

# SREE SANKARA VIDYAPEETOM COLLEGE

Valayanchirangara,Perumbavoor

Reaccredited with NAAC 'A' Grade Affiliated to Mahatma Gandhi University, Kottayam www.ssvcollege.ac.in | ssvidyapeetom@gmail.com

# 3. Research, Innovations and Extension



3.4: Extension Activities

2018 - 2023









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3.4.3: Detailed report of extension and outreach program during 2019-20

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# Report on "Karuthal" - Health Awareness Programme for Residents of Vengoor Grama Panchayath

Programme Details	s in a nutshell		
Name of the Event	Karuthal - Health Awareness Program for Residents of Vengoor Grama Panchayath		
Nature of the Event	Extension Activity - Social Outreach Programme		
Objectives	To create awareness about communicable diseases. Like; Dengue, Malaria, Chikungunya etc.		
Resource person	Shri. M A Shaji (Vengoor Panchayath President) - Phase I Shri Nizam (Health Inspector, Aluva) - Phase II		
Date and Time	1) 18-06-2019, 9.30 am - 5.30 pm 2) 05- 07-2019, 9.30 am - 3.30 pm		
Duration	<ol> <li>8 hrs Phase I</li> <li>6 hrs Phase II</li> </ol>		
Beneficiaries	Residents of ward no. 13 & 15 of Vengoor Panchayath, Ernakulam District - Phase I Residents of ward no. 4 & 5 of Vengoor Panchayath, Ernakulam District - Phase II		
Venue or Platform	<ol> <li>Vengoor Panchayath ward no. 13 &amp; 15 - Phase I</li> <li>Vengoor Panchayath ward no. 4 &amp; 5 - Phase II</li> </ol>		
Organizing dept/ Cell	National Service Scheme Unit No. 49		
Coordinator	Sri. Viswan M G		
Associating Agency	Kerala Sasthra Sahithya Parishath and Vengoor Grama Panchayath		
Fund details if any	Voluntary		
Outcome/ Benefit of the programme	Awareness created among the residents of the aforesaid Panchayath Wards and as a result necessary precautions took to keep the communicable diseases like Dengue, Malaria, Chikungunya. There was a marginal reduction in the cases reported from the aforesaid wards of Vengoor Grama Panchayath		



### PROGRAMME REPORT

The Karuthal - Health Awareness Program on Extension Activity for the residents of Vengoor Grama Panchayath organized by the SSV College NSS Unit No. 49 was conducted in Two Phases on 18/06/2019 & 05/07/2019.

## Phases I

- 'Karuthal' the one year long health campaign under the leadership of Kerala Sasthrasahithya parishath and NSS unit No. 49 of SSV college was held on 18th June 2019 at ward No13 and 15 of Vengoor Panchayath.
- The program mainly focuses on creating awareness about communicable diseases like Dengue, Malaria, Chikungunya.
- The campaign was inaugurated by Vengoor Panchayath president Sri. M A Shaji.
- Asha workers of the Panchayath and health officials extended their support to the program.
- Awareness and cleaning (destruction of sources of Mosquitos) were done by 30 volunteers in 541 houses in the Panchayath and awareness classes were also conducted in the nearby school.
- The volunteers distributed leaflets among the residents to create awareness about the communicable diseases that spread through mosquitoes.

### Phases II

- The second stage of 'Karuthal' the one year long health campaign under the leadership of Kerala Sasthra Sahithya Parishath, Vengoor Grama Panchayath and NSS Unit No. 49 of SSV college was held in 5th July 2019 in 4th and 5th wards of Vengoor Grama Panchayath.
- The campaign was inaugurated by Vengoor Panchayath president M A Shaji.
- A prior training programme for the participating volunteers was given by Sri. Nizam, Health Inspector, Aluva on 4th July 2019 in the college.
- The program mainly focuses on giving awareness against Dengue fever.
- Awareness and cleaning were done by volunteers in 652 houses in two wards and awareness classes were also conducted in Govt. H S, Mekkappala.



#### PHOTO GALLERY



Launching of **The health awareness Program -** "**Karuthal**" at Vengoor Panchayath by the President Sri. K A Shaji



Inauguration Of **The health awareness Program - "Karuthal"** Phase II at Govt. High School Mekkappala, Vengoor.



❖ Newspaper Cutting - The health awareness Program - "Karuthal"



# PARTICIPANTS (ATTENDANCE REGISTER)

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Principal

PRINCIPAL
SREE SANKARA VIDVAPEETOM
VALAYANCHIRANGARA P.O
(VIA) PERUMBAVOOR

College Seal





# Report on Promoting Financial Literacy to Public in Association with India Post – "Financial Inclusion @SSV"

Programme Details in	amme Details in a nutshell			
Name of the Event	Promoting Financial Literacy to Public in Association with			
	India Post - Financial Inclusion @ SSV			
Nature of the Event	Extension Activity			
Objectives	To create awareness about the financial programs of India Post			
	to promote the financial literacy and inclusion among the			
	students of SSVCollege and extend the same to the public in			
	collaboration with resident associations.			
Resource Person	1) Smt. Sheela, Postmaster, Head Post Office, Perumbavoor			
	2) Sri. Shinu, Postal Assistant, Head Post Office,			
	Perumbavoor			
Date and Time	25/07/2019 @ 2.30 pm			
Duration	2 Hrs			
Beneficiaries	Staff and Students of SSV College and residents of Sauhrda			
	Resident Association, Valayanchirangara			
Venue or Platform	P N N Hall, SSV College			
Organizing dept/ Cell	National Service Scheme Unit No. 49 & Dept. of Commerce of			
	SSV College			
Coordinator	Shri. Viswan M G, Asst. Professor, Dept. of Commerce			
Associating Agency Dept. of India Post, Perumbayoor Head P O				
Associating Agency	Dept. of India Post, Perumbavoor Head P O			
Outcome/ Benefit	All volunteers opened a postal SB Account and a number of			
ofthe programme	SukanyaSamridhi Accounts were opened for the beneficiaries			
	having girl child below 10 years and other services are also			
	availed by the participants.			

# PROGRAMME REPORT



The financial awareness program, Financial Inclusion @ SSV as part of the Extension Programme forstudents and staff of the college and residents of Sauhrda Resident Association, Valayanchirangara organized by the NSS Unit No. 49 and Dept. of Commerce jointly was conducted on 25/07/2019 @ 2.30 pm.

## Programme Description in Detail Financial Awareness Program:

- National Service Scheme and Department of Commerce, SSV College jointly organized a financial awareness program in association with the Postal Department of India (Perumbavoor HPO) on 25-07- 2019 2.30 pm at PNN Hall.
- The objective of the program was to create awareness about the financial programs of India
  Post to promote the financial literacy and inclusion among the students of SSV College and
  extend the same to the public in collaboration with resident associations.
- College principal Dr. Padma P inaugurated the program and Smt. Sheela, Postmaster, Head
   Post Office Perumbavoor and Sri. Shinu, Head Postal Assistant, led the class.
- The following financial inclusion programs to promote financial literacy and inclusion in India were introduced
- Post Office Savings Account
- Post Office Recurring Deposit Account
- o Post Office Time Deposit Account
- o Post Office Monthly Income Scheme
- Post Office Public Provident Fund
- o Post Office Sukanya Samriddhi Yojana
- Postal Life Insurance
- NSS volunteers, student representatives from all classes and residents from Sauhrda Resident
  Association, Valayanchirangara participated in the program. With the high positive response
  from the participants it is further decided to organize a financial inclusion drive on 7- 08-19 at
  the College where all postal services can be availed under one roof not only for the SSV, but
  forthe society as well.

# Financial Inclusion Program:

• In continuation of the financial awareness programme held on 25-7-19, NSS Unit organized a



financial inclusion drive on 07/08/2019 in association with Head Post Office, Perumbavoor at the College where all postal services were introduced and availed in a single location.

- College Principal Dr.Padma P inaugurated the program.
- All volunteers opened a postal SB Account and a number of Sukanya Samridhi Accounts were opened for the beneficiaries having girl child below 10 years and other services are also availed by the participants.

#### PHOTO GALLERY

#### Inauguration

#### Account opening



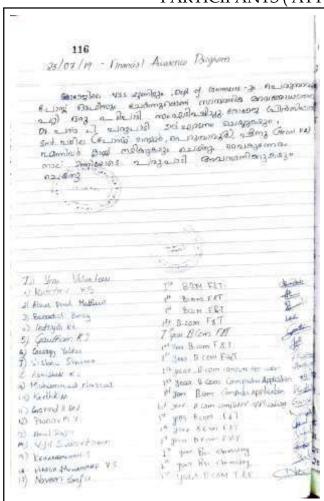








## PARTICIPANTS (ATTENDANCE REGISTER)





# Principal







# Report on Swachh Bharat Summer Internship 2.0 (SBSI 2.0) - Training on Solid Waste Management and Survey on Cleanliness

	Program Details in a nutshell
Name of the Event	Swachh Bharat Summer Internship 2.0 (SBSI 2.0) - Training on Solid Waste Management and Survey on Cleanliness
Nature of the Event	Extension Activity
Objectives	To engage youth, develop their skills and orientation for Solid Waste Management (SWM) and sustain the momentum of the Swachh Bharat Jan Andolan.
Date and Time	27th July to 31st July 2019
Duration	3 Days
Beneficiaries	Residents of Ward No. II of Mazhuvannoor Grama Panchayath
Venue or Platform	Nearby vicinity of the College and Ward II of Mazhuvannoor Grama Panchayath
Organizing dept/ Cell	National Service Scheme Unit No. 49
Coordinator	Sri. Viswan M G
Outcome/ Benefit of the programme	Increased awareness about hygiene and sanitation.  Improvement in cleanliness of public places  Increased community participation
	Promotion of a healthy lifestyle



#### PROGRAMME REPORT

The cleaning of public places and survey on cleanliness on Swachh Bharat Summer Internship

2.0 (SBSI 2.0) as part of College Extension Activity Programme for Residents of Mazhuvannoor Grama Panchayath organized by the College NSS Unit No. 49 was conducted in 3 days from 27th July to 31st July 2019.

## **Programme Description in detail**

Following the Prime Minister's clarion call on 2nd October, 2014 for each individual to devote time to Swachhata through the year, and following the enthusiastic response from the youth of India to the Swachh Bharat Summer Internship 2019, the Ministry of Jal Shakti, in association with the Ministry of Youth Affairs and Sports, and HQ NCC has launched the **Swachh Bharat Summer Internship 2.0 2019 (SBSI 2.0)** – 50 Hours of Swachhata. The initiative will give an opportunity to youth across the country from national level institutions like National Service Scheme (NSS), Nehru Yuva Kendra Sangathan (NYKS) or National Cadet Corps (NCC) to develop their skills and orientation for sanitation – related work and become a part of the Swachh Bharat Janandolan.

The programme aims to engage youth across the country, develop their skills and orientation for Solid Waste Management (SWM) and sustain the momentum of the Swachh Bharat Jan Andolan. The 50 hrs. Internship Programme would require the Intern/Interns to visit one or more villages and conduct Swachata activities of their choice to contribute to the cause of rural sanitation of India.

The College NSS Unit No. 49 conducted Swachh Bharat Summer Internship 2.0 (SBSI 2.0), the cleaning of public places and survey on cleanliness as part of College Extension Activity Programme for Residents of Ward No. II of Mazhuvannoor Grama Panchayath in 3 days from 27th July to 31st July 2019.

# July 27th 2019: Cleanliness and hygiene in Public Places



Ninety volunteers have been enrolled as SBSI Interns. One day cleaning of the college campus and vicinity were done by interns on July 27th 2019, to make the campus clean and green. The campaign also contributed to improving the cleanliness of public places such as roads, parks, and marketplaces. Volunteers participated in cleaning drives to remove garbage and waste from public places, making them cleaner and more hygienic.

## July 28th 2019: Survey on behavior of people towards Cleanliness:

#### **Information-Education-Communication activities:**

As part of SBSI 2.0, Interns conducted a survey on behavior of people towards cleanliness of ward No.2 of Mazhuvannoor Panchayath through Information - Education - Communication activities. IEC activities are oriented towards increasing the awareness of people about sanitation related issues and trigger a change in sanitation related behavior for solid & liquid waste management. The survey aims to study the current practice of people for waste separation, disposal. Ninety Volunteers participated in the survey by forming a team of 3. Eighty houses were surveyed on the day. <u>July 31st 2019</u>: <u>Survey and analysis and Cleaning of Public Places</u>:

SBSI Interns are divided into two groups. One group consisting of 8 volunteers surveyed the remaining twenty four (24) houses in the total sample (104) of houses in Ward No. II in Mazhuvannoor Grama Panchayath. Remaining 82 SBSI interns engaged in cleaning of public places like hospitals, waiting sheds etc.

The campaign saw massive participation from youth volunteers, and several positive outcomes were observed as a result of the initiative. Some of the notable outcomes of Swachh Bharat Summer Internship 2.0 include:

- 1) Increased awareness about hygiene and sanitation: The internship created significant awareness about the importance of cleanliness and hygiene, particularly in rural areas, where access to basic sanitation facilities is limited.
- 2) Improvement in cleanliness of public places: The campaign also contributed to improving the cleanliness of public places such as roads, parks, and marketplaces. Volunteers

- participated in cleaning drives to remove garbage and waste from public places, making them cleaner and more hygienic.
- 3) Increased community participation: The initiative led to increased community participation in maintaining cleanliness and hygiene in their surroundings. The internship encouraged communities to take ownership of their surroundings and take steps to keep them clean and hygienic.
- 4) Promotion of a healthy lifestyle: By promoting cleanliness and hygiene, the internship aimed to create a healthy lifestyle among citizens. The initiative led to a significant reduction in the incidence of waterborne diseases and other illnesses caused by poor hygiene.

Overall, Swachh Bharat Summer Internship 2.0 (SBSI 2.0) was a highly successful campaign that contributed to improving cleanliness and hygiene in various parts of the village. The initiative saw significant participation from volunteers, which helped to create awareness about the importance of cleanliness and promote a healthy lifestyle among citizens.

#### PHOTO GALLERY





Cleaning of the college campus and vicinity







Cleaning of Public Places







Survey Analysis



# PARTICIPANTS ( ATTENDANCE REGISTER)

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# Principal







# Report on Flood Relief Programme: A Helping Hand for Nilambur (Nilamburinu Oru Kaithang)

Programme Details in a	nutshell		
Name of the Event	Flood Relief Programme : A Helping Hand for Nilambur (Nilamburinu Oru Kaithang)		
Nature of the Event	Extension Activity		
Objectives	To provide immediate and effective assistance to people affected by floods, minimizing the impact of floods on individuals and communities, and promoting long-term recovery and resilience and providing the basic needs.		
Date and Time	August 2019		
Duration	One week		
Beneficiaries	Flood affected areas of Nilambur at Malappuram Dist. & , Eloor at Ernakulam Dist.		
Venue or Platform	Flood affected areas of Nilambur, Eloor & University Collection Centre		
Organising dept/ Cell	National Service Scheme Unit No. 49 and College Management & Staff		
Coordinator	Sri. Viswan M G		
Associating Agency	Keezhillam Club and ILM College, Perumbavoor		
Outcome/ Benefit of the programme			



#### PROGRAMME REPORT

The Flood Relief Activity on "Nilambur Inu Oru Kaithang "as part of College Extension Programme for Flood affected areas of Nilambur at Malappuram Dist., Eloor at Ernakulam Dist. organized by the NSS Unit / College Management & Staff, was conducted in August 2019.

## **Programme Description in Detail:**

Flood relief activities are crucial in providing immediate assistance to communities affected by floods and can have significant positive benefits, including saving lives, providing basic needs, reducing economic loss, improving community resilience, strengthening community bonds, and promoting social responsibility.

## Aug 10-15, 2019: Flood Relief activities

Kerala faced a second flood during the month of August 2019 after the last year's flood. People were less affected in Ernakulam district compared to the Northern Districts of Kerala. SSV College NSS unit actively participated in flood relief activities in Ernakulam and other districts as well. NSS Volunteers (11 Nos.) worked day and night at different camps and at Collection Centers, Collectorate, Ernakulam from 10-08-2019 to 16-08-19.

## August 10, 2019: Started Collection Centre at the College:

Under the leadership of NSS Unit / College Management & Staff, a collection center has been opened at the college. A massive campaign through social media resulted in collection of large quantities of articles like Mat, Bed sheets, Rice and provisions. As per the request from the Township School at Eloor in Ernakulam District (where the NSS volunteers were serving), the college provided necessary articles to them. The approximate amount of articles supplied at Eloor Camp would be Rs.25,110/- (Rupees Twenty five thousand one hundred and ten only).



## **August 12-14, 2019**: Collection of Materials at the College:

College planned to visit and distribute relief materials at Nilambur, the most affected place in the flood and landslide in Malappuram District. The collection was made in association with Keezhillam club and ILM College, Perumbavoor. All staff, Management and students participated along with the general public in the collection drive by contributing at least one material or Rs. 20/-. Various nearby clubs, Alumni associations, Employees from Infopark, Kakkanad, Kochi were also contributed to the collection drive. College received a large quantity of materials and these were sorted by the volunteers. Collected materials were packed in kits containing 30 essential articles for a family. One kit approximately worth Rs.2000/- (Rupees Two thousand only). College prepared 111 such kits and the balance of articles were packed in cartons. Other associated parties have prepared 252 such kits. Packaging and loading of articles in Lorry finished by early 2.00 am on 15.08.2019.

## **August 15, 2019**: Distribution at Nilambur, Malappuram District:

The collected and packaged materials were loaded in a Lorry and a Bus. As planned, the articles were distributed directly to the flood affected victims at Munderi, Edakkara, Vellakkettu, Karakkodu villages of Nilambur and Vazhikkadavu Regions. College NSS Programme Officer along with six volunteers visited the area and supplied the kits by joining hands with our associates. Approximate materials worth Eight lakhs rupees supplied to the beneficiaries.

**Aug.17, 2019**: Supply of Materials at University Collection Centre (S H College, Thevara, Ernakulam)

As per the direction from the University, the college supplied the materials worth Rs.32,522/- (Rupees ThirtyTwo Thousand Five Hundred and TwentyTwo only) at SH College, Thevara on 17.08.2019 and obtained a receipt for the same.

#### PHOTO GALLERY



Relief materials handing over to Chairperson, Eloor Municipality

Volunteers & P O at Eloor Township High School.





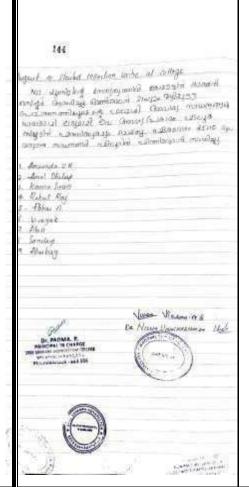
Distribution



#### Volunteers sorting the collected materials to be packed in kits



PARTICIPANTS (ATTENDANCE REGISTER)









## Principal





# Report on "Plant a Volunteer, Plant a Tree" - Planting and Distribution of Saplings in Neighborhood Community

Programme Details in a nutshell		
Name of the Franci		
Name of the Event	Plant a Volunteer, Plant a Tree - Planting and Distribution of Saplings in	
	Neighborhood Community	
Nature of the Event	Extension Activity	
Objectives	Encouraging people to volunteer for environmental initiatives and	
	create awareness about the importance of protecting nature.	
	Promoting the planting of trees to combat climate change, prevent soil	
	erosion, and create a more sustainable environment.	
	Engaging with local communities and encouraging them to take	
	ownership of their environment and work towards its conservation.	
	Creating a sense of social responsibility and promoting the importance	
	of community service.	
<b>Date and Time</b> 02/10/2019; 10.00 am		
Duration	One Day	
Beneficiaries	Students and the Public	
Venue or Platform	SSV College and neighborhood community	
Organizing Dept/ Cell	National Service Scheme Unit No. 49	
Coordinator	Sir. Viswan M G & Dr. Nisha Unnikrishnan	
Name of the Scheme	Suchitwa Saksharatha Yachnam	
Outcome/ Benefit of	Increased participation and engagement of students in environmental	
the programme	initiatives and community service.	
	Creation of a more sustainable environment through the planting of	
	trees.	
	Reduction in the effects of climate change, such as soil erosion and air	
	pollution.	

Improved overall health and wellbeing of the community through
increased access to green spaces.

#### PROGRAMME REPORT

On 2nd October 2019, the NSS Unit No. 49 of SSV College organized an extension activity called "Plant a Volunteer, Plant a Tree" in association with the "Suchitwa Saksharatha Yachnam" scheme and Gandhi Jayanthi celebrations. The event was held at SSV College and the neighboring community, with the aim of creating awareness about environmental conservation and promoting community service.

The event began at 10.00 am and lasted for a day. The beneficiaries of the event were students of SSV College and members of the public. The event was organized by the NSS Unit No. 49 of SSV College, with Sir. Viswan M G and Dr. Nisha Unnikrishnan as coordinators.

The event included various activities such as tree planting, cleaning of the surrounding areas, and awareness sessions on the importance of environmental conservation and community service. The participants actively took part in these activities and showed great enthusiasm and interest in learning about environmental conservation.

The event was a great success and received a positive response from the participants. It not only created awareness about the importance of environmental conservation and community service but also provided an opportunity for students and members of the public to actively participate in such initiatives.

Overall, the "Plant a Volunteer, Plant a Tree" event organized by the NSS Unit No. 49 of SSV College in association with the "Suchitwa Saksharatha Yachnam" scheme and Gandhi Jayanthi celebrations was a great initiative towards creating a more sustainable and responsible community

## Photo Gallery







Planting of Tree Saplings



Distribution of Tree Saplings



# Participants (Attendance Register)

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# Principal

College Seal



PRINCIPAL
SREE SANKARA VIDVAPEETOM
VALAYANCHIRANGARA P.O
(VIA) PERUMBAVOOR



# Report on Blood Donation Camps in Association with District Hospital Aluva

Programme Details in a nutshell			
Name of the Event	Blood Donation Camps		
Nature of the Event	Extension Activity		
Objectives	Saving Lives		
	<ul> <li>Meeting the demand</li> </ul>		
	<ul> <li>Supporting Emergency Situations</li> </ul>		
	<ul> <li>Promoting Community Spirit</li> </ul>		
Resource Person			
Date and Time	1) 30/07/2019		
	2) 03/09/2019		
	3) 01/10/2019		
	4) 28/11/2019		
Duration	4 Days		
Beneficiaries	District Hospital, Aluva		
Venue or Platform	Advaitha Hall, SSV College		
Organising dept/ Cell	Tradional Service Serience Stat Tvo. 15 & Blood Bollots Clab &		
	Dept. of Commerce, SSV College		
Coordinator	Sri. Viswan M G		
Associating Agency	District Hospital, Aluva		
Outcome/ Benefit	A total of 126 units of blood donated through the camp		
ofthe programme	conducted inthree phases ie. on 30th July, 3rd September and		
	28th November 2019.		

#### PROGRAMME REPORT

The Blood Donation Camp as part of College Extension Activity Programme in association with District Hospital Aluva organized by the College NSS Unit No. 49 & BloodDonors Club & Dept. of Commerce was conducted in four phases ie. on 30th July, 3rd September, 1st October and 28th November 2019.



## **Programme Description in detail**

The primary objective of blood donation camps is to raise awareness in publicabout the importance of blood donation and encourage more people to become donors. The more people who donate blood, the more lives that can be saved.

Blood donation helps to ensure that there is a sufficient supply of blood and blood products to meet the needs of patients. Blood donation is a way for individualsto get involved in their communities and make a positive impact on the lives of others. The NSS unit of SSV College, Department of Commerce and the Blood Donors Club jointly organized blood donation camps in four phases during the year 2019-20 in association with the District Hospital, Aluva.

### Blood Donation Camp - Phase I

The First Phase of the Blood Donation Camp in association with the District Hospital, Aluva was conducted on 30.07.2019, Tuesday. The camp was inaugurated by the College Principal Dr. Padma P at 10.00 am in Advaitha Hall. Forty units of blood were donated in the camp.

#### Blood Donation Camp - Phase II

The Second Phase of the Blood Donation Camp was conducted on 30.09.2019, Tuesday in association with the District Hospital, Aluva. The camp was inaugurated by the College Principal Dr. Padma P at 10.00 am in Advaitha Hall. Thirty Eight units of blood were donated in the camp.

## Blood Donation Camp - Phase III

The Third Phase of the Blood Donation was conducted on 01.10.2019, Tuesdayby Blood Transfusion Centre, Aluva in association with Indian Medical Association (IMA), Ernakulam District Hospital conducted at St. Francis HSS, Aluva. 8 volunteersdonated blood at the camp arranged by St. Francis HSS on that day.

## Blood Donation Camp - Phase IV

The NSS unit of SSV College, Department of Commerce and the Blood DonorsClub jointly organized the Third Phase of Blood Donation Camp on 28.11.2019, Thursday in association with the District Hospital, Aluva. The camp was inaugurated by the College Principal Dr.Padma P at 10.00am in Advaitha Hall. 40 units of blood were donated in the camp. All donors were given certificates and a special gift sponsored by HDFC Bank, Muvattupuzha.

## Recognition and Appraisal for conducting regular Blood Donation Camps

The NSS Unit of SSV College received an award of recognition on 1st October2019 by Blood Transfusion Centre, Aluva in association with Indian Medical Association (IMA), Ernstulam District Hospital for conducting regular Blood Donation Camp. The NSS

Programme officer of the College accepted the award from District Medical Officer at a function arranged at St. Francis HSS, Aluva.

### **PHOTO GALLERY**





**Blood Donation Camp-First Phase** 

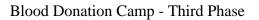




**Blood Donation Camp-Second Phase** 









Blood Donation Camp – Forth Phase

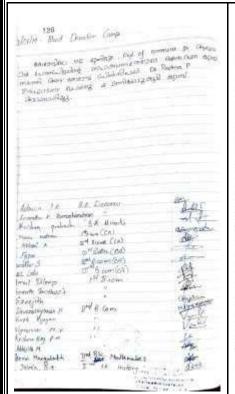




Receiving the award from District Hospital, Aluva

## PARTICIPANTS (ATTENDANCE REGISTER)

#### Blood Donation Camp - Phase I

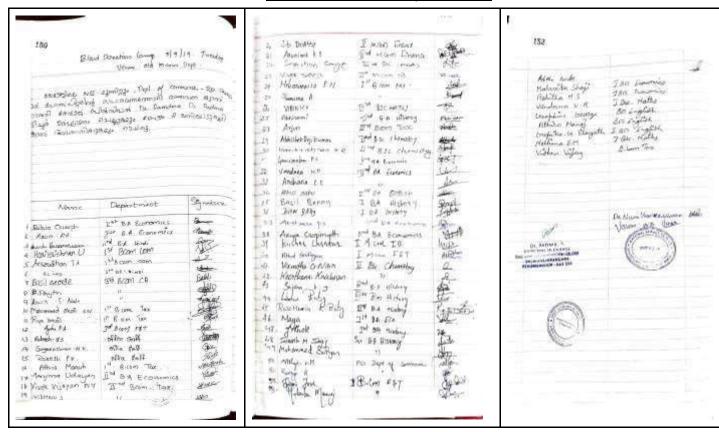








## **Blood Donation Camp - Phase II**





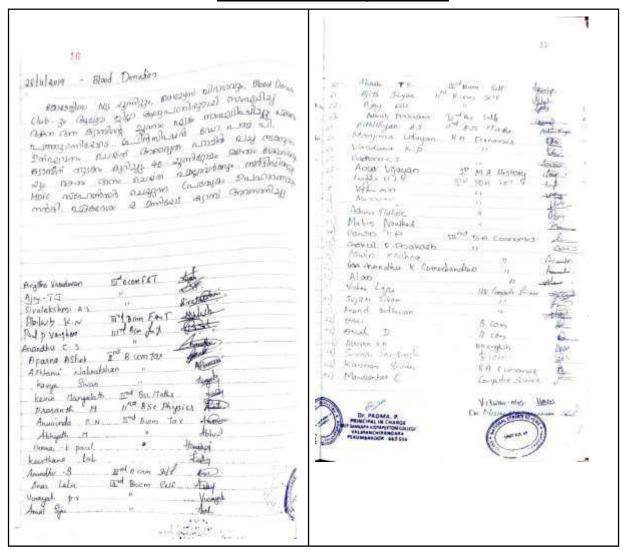
# Blood Donation Camp - Phase III

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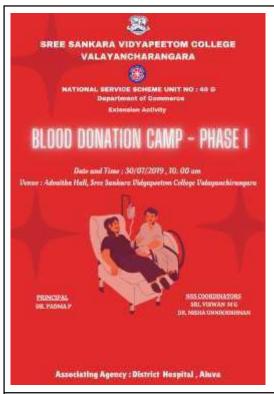


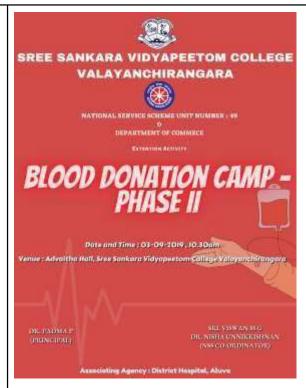
#### **Blood Donation Camp - Phase IV**

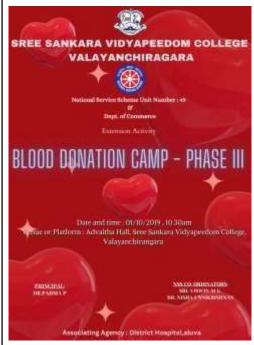




#### **BROCHURE**









### Principal







Report on AIDS Awareness Programme for the Students and Local Community from Ward No. 2 of Mazhuvannoor Grama Panchayath

Programme Details in a nutshell	
Name of the Event	AIDS Awareness Programme for the Students and Local Community from Ward No. 2 of Mazhuvannoor Grama Panchayath
Nature of the Event	Extension Activity
Objectives	<ul> <li>Educate students about the causes and transmission of HIV</li> <li>Encourage safe sex practices</li> <li>Reduce stigma and discrimination</li> <li>Empower students to become advocates</li> <li>Provide support and resources</li> </ul>
Resource Person	Smt. Malu N K, Project Manager, Swaruma Suraksha Project, Kerala State AIDS Control Society (KSACS), Perumbavoor
Date and Time	30th November 2019
Duration	2 Hrs
Beneficiaries	Students of SSV College and Local Community from Ward No. 2 of Mazhuvannoor Grama Panchayath
Venue or Platform	SSV College
Organising dept/ Cell	National Service Scheme Unit No. 49
Coordinator	Sri. Viswan M G & Dr. Nisha Unnikrishnan
Associating Agency	Kerala State AIDS Control Society (KSACS)



Outcome/ Benefit of	Gained a better understanding of HIV/AIDS
the programme	Improved attitudes to reduce stigma and discrimination
	against this population

### Programme Description in detail

### November 30, 2019- World AIDS Day Observation:

The College NSS unit observed World AIDS Day by conducting an awareness rally to the local community and an awareness class to the volunteers and local community from Ward No. 2 of Mazhuvannoor Grama Panchayath on 30th November, 2019.

#### December 24, 2019- Seminar on AIDS Awareness

An AIDS Awareness Seminar as part of the Extension Programme for the students and local community from Ward No. 2 of Mazhuvannoor Grama Panchayath organized by the College NSS Unit No. 49 in association with Kerala State AIDS Control Society (KSACS) was conducted on 24th December 2019 as part of World AIDS Day Observation.

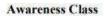
The objective of the AIDS awareness program is to educate, encourage safe practices, reduce stigma and discrimination, provide support and resources, and empower students to become advocates for HIV prevention and support.

Smt. Malu N K, Project Manager, Swaruma Suraksha Project, Kerala State AIDS Control Society (KSACS), Perumbavoor & team conducted a Seminar using PPT and shared the importance to educate society about the causes and transmission of HIV and empower students to become advocates for HIV prevention and support.



### PHOTO GALLERY

### **Awareness Rally**



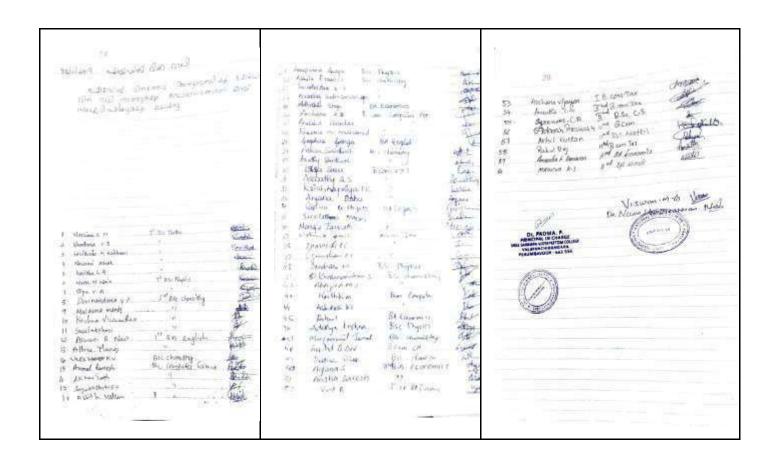








### PARTICIPANTS (ATTENDANCE REGISTER)



# Principal

PRINCIPAL

SREE SANKARA VIDYAPEETOM

VALAYANCHIRANGARA P.O

(VIA) PERUMBAVOOR

College Seal





# Report on "Zero Hunger Kerala" Project - Jaivam 2019 - Organic Farming

Programme Details	Programme Details in a nutshell		
Name of the Event	Jaivam 2019 - Organic Farming		
Nature of the Event	Extension Activity		
Objectives	To support and promote organic farming		
	To eradicate hunger and malnutrition from the poor		
Date and Time	April - November 2019		
Duration	8 Months		
Beneficiaries	Money earned is used for Weekly Noon Meal Program "Alivu"		
Venue or Platform	SSV College		
Organising dept/ Cell	National Service Scheme Unit No. 49 & Organic Farming Club		
Coordinator	Sri. Viswan M G & Dr. Nisha Unnikrishnan		
Name of the Scheme	Organic farming		
Outcome/ Benefit of the programme	Volunteers learn to have positive attitude towards organic agriculture		

# PROGRAMME REPORT

Programme Description in detail



Mahatma Gandhi University, Kottayam launched a campaign for organic farming called Jaivam. The NSS wing of the college under Mahatma Gandhi University took up this initiative as "Jaivam at SSV"

### April 2019 - Planting Organic Vegetable Garden

As part of Organic farming initiative 'Jaivam at SSV', NSS Volunteers and members of organic farming club in the college planted an organic vegetable garden consisting of 51 Yam and 150 Tapioca, in the portion of land allowed in the campus for NSS and Organic farming club. NSS Programme officers coordinated the planting and 14 Volunteers full time participated in this initiative.

# November 2019 - Harvesting the Vegetables from Organic Vegetable Garden

The College NSS unit in association with Organic Farming Club have harvested the yield of yam and tapioca which were planted in the college campus in April- 2019. The harvested vegetables were sold out in an organic vegetable market and funds collected were used for the meals given to "Abhaya Bhavan - Shelter for mentally retarded people" on every Tuesday as part of "Alivu" program of the NSS unit.



# PHOTO GALLERY







Organic Farming yield





# PARTICIPANTS ( ATTENDANCE REGISTER)

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# Principal



College Seal





# Report on Canal and Stream Cleaning Initiative in Veettoor Grama Panchayath Ini Njan Ozhukatte

rogramme Details in a nutshell			
Name of the Event	Canal and Stream Cleaning Initiative in Veettoor Grama Panchayath - Ini Njan Ozhukatte		
Nature of the Event	Extension Activity - Canal and Stream Cleaning Initiative		
Objectives	<ul> <li>To conserve water resources pollution fee and waste free</li> <li>To encourage public participation in environmental conservation activities</li> </ul>		
Resource Person	Smt. Shiny Kuriakose, Ward Member - Veettoor Grama Panchayath & Kudumbasree		
Date and Time	23.12.2019		
Duration	One Day		
Beneficiaries	Veettoor Grama Panchayath		
Venue or Platform	Areekkal Thodu		
Organising dept/ Cell	National Service Scheme Unit No. 49		
Coordinator	Sri. Viswan M G & Dr. Nisha Unnikrishnan		
Associating Agency	Veettoor Grama Panchayath		
Outcome/ Benefit of the programme	'Areekkal Thodu' water stream became a clean, green an hygienic		



#### PROGRAMME REPORT

# Programme Description in detail

#### Ini Njan Ozhukatte (Cleaning Of Stream):

Areekkal Thodu is one of the significant water resources for Veettoor Grama Panchayath benefiting several lives and land for drinking water and cultivation.

As part of Kerala Government's Haritha Keralam Mission program to clean streams and ponds, the college NSS Unit No. 49 cleaned 'Areekkal thodu' on 23.12.2019 in association with Veettoor Grama Panchayath. Ward member Smt.Shiny Kuriakose inaugurated the program and the local people and Kudumbasree workers also associated with the program.

After the program, the Areekkal Thodu became clean, green and hygienic benefiting hundreds of livelihoods in the Panchayath.



# **Photo Gallery**



Volunteers Cleaning Areekkal thodu



# Participants (Attendance Register)

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# Principal







# Report on Priyappettavarkkoppam - Visit to Balamandir Orphanage-Mazhuvannoor and Book Donation

	Programme Details in a nutshell
Name of the Event	"Priyappettavarkkoppam" Visit to Balamandir- Mazhuvannoor and "Aksharakkoottu" (Book donation)
Nature of the Event	Extension Activity
Objectives	Access to information, education and learning, community building and support for literacy and reading.
Date and Time	25-12-2019 1.30 to 5.30 PM
Duration	1/2 Day
Beneficiaries	Balamandir, Mazhuvannoor
Venue or Platform	SSV College
Organising Cell	National Service Scheme Unit No. 49
Coordinator	Sri. Viswan MG
Outcome/ Benefit of the programme	Setting up a library for the public can have a positive impact on the community by providing access to information, educational and learning opportunities, community building, preservation of cultural heritage, improved literacy and reading skills, and economic benefits



#### PROGRAMME REPORT

#### **Programme Description in detail**

On December 25, 2019, from 1:30 PM to 5:30 PM, the NSS Unit of SSV College organized a visit to Balamandir at Mazhuvannoor, managed by the Warrior Foundation. The primary objectives of the visit were to celebrate Christmas with the inmates and to donate books to their library as part of the "Aksharakkoottu" book donation initiative. The event aimed to spread joy among the financially backward students residing at the Balamandir and contribute to their educational development.

#### **Event Details:**

The "Priyappettavarkkoppam" visit to Balamandir comprised two main activities:

#### **Christmas Celebration:**

Upon reaching Balamandir, the NSS volunteers were warmly welcomed by the staff and inmates. The volunteers organized a special Christmas celebration for the students, including cutting a cake to mark the occasion. The festive atmosphere brought smiles to the faces of the young residents, creating a joyous and memorable experience for both the volunteers and the inmates.

# "Aksharakkoottu" (Book Donation):

As part of the "Aksharakkoottu" initiative, the NSS Unit of SSV College collected books from volunteers and staff members. These books were generously donated to Balamandir to enhance their library collection. The donated books aimed to provide valuable educational resources to the young residents, fostering a love for reading and learning.

#### **Event Execution:**



The "Priyappettavarkkoppam" visit to Balamandir was executed with careful planning and dedication:

### **Coordination and Preparation:**

The NSS Unit coordinated with the Warrior Foundation to ensure a smooth and meaningful visit. Necessary arrangements were made to facilitate the Christmas celebration and book donation ceremony.

### **Cultural Programs:**

The volunteers prepared and presented various cultural programs, including songs, dance performances, and skits, to entertain the inmates. The cultural programs served as a medium to connect with the students and share the spirit of the festive season.

### **Book Donation Ceremony:**

During the event, the NSS Unit formally handed over the collected books to the library of Balamandir. The staff and students expressed their gratitude for the valuable contribution, acknowledging the positive impact it would have on their education and personal growth.

#### **Interaction with Inmates:**

Throughout the visit, the NSS volunteers engaged in conversations and activities with the students, building a strong bond and fostering a sense of camaraderie. The interaction provided a platform for sharing experiences and life lessons, enriching both the volunteers and the young residents.

The "Priyappettavarkkoppam" visit to Balamandir - Mazhuvannoor, along with the "Aksharakkoottu" book donation, was a heartwarming and meaningful event. The Christmas celebration brought joy and happiness to the financially backward male students residing at Balamandir. The book



donation initiative aimed to provide valuable educational resources to the inmates, contributing to their academic and personal development.

The NSS Unit of SSV College expressed its heartfelt appreciation to the Warrior Foundation for their continued partnership and support. The event left a lasting impression on the volunteers, inspiring them to continue their efforts in making a positive impact on society.

The NSS Unit looks forward to continuing its association with Balamandir and exploring more opportunities to contribute to the well-being and educational growth of the young residents in the future.

# **Photo Gallery**





# Participants (Attendance Register)



# Principal







Report on Paper Pen & Seed Pen Making - Training Camp for Students and Kudumbasree Members of Mazhuvannur Grama Panchayath

Programme Details	Programme Details in a nutshell		
Name of the Event	A Training Camp on Paper Pen and Seed Pen making		
Nature of the Event	Extension Activity		
Objectives	To encourage individuals to consider alternative materials and methods for daily use, promoting a culture of conscious consumption and waste reduction		
Date and Time	25-12-2019, 9.30 to 12.30		
Duration	3 hrs.		
Beneficiaries	NSS Volunteers and Students of SSV College		
Venue or Platform	SSV College		
Organising dept/ Cell	National Service Scheme Unit No. 49		
Coordinator	Sri. Viswan M G		
Outcome/ Benefit of the programme	Campaign to reduce the use of plastic pen and environmental sustainability imparted to the student community.		

#### PROGRAMME REPORT

On December 25, 2019, the NSS Unit of SSV College organized a hands-on training session on Paper Pen and Seed Pen making. The primary objective of the programme was to provide volunteers with practical knowledge and skills to create eco-friendly alternatives to

plastic pens. The training aimed to promote environmental consciousness and encourage the reduction of plastic usage.

The training session was conducted at the NSS Unit in SSV College. Sri Aneesh Kumar S, a professional trainer with expertise in eco-friendly crafts, led the programme. The event coordinator, Sri Viswan M G, played a vital role in organizing and overseeing the successful execution of the training.

The Paper Pen/Seed Pen making training was executed through the following steps:

#### **Introduction and Purpose**

The programme began with an introduction to the significance of reducing plastic usage and its detrimental impact on the environment. The volunteers were made aware of the importance of adopting sustainable practices in everyday life.

#### **Demonstration**

Sri Aneesh Kumar S demonstrated the process of making Paper Pens and Seed Pens using readily available materials. He explained the step-by-step procedure, highlighting the use of recycled paper and biodegradable seeds as an eco-friendly alternative to conventional plastic pens.

# **Hands-on Training:**

Following the demonstration, the volunteers actively participated in the hands-on training. They were provided with the necessary materials, including recycled paper, seeds, adhesive, and other tools, to create their own Paper Pens and Seed Pens.

# **Guidance and Support:**

Throughout the training, Sri Aneesh Kumar S and other NSS coordinators provided individual guidance and support to the volunteers. They answered queries and helped the participants refine their pen-making skills.

#### **Environmental Awareness:**



During the training, volunteers engaged in discussions about the detrimental effects of plastic on the environment and explored sustainable alternatives to plastic products. The session aimed to install a sense of responsibility towards the environment and promote conscious choices in daily living.

#### **Conclusion:**

The Paper Pen/Seed Pen making training conducted by the NSS Unit of SSV College on December 25, 2019, was highly successful in achieving its objectives. The hands-on experience of creating eco-friendly pens empowered the volunteers with a practical solution to reduce plastic usage.

The event aligned perfectly with the NSS unit's commitment to environmental sustainability and community welfare. By equipping volunteers with the skills to make Paper Pens and Seed Pens, the training aimed to inspire further initiatives to reduce plastic waste and promote greener practices.

The NSS Unit acknowledges the support and expertise of Sri Aneesh Kumar S, the professional trainer, and Sri Viswan MG, the program coordinator, for their instrumental roles in ensuring the event's success. Going forward, the NSS Unit intends to continue organizing such impactful programmes that contribute to a greener and more sustainable future.

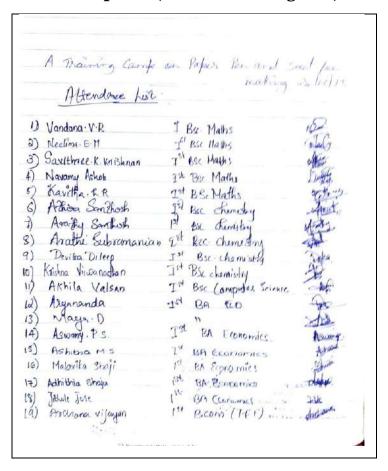
# Photo Gallery





Paper Pens and Seed Pens Making

# Participants (Attendance Register)







### Principal

PRINCIPAL SREE SANKARA VIDVAPEETOM VALAYANCHIRANGARA P.O (VIA) PERUMBAVOOR





# Report on Fit India @ SSV - Community Wellness Programme

	Programme Details in a nutshell	
Name of the Event	Fit India @ SSV - Community Wellness Programme	
Nature of the Event	Extension Activity - Community Wellness Programme	
Objectives	Promote physical fitness and healthy lifestyle, raise awareness	
	about the Fit-India Movement, foster community engagement	
	and collaboration etc.	
Date and Time	18-01-2020	
Duration	1 Hour	
Beneficiaries	130	
Venue or Platform	SSV College	
Organising dept/ Cell	National Service Scheme Unit No.49	
Coordinator	Sri. Viswan M G, Dr. Nisha Unnikrishnan	
Associating Agency	Direction from Central Govt / M G University	
Name of the Scheme	Fit India Movement	
Outcome/ Benefit of	Active Participation of NSS volunteers, Enthusiastic Public	
theprogramme	Engagement, Community Connection etc.	

#### PROGRAMME REPORT

As directed by the university, the NSS unit of SSV College organized the Fit India Movement on January 18, 2020. The event aimed to promote physical fitness and raise awareness about the importance of leading a healthy lifestyle. All NSS volunteers actively participated in the programme.

The main activity of the Fit India Movement was a walkathon that covered a distance of two kilometers. The walkathon route started from the college premises and



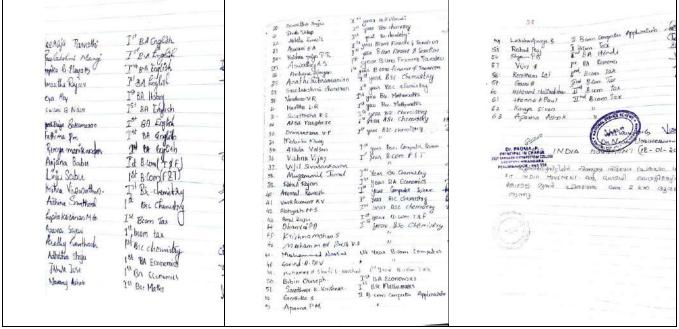
extended to thenext junction. The event aimed to encourage physical activity and instill a sense of well-being among the participants.

### **Photo Gallery**



Fit India Rally

Participants (Attendance Register)









# Report on "Clean Kochi" - Cleaning Drive Conducted at Fort Kochi after Cochin Carnival Cultural Festival

	Program Details in a nutshell
Name of the Event	Clean Kochi - Cleaning Drive Conducted at Fort Kochi after
	Cochin Carnival Cultural Festival
Nature of the Event	Extension Activity
Objectives	To improve the cleanliness and sanitation of the city of Fort Kochi after Cochin Carnival cultural festival
	To promote environmental sustainability, public health, and hygiene in the
	city of Kochi.
Date and Time	1st & 2nd January 2020
Duration	2 Days
Beneficiaries	Public Community of Fort Kochi
Venue or Platform	Carnival premises at Fort Kochi
Organizing dept/ Cell	SSV College NSS Unit No. 49
Coordinator	Sri. Viswan M G and Dr. Nisha Unnikrishnan
Associating Agency	Greater Cochin Development Authority (GCDA) & Cochin Carnival
Outcome/ Benefit of the programme	Improved the cleanliness and sanitation of Fort Kochi after Cochin Carnival
	To promote environmental sustainability, public health, and hygiene in the city of Kochi.



### **Program Report**

#### January 1&2 Cochin Carnival -Mega Cleaning Drive at Fort Cochi

Cochin Carnival is an annual cultural festival celebrated in the city of Fort Kochi. The festival is celebrated every year during the last week of December, culminating on New Year's Eve.

As per the direction from the University our unit actively participated in the cleaning drive conducted at Fort Kochi on January 1 & 2nd 2020 after the festival. 30 nos. of NSS volunteers from the College participated in the cleaning drive for two days.

The objective of the program was to improve the cleanliness and sanitation of the city of Fort Kochi after the Cochin Carnival cultural festival and to promote environmental sustainability, public health, and hygiene in the city of Kochi.



# **Photo Gallery**





NSS Volunteers of SSV College, at Fort Kochi



### Participants (Attendance Register)

January 182 യൂണിയേറ്റ്സിമിയുടെ നിർദ്ദേശ പേകാരം ദിവസത്തുടിൽ กณาสติโธลยู่กรั 1. Kuuhna Mohan 2. Sveehau 3. Gound 4. Muhammed 5. Vijay 6. Dhanay 7. Adhiliha 8. Muzammil 9 Vivele 10- Kouthile Naval 11. Muhammed 12. Vri hou Harh Rahul 15. Vijil 16. Aswin Amal 18. Sruhavi 19. Sevin 20. Alach 21. Asoma





# Report on Awareness Drive - "First Aid and Fire Fight"

	Programme Details in a nutshell		
Name of the Event	Awareness Drive - First Aid and Fire Fight		
Nature of the Event	Extension Activity		
Objectives	To create an awareness among students on precautionary measures that could be taken against unexpected accidents		
Resource person	Sri N H Asainer, Officer, Fire and Rescue Station, Perumbavoor		
Date and Time	11-02-2020, 10.00 am- 4.00 pm		
Duration	6 hours		
Beneficiaries	UG and PG students		
Venue or Platform	P.N.Namboothiri hall, S.S.V.College, Valayanchirangara		
Organising dept/ Cell	Youth Red Cross Society (YRCS) & Disaster Management Club		
Coordinator	Ms. Poornima M.P and Mr. Anand Sankar C.S.		
Associating Agency	Fire and Rescue Department, Perumbavoor		
Outcome/ Benefit of the programme	The practical demonstrations and oral lessons given by the officers have created a total awareness among all the participants on the Prevention and Rescue from accidents and casualities		

**Programme Report** 



The Youth Red Cross Society (YRCS) & Disaster Management Club of Sree Sankara Vidyapeetom College, Valayanchirangara have organised One Day National Workshop on "First Aid and Fire fight" in association with Fire and Rescue Department, Perumbavoor on 11 <sup>th</sup> February 2020. The focus of the programme is "Fire Prevention & Public Awareness". The prime aim of this workshop is to create an awareness among students on precautionary measures that could be taken against unexpected accidents

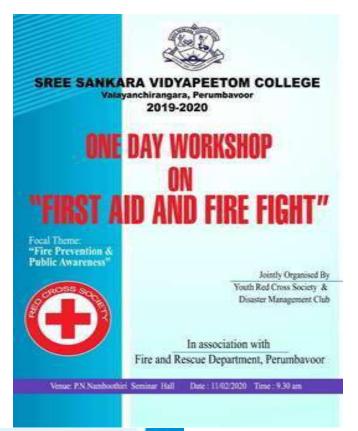
The celebration was inaugurated by Sri.N.H.Asainer, Officer, Fire and Rescue Station, Perumbavoor. The meeting was presided by Prof.P.V. Latha, Vice Principal of the college and Smt.Poornima M.P. (YRCS Programme Officer), delivered the welcome speech. Sri.Anand Sankar

C.S. (Co-ordinator, Disaster Management Club) cast vote of thanks and Dr.Manu sankar; IQAC Co-ordinator and Sri.Praveen.K.R.; former YRCS Programme Officer of the college rendered falicitations.

After the inaugural session, the station officer of the Fire and Rescue Department, Perumbavoor delivered a class and suggested precautions to be taken against minor fire accidents in and out of our home. The class emphasised on possible preventive measures and taking required precautions against accidents like drowning, getting trapped in building etc. and also rendered demonstrations on the same. In the afternoon session, the KVYAF cadets of our college conducted a demonstration class to make everybody aware of the first aid for CPR chocking method, patient carrying methods and for overbleeding etc. The practical demonstrations and oral lessons given by the officers have created a total awareness among all the participants on the Prevention and Rescue from accidents and casualities. The meeting helped the participants clear out all their doubts and they were convinced. Totally there was a very good impact after the classes and demonstrations.



### Poster / Brochure









**Photographs Of The Programme** 

Inauguration by Sri.N.H.Asainer



Sri.N.H.Asainer



# Practical demonstrations by KVYAF cadets





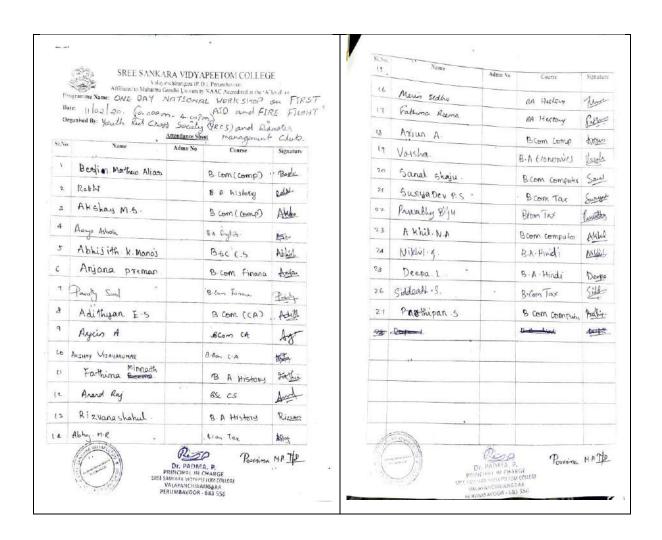




**News Paper Report** 



# **Participants (Attendance Register)**



# Principal







# Report on Extension Activity - Keshadanam Snehadanam - Hair Donation Program

Programme Details in a nutshell		
Nature of the Event	Extension Activity	
Objectives	To create awareness about cancer and the importance of hair	
	donation and to provide an opportunity for individuals to support	
	cancer patients in a	
	in a meaningful way.	
Resource Person	Sri. Sebastian V, Co-Ordinator, Social Service Department, Amala	
	Hospital,	
	Thrissur, Kerala.	
Date and Time	18th February 2020 & 2nd March 2020	
Duration	2 Days	
Beneficiaries	Cancer patients who have lost their hair due to chemotherapy or	
	radiation therapy	
Venue or Platform	SSV College	
Organising dept/ Cell	SSV College NSS Unit No. 49	
Coordinator	Sir. Viswan M G & Dr. Nisha Unnikrishnan	
Associating Agency	Amala Hospital, Thrissur	



Outcome/ Benefit of the programme	Created awareness about the importance of hair donation for making wigs for cancer patients who have lost their hair due to chemotherapy or radiation therapy
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#### PROGRAMME REPORT

#### **Programme Description in Detail**

Hair donation programs are initiatives aimed at collecting human hair from individuals who wish to donate their hair for making wigs for cancer patients who have lost their hair due to chemotherapy or radiation therapy.

College conducted the following programs under Keshadanam Snehadanam - Hair Donation Awareness Program & Hair Donation Camp.

February 18, 2020 - Keshadanam - Snehadanam - Awareness Class:

The College NSS Unit in association with Amala Hospital, Thrissur conducted an awareness program on 18.02.2020 at 12.30 pm to make aware the students about collecting human hair from individuals who wish to donate their hair for making wigs for cancer patients who have lost their hair due to chemotherapy or radiation therapy. Sri. Sebastian V, Coordinator of this project of the Social Service Department of Amala Hospital took the awareness session. 23 girls came forward with their consent to donate their hair after the class.

### March 2, 2020 - Hair Donation Camp:

The College NSS Unit in association with Amala Hospital, Thrissur and residents of the local community conducted hair donation for making wigs for cancer patients who have lost their hair due to chemotherapy or radiation therapy. Sri. Sebastian V, Coordinator of this project of the Social Service Department of Amala Hospital led the program. College principal Dr. Padma P officially Inaugurated the function by cutting and donating the hair of Ms. Subhalakshmi of



the College. Twenty five girls including outside donors donated their hair as part of this programme.

Hair donation programs are a great way to support cancer patients who have lost their hair due to cancer treatment. By donating hair, individuals can make a significant difference in the lives of these patients and help them regain their confidence and self-esteem.

#### PHOTO GALLERY





Keshadanam- Awareness Class







എഴുന്നള്ളിച്ചു. കാഴചശിവേലി, ന ആറാട്ട, 12.30 ന മഹാപ്രസാ ആൽത്തറമേളം വൈകിട്ട് 5.30 ന് ദഊട്ട്, രാത്രി 7 ന് നാടകം പകിട.

# സമിമ്യമ്പ് ന്യൂന്മായുന്നു 4/3/2020 കേശദാനം സ്നേഹദാനം പദ്ധതി

പെരുമ്പാവൂർ • വളയൻചിറങ്ങം ശ്രീശങ്കരവിദ്യാപ്റം കോളജിലെ ഗാഷണൽ സർവീസ് സ്കീമിന്റെ നേതൃത്വത്തിൽ തൃശൂർ അമല ആശുപത്രിയുടെ സഹകരണ ത്തിൽ നിർധനരായ ക്യാൻസർ രോഗികൾക്ക് സൗഴന്യമായി വിഗ് നൽകാൻ വിഗ് നിർമ്മിക്കു നതിനായി കേശദാനം സ്നേഹ

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എം.എസ്. ശുലേക്ഷ്മിയുടെ മുടി മുറിച്ച് ഉദ്ഘടനം ചെയ്തു. കോ ഉജിലെ വിദ്യാർഥികളും നാട്ടുകാ മും ചേർന്ന് നടത്തിയ കേശദാന ത്തിൽ 25 പേർ 30 സെന്റീമീറ്റർ വീതം മുടി മുറിച്ചു നൽക്ക്.

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**Hair Donation for Cancer Patients** 



# PARTICIPANTS (ATTENDANCE REGISTER)

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# Principal







# SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

## Report on Residential Camp on Disaster Management Training

Programme Details in a nutshell						
Name of the Event	Residential Camp on Disaster Management Training					
Nature of the Event	Twoday residential camp					
Objectives	To create awareness among students on various disaster management techniques					
Date and Time	5 th & 6 th March 2020					
Duration	2 days					
Beneficiaries	Students of SSV College					
Venue or Platform	S.S.V.College, Valayanchirangara					
Organising dept/ Cell	Youth Red Cross Society (YRCS) and National Service Scheme (NSS)					
Coordinator	Poornima M.P and Viswan.M.G.					
Associating Agency	Kerala Voluntary Youth Action Force (KVYAF) and Fire and Rescue Department, Perumbayoor					
Outcome/ Benefit of the programme	Disaster Preparedness, Risk Mitigation, Emergency Response, Community Engagement etc.					

## PROGRAMME REPORT

## Programme Description in detail

The Youth Red Cross Society (YRCS) and National Service Scheme (NSS) of Sree Sankara Vidyapeetom College, Valayanchirangara have organized One Day Residential Camp on "Disaster Management Training" in association with Kerala Voluntary Youth Action Force (KVYAF), a voluntary force under the Kerala Youth Welfare Board and Fire and Rescue Department, Perumbavoor on 5th & 6th March 2020. The prime aim of this camp is to create awareness among students on various disaster management techniques.



### Day One 05/33/2020 (Thursday)

The registration of the camp organised by the Social Volunteers Force started on 5th March 2020 at 9 a. m. 63 cadets registered with the camp were present for at 10 a.m. They assembled at the auditorium and the inaugural function was started. The meeting was presided over by the senior commandant Smt.Poornima M P and was inaugurated by the chief commandant Dr. Padma (Principal). The senior commandant Smt.Poornima M P spoke on the intention and duties of the camp and force commandant Sri.Sanal Raj talked about the discipline to be maintained in the camp. The first session started at 11a m with the First Aid Team of KVYAF who took classes in first aid with practical demonstrations (CPR, Chocking Method, Patient carrying methods etc)

After the first session the cadet let free for lunch and the second session commenced at 1.45 p m. A rescue team of the KVYAF gave classes on patient shifting, improvised structure and rendered practical demonstrations. All the members were set free for rest at 3.45 p m. The force commandant gave lessons in parading for maintaining discipline at 4 p m Time was allowed for cultural activities at 5 p m and after that leisure allowed for refreshment at 7 pm. Supper was distributed at 8.30 and the lights were put off at 10 p m.

## Day Two 06/03/2020 (Friday)

The second day commenced at 5 a m with the WakeUp whistle. The warning whistle was given at 5.50 AM and the final whistle came up at 6 o clock for the cadets to fall in line. Various exercises and meditation were administered under the guidance of senior division officers. After that time was allowed for breakfast. Parade training was rendered from 9.30 to 10.30 a m under the leadership of senior division officers on squad basis. The first session started at 10.30 a m with classes on Fire Prevention and Public Awareness and practical by the Fire and Rescue Team of Perumbavoor. The cadets devoted their time for lunch from 1.30 to 2.30. The Disaster Management team jointly with the SSV Youth Red Cross Society had undertaken a study class at 2.30 pm. The cadets cleaned up the class rooms and its surroundings used by them wastes were collected both organic and synthetic were sorted out and deposited in the waste bins provided for them. After the lunch all the cadets

assembled in the camp office with their baggage and the members of the panel board examined all the class rooms.

After that the head of physical education SSV College Sri. Anup Jain and NSS programme officer Sri.Viswan.M.G. addressed the camp members. The flag off was done by the Joint Senior Commandant and commandant and the camp was dispersed.

#### PHOTO GALLERY







# Principal







# SREE SANKARA VIDYAPEETOM COLLEGE, VALAYANCHIRANGARA

**Report on** "Hand Sanitizer Preparation in Collaboration with College Area Residents Association"

Program Details in a nutshell					
Name of the Event	"Hand Sanitizer Preparation in Collaboration with College Area Residents Association"				
Nature of the Event	Extension Activity				
Objectives	COVID-19 Awareness, Hand Sanitizer Preparation, Promote Hygiene Practices, Encourage Self-Sufficiency, Safety and Quality etc.				
Date and Time	18-03-2020, 9.30 am- 4.30 pm				
Duration	7 hours				
Beneficiaries	Students and the Public				
Venue or Platform	Chemistry lab, S.S.V.College, Valayanchirangara				
Organising dept/ Cell	PG Department of Chemistry,PTA andYouth Red Cross Society (YRCS)				
Coordinator	Poornima M P				
Associating Agency	Kerala Voluntary Youth Action Force (KVYAF)				
Outcome/ Benefit of the programme	The one-day workshop on "A Challenge to COVID-19 by the Preparation of				
	Hand Sanitizer" raised awareness about COVID-19 and how to prevent its spread, and taught participants how to prepare hand sanitizer.				





The pandemic Covid 19 has created panic among people and the normal life is very badly affected. It is our duty to defend this corona on a war footing basis and give awareness classes among people. In response to the spread of the Corona (Covid 19) disease worldwide, the PG Department of Chemistry combined with PTA, Youth Red Cross Society (YRCS) of Sri Sankara Vidyapeetom College, Valayanchirangara and Kerala Voluntary Youth Action Force (KVYAF), a voluntary force under the Kerala Youth Welfare Board prepared 50 litres of alcohol based hand sanitizer in the first stage for the prevention of this disease. The volunteers arrived at the college by 9.30 AM on Wednesday 18-03-2020. The sanitizer was prepared by a team of 5 YRCS volunteers from SSV College, as well as 5 KVYAF volunteers. The materials required for the preparation of sanitizer were arranged in the laboratory of the Department of Chemistry and then manufactured 50 litres of the product under the guidance of Smt.Poornima M.P., Asst.Prof. in Chemistry and YRCS coordinator of the college. Thereby YRCS Secretary Shri. Sanal Raj and KVYAF General Captain Shri. Aravind Sajeevan were given directions along with the volunteers regarding the precautionary measures taken for the preparation of the sanitizer.

As a sample, the instructor Smt.Poornima M.P. prepared 1 litre sanitizer and explained the procedure to volunteers. After making sure that the sample was successfully made, further process was assigned to the volunteers. The 50 litres of the sanitizer manufacturing were completed in four groups of four volunteers and filled to 500 bottles. The 25 litres of the sanitizer were made for the SSV College and the 25 litres to KVYAF for voluntary service. After successfully finishing the whole process, the product was received by KVYAF and YRCS and volunteers returned by 4.30 PM. The prepared samples were delivered to the teachers and students of the college.

POSTER / BROCHURE







#### PHOTO GALLERY

#### Preparation of Hand Sanitizer





#### **NEWS PAPER REPORT**



് ശ്രീശങ്കര വിദ്യാപിഠം കോളേജിൽ നടത്തിയ സാനിറ്റൈസർ വിതരണം പ്രിൻസിപ്പൽ ഡോ. പി. പദ്മ. മാനേജർ പ്രൊഫ. എസ്.കെ. എഷ്ലന് നൽകി ഉദ്ഘാടനം ചെയ്യുന്നു

പെരുമ്പാവൂർ ► ശ്രീശങ്കര വിദ്യാപീഠം കോളേജി ഒൻറ നേതൃത്വത്തിൽ കൊറോണ വൈറസിനെ തു രത്താൻ നടക്കുന്ന പ്രതിരോധ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി ഐരാപുരം ശ്രീശങ്കരവിദ്യാപീഠം കോ ളേജിലെ അധ്യാപകരും വിദ്യാർഥികളും അനിവാ രു ഘടകങ്ങളിലൊന്നായ ഹാൻഡ് സാനിറ്റൈസർ നിർമിച്ചുനൽകി. കെ.വി.വൈ.എ.എഫുമായി ചേർ ന്ന് കോളേജിലെ രസതന്ത്രവിഭാഗം നിർമിച്ച 35 ലി റ്റർ വിതരണത്തിനൊരുക്കി.

പി.ടി.എ.യുടെയും യൂത്ത് റെഡ്ക്രോസ് സൊസെറ്റിയുടെയും സഹകരണത്തോടെയാണ് വി ദ്യാർഥികഠംക്കിടയിലും സമീപപ്രദേശങ്ങളിലും വി തരണംചെയ്യാൻ പ്രാപ്തമായ സാനിറ്റൈസർ നിർമി ച്ച് പ്രതിരോധത്തിൽ പങ്കാളികളായത്. പ്രിൻസിപ്പൽ ഡോ. പി. പദ്മ, മാനേജർ പ്രൊഫ. എസ്.കെ. കൃഷ്ണൻ നൽകി ഉദ്ഘാടനം ചെയ്തു.



# Participants (Attendance Register)

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