AND HOSPITALITY MANAGEMENT	[Signature]



Jebin Jacob

PRINCIPAL IN CHARGE  
SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA  
PERUMBAVOOR

SL.No.	Name	Course	Signature
15	RAKHI ELJIN	1st year BA HISTORY	[Signature]
16	ANJANA PREMAN	1st year BCOM FINANCE & TAXATION	[Signature]
17	PARVATHY P.M	1st year BSC CHEMISTRY	[Signature]
18	RAHSITHA P.P	1st year BA ENGLISH	[Signature]
19	ASWANI C.S	1st year BSC MATHEMATICS	[Signature]
20	ADITHYAN BAIJU	1st year BSC CHEMISTRY	[Signature]
21	ATHIRA V.R	1st year B.COM FINANCE & TAXATION	[Signature]
22	P.M SUDEEP	1st year BSC COMPUTER SCIENCE	[Signature]
23	VISHNU T.J	1st year BA ENGLISH	[Signature]
24	ANUPAMA RAJAN	1st year BA HISTORY	[Signature]
25	AISWARYA SUMESH	1st year BSC MATHEMATICS	[Signature]
26	VISMAYA M	1st year BA HINDI	[Signature]
27	AMALDEV V ANIL	1st year BCOM FINANCE & TAXATION	[Signature]
28	FREDDY SOY	1st year BSC COMPUTER SCIENCE	[Signature]
29	GRIPIKA M.V	1st year BSC COMPUTER SCIENCE	[Signature]
30	DEEPA LINDHESAN	1st year BA HINDI	[Signature]
31	T.S SURAJ	1st year BA HISTORY	[Signature]
32	MIDHON PATTERY	1st year BA ENGLISH	[Signature]



Jebin Jacob

PRINCIPAL IN CHARGE  
SREE SANKARA VIDYAPEETOM COLLEGE  
VALAYANCHIRANGARA

PRINCIPAL  
SREE SANKARA VIDYAPEETOM  
VALAYANCHIRANGARA P.O  
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Principal



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